

# ACTIVE AGING FITNESS GRAPHICS

## ONE SYSTEM. ANY USER. ANY EXERCISE.





Walkers and wheelchairs roll right onto the base, making it the most <u>inclusive and versatile</u> fitness device available for your community.



### **FITNESS GRAPHICS**

#### TRAIN HARDER. TRAIN SMARTER. TRAIN EVERYONE.





CORE STIX ONE offers a challenging and effective workout to any user, whether in a standing, sitting, kneeling, or lying position, making it the most <u>inclusive and versatile</u> fitness device available for your members.



## PHYSICAL THERAPY PROTOCOLS GRAPHICS

## ONE SYSTEM. ANY USER. ANY EXERCISE.





Do countless exercises in a standing, sitting, or lying position, making it the most <u>inclusive and versatile</u> therapy device in your clinic.