



*Finely Crafted Pilates Equipment*







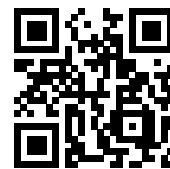
# Table of Contents

BASI Philosophy	5
For Professionals by Professionals	6
Finely Crafted Pilates Equipment	8
Research & Development	9
Reformer	12
Reformer with Tower	18
Reformer Combo	22
Trapeze Table (Cadillac)	26
Arm Chair Barrel Set	32
Arm Chair Classic Set	34
Ladder Barrel	36
Spine Corrector	38
Wunda Chair	42
Wall Tower	45
Wall Unit	46
Raised Mat	49
Ped A Pull	50
F2 System®	55
Upgrades & Accessories	58
Springs	61
Product Dimension and Details	63
Customer Service	64

# BASI Philosophy

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My Dear Pilates Friends,

I founded Body Arts and Science International® (BASI Pilates) in 1989 as a curriculum-based education company for aspiring teachers of the Pilates method. I have always viewed Pilates as a system of movement that can enhance every aspect of one's life.

In its essence BASI embraces contemporary science and knowledge while remaining true to the original teachings of Joseph and Clara Pilates. The name, BASI, represents a balance of art and science both in our movement and in our relationship with the apparatus with which we partner. It has been a dream of mine to design equipment that exemplifies the BASI approach – combining modern science and materials and a contemporary aesthetic with the classical designs of Joseph Pilates. An underlying theme of BASI Systems® Pilates equipment is to perpetually strive toward achieving a perfect balance of form and function (F2). This has become known as the F2 System®.

BASI Systems® introduces innovations that fully facilitate the precision and flow of movement inherent in the BASI approach. BASI education challenges students to continually broaden their horizons and reach for their inner greatness. Now BASI Systems® will further facilitate this goal. Evolution is a necessary process and an integral part of inspiring the continuous search and discovery of strength, grace and ultimate well-being.

Rael Isacowitz

Founder, BASI Pilates

# For Professionals - By Professionals

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BASI is a leading education academy that brings thirty years of Pilates teaching experience to the design of our equipment. We work with Pilates professionals all over the world who strive for strength, athleticism, rehabilitation and the joy of healthy movement. After years of research and development, we introduce BASI Systems® equipment as a dynamic vehicle for the Pilates community.

The equipment is designed by BASI founder, Rael Isacowitz, the internationally respected Pilates teacher, author, lecturer and creator of Pilates repertoire and apparatus. BASI Systems® equipment incorporates scores of details Pilates professionals want, accessibility we need, innovations beyond what we could have imagined.



# Finely Crafted Pilates Equipment

BASI Systems® uses the highest quality, environmentally friendly materials to build equipment with biomechanical and aesthetic integrity. Each piece is hand crafted with care and state-of-the-art engineering methodologies. We use beech wood for sturdiness, aerospace-grade aluminum for durability and smooth transitions, antibacterial vinyl to resist wear-and-tear and orthopedic cushioning for extraordinary comfort. BASI Systems' equipment offers longevity with ergonomic functionality and an expandable design system that can seamlessly fit your needs.

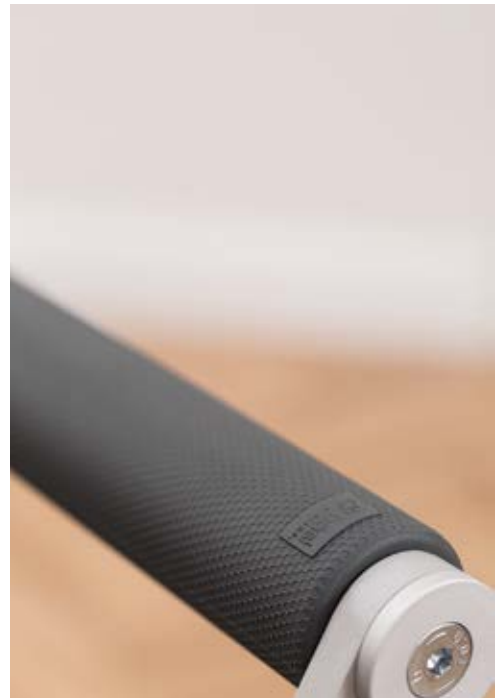




# Research & Development

BASI Systems® brings together decades of research of the art and science of human movement and state-of-the-art engineering. As a leading Pilates education academy, we have had the privilege to work with tens of thousands of Pilates professionals worldwide. In these interactions, we continually learn more of what the human body needs and is capable of.

BASI Systems® brings these insights to life with a new generation of equipment that unleashes true freedom of movement with unparalleled precision, comfort and accessibility. We do this by using world-class advances in technology while honoring the teachings of Joseph Pilates. We see BASI Systems® equipment as an extension of ourselves - as movers and teachers - and our equipment is designed to inspire the discovery of one's true strength.





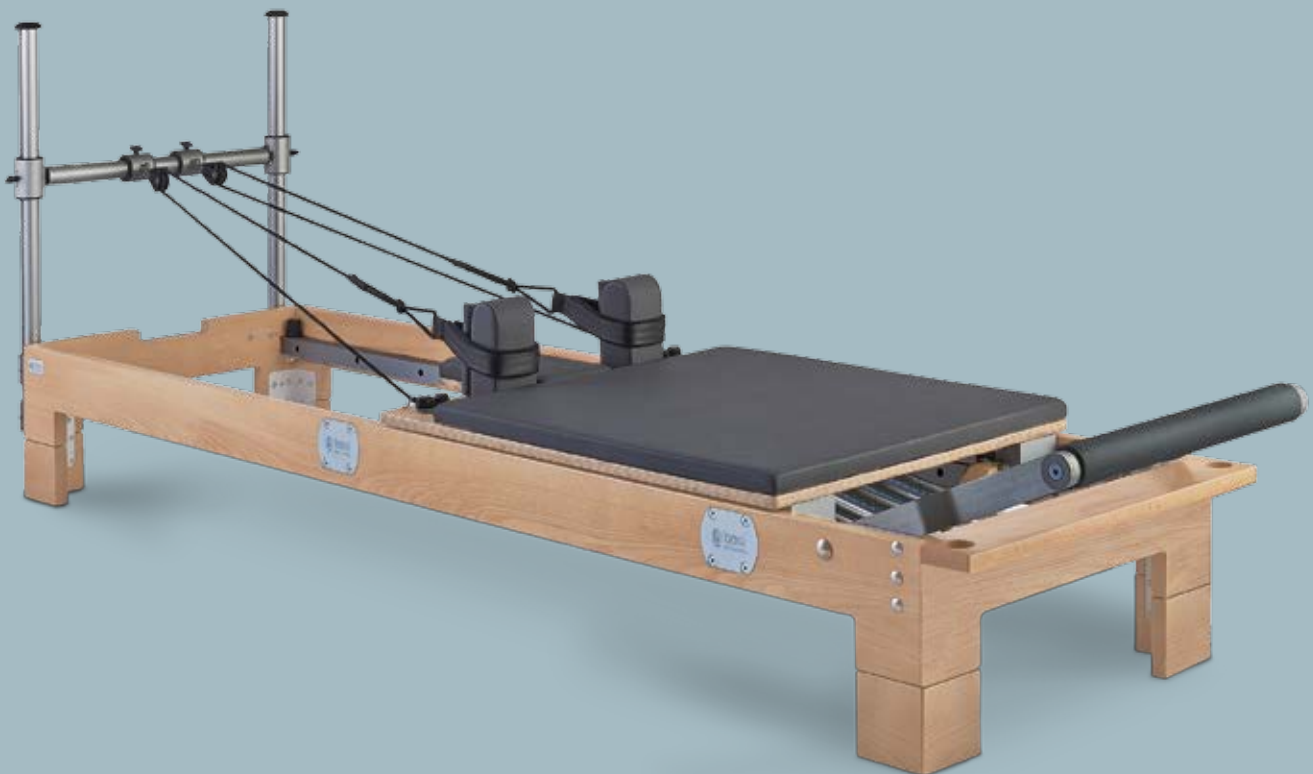


# REFORMER

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## Effortless Movement - Infinite Adjustability

The BASI Systems® Reformer is smooth in movement with powerful adjustability. Its innovative EPS Enhanced Pulley System™ provides fine-tuning control of pulley angle and the expanded gear system allows precision in spring resistance settings. With the largest carriage cushion and longest track in the industry, it offers unprecedented comfort and range of motion. It comes with four prepared ports to accommodate the revolutionary F2 System® upgrade. The BASI Systems® Reformer is an expandable system that seamlessly adapts to your needs.





# Included

Half Tower  
Extension Leg Set (Short)

## ACCESSORIES

- 2 Shoulder Rests
- 2 Handles (Rubber)
- 2 Pulleys
- 2 Ropes
- 1 Foot Strap
- 2 Handles (Neoprene)
- 2 Handles (Aluminum)
- 4 Stoppers

## SPRINGS

- 1 Yellow Spring
- 1 Blue Spring
- 3 Red Springs

# Upgrades

Your BASI Systems® equipment is part of an expandable system. You can easily upgrade your Reformer to gain tower or full cadillac functionality and add our innovative F2 System® for expansive repertoire possibilities.

## F2 System®

BASI Systems' revolutionary F2 System® adds unparalleled versatility and precision in spring angle and resistance settings. Multiple F2 Systems® can be added to the four existing ports along your reformer and can be used individually or in unison.



## Reformer with Tower Conversion

Gain Tower functionality, including push-through and roll down bars, with an easy-to-install upgrade package that utilizes your existing equipment.



## Reformer Combo Conversion

You can easily add full Cadillac trapeze functionality to your existing Reformer with our Reformer Combo upgrade.



# Options

BASI Systems® accessories expand the repertoire possibilities of your Reformer. The Sitting Box's orthopedic cushioning brings comfort to seated, supine and prone exercises. Add a strengthening cardio experience with our padded Jump Board. The Mat Conversion allows your reformer to be used as a raised mat table. Three leg height options adapt the reformer to your studio space and teaching style.

## Sitting Box



## Jump Board



## Mat Conversion



## Extension Leg Set

Extension legs offer the height option to best suit your space and teaching style.





# Reformer Features

- Aircraft quality aluminum tracks for smooth, quiet carriage ride
- Longest, widest carriage in the industry
- Orthopedic padded cushion extends the full width of the frame
- Pulleys can be set anywhere along the height and width of the half tower
- Highly adjustable headrest, shoulder rests and footbar
- Three gear options for each spring
- Easy conversion to a Reformer with Tower or Reformer Combo
- Equipped with four ports to accommodate the F2 System® upgrade



Five footbar angle options:  
23, 40, 60, 75 or 90  
degrees.

Headrest, shoulder rests and carriage  
are covered in orthopedic cushioning  
and anti-bacterial vinyl.



Footbar is covered with  
an easy-grip surface.



Three gear options  
for each spring.

Carriage with greater surface  
space and smoother glide.





Headrest has three position settings.



Easy grip knobs for quick adjustments.



Our unique EPS™ Enhanced Pulley System offers fine tuning control of vertical and horizontal angles of pulleys and ropes.



Six different position for each shoulder rest, forward, side or rear facing.



Extension legs offer height options to best suit your space and teaching style.

# REFORMER WITH TOWER

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## Effortless Movement - Infinite Adjustability with Reformer and Tower Functionality

BASI Systems® Reformer with Tower is smooth in movement with powerful adjustability in a spacesaving design. Its innovative EPS Enhanced Pulley System™ gives fine-tuning control of pulley angle and the expanded gear system allows precision in spring resistance settings. The Tower expands reformer and tower functionality with a myriad of spring setting options for straps, push-through and roll down bars. With the largest carriage cushion and longest track in the industry, it offers unprecedented comfort and range of motion. It comes with four ports to accommodate the revolutionary F2 System® upgrade. The BASI Systems® Reformer with Tower is an expandable system that seamlessly adapts to your needs.



# Included

Trapeze  
Mat Conversion  
Extension Leg Set (Short)

## ACCESSORIES

2 Shoulder Rests  
2 Handles (Rubber)  
2 Pulleys  
2 Ropes  
1 Foot Strap  
2 Handles (Neoprene)  
2 Handles (Aluminum)  
1 Safety Strap  
1 Leg Strap  
1 Roll Down Bar  
4 Stoppers  
1 Push-through Bar

## SPRINGS FOR REFORMER

1 Yellow Spring  
1 Blue Spring  
3 Red Springs

## SPRINGS FOR COMBO

2 Yellow Springs  
2 Long Yellow Springs  
2 Blue Springs  
2 Red Springs

# Upgrades

Your BASI Systems® equipment is part of an expandable system. You can easily upgrade your Reformer with Tower to gain full Cadillac trapeze functionality and add our innovative F2 System® for expansive repertoire possibilities.

## F2 System®

BASI Systems' revolutionary F2 System® adds unparalleled versatility and precision in spring angle and resistance settings. Multiple F2 Systems® can be added to the four existing ports along your reformer base and can be used individually or in unison.



## Reformer Conversion

Your existing Reformer with Tower has full Reformer capabilities. But you can convert the full tower to a Reformer half tower to suit your space and style requirements.



## Reformer Combo Conversion

Change your Reformer with Tower to a Reformer Combo simply by adding the Trapeze without needing to change your whole equipment.



# Accessories

BASI Systems® accessories expand the repertoire possibilities of your Reformer with Tower. The Sitting Box's orthopedic cushioning brings comfort to seated, supine and prone exercises. Add a strengthening cardio experience with our padded Jump Board. Three leg height options adapt the Reformer with Tower to accommodate your needs.

## Sitting Box



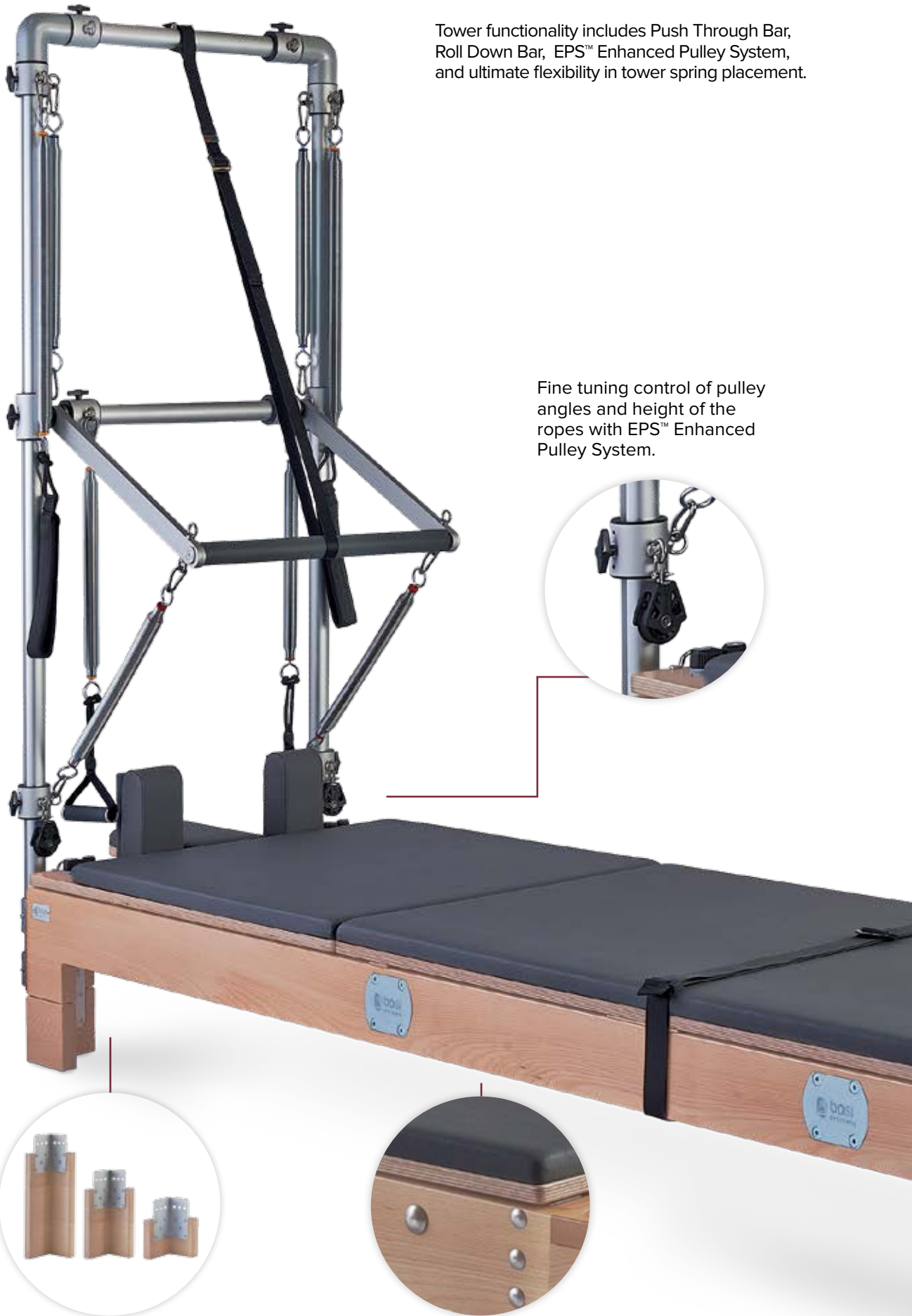
## Jump Board



## Extension Leg Set

Extension legs offer the height option to best suit your space and teaching style.





Tower functionality includes Push Through Bar, Roll Down Bar, EPS™ Enhanced Pulley System, and ultimate flexibility in tower spring placement.

Fine tuning control of pulley angles and height of the ropes with EPS™ Enhanced Pulley System.



Extension legs offer the height option to best suit your space and teaching style.



Like fine furniture, our sturdy beech frame is built to last.

# Features

- Can be used as a Reformer, Reformer with Tower, Raised Mat
- Aircraft quality aluminum tracks for smooth, quiet carriage ride and push-through bar movement
- Longest, widest carriage in the industry
- Orthopedic padded cushion extends the full width of the frame
- Unprecedented precision in spring setting options
- Pulleys can be set along the height and width of the tower frame
- Highly adjustable headrest, shoulder rests and footbar
- Three gear options for each spring
- Equipped with four ports to accommodate the F2 System®



Reformer is covered in orthopedic cushioning and has the largest carriage cushion and longest track in the industry. The carriage extends to the full width of the reformer base, offering accessibility, comfort and increased range of movement.

Five footbar angle options: 23, 40, 60, 75 or 90 degrees.



Headrest, shoulder rests, reformer carriage and tower conversion mat are covered in orthopedic cushioning and anti-bacterial vinyl.



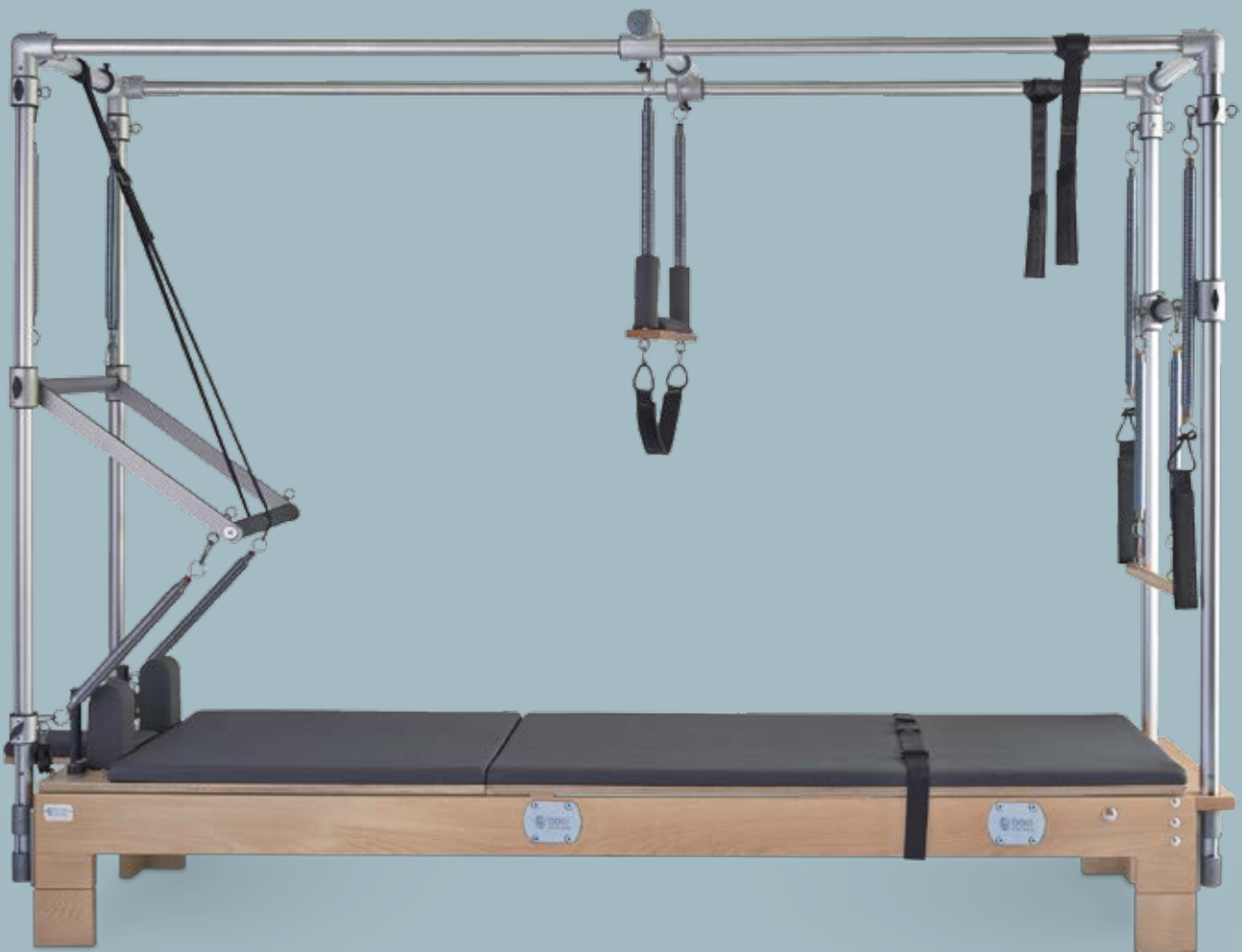
Wooden spring rest keeps springs accessible and out of the way.

# REFORMER COMBO

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## Infinite Adjustability & Versatility with full Reformer, Reformer with Tower, Cadillac Functionality

The BASI Systems® Reformer Combo is smooth in movement with powerful adjustability in a space-saving design. Use it as a reformer with an innovative EPS Enhanced Pulley System™ for fine-tuning control of pulley angle and expanded gear system for precision in spring resistance settings. With the largest carriage cushion and longest track in the industry, it offers unprecedented comfort and range of motion. Use it as a Reformer, Reformer with Tower or convert it to a Cadillac for full trapeze functionality and ultimate flexibility in spring positioning. The Reformer Combo comes with four prepared ports to easily accommodate the F2 System® upgrade.



# Included

Trapeze  
Mat Conversion  
Extension Leg Set (Short)

## ACCESSORIES

2 Shoulder Rests  
2 Handles (Rubber)  
2 Pulleys  
2 Ropes  
2 Foot Straps  
2 Handles (Neoprene)  
2 Handles (Aluminum)  
2 Fuzzies  
1 Safety Strap  
1 Leg Strap  
1 Swing  
1 Roll Down Bar  
4 Stoppers  
1 Push-through Bar

## SPRINGS FOR REFORMER

1 Yellow Spring  
1 Blue Spring  
3 Red Springs

## SPRINGS FOR COMBO

2 Yellow Springs  
2 Long Yellow Springs  
2 Blue Springs  
2 Red Springs  
2 Black Springs

# Upgrades

Your BASI Systems® equipment is part of an expandable system. You can add our innovative F2 System® for expansive repertoire possibilities or convert your Reformer Combo to a Reformer or Refomer with Tower to suit your space and needs.

## F2 System™

BASI Systems' revolutionary F2 System® adds unparalleled versatility and precision in spring angle and resistance settings. Multiple F2 Systems® can be added to the four existing ports along the Reformer Combo base and can be used individually or in unison.



## Reformer Conversion

Your existing Reformer Combo has full Reformer capabilities. But you can convert the full tower to a Reformer half tower to suit your space and style needs.



## Reformer Tower Conversion

Your existing Reformer Combo can easily convert to a Reformer with Tower.



# Accessories

BASI Systems® accessories expand the repertoire possibilities of your Reformer Combo. The Sitting Box's orthopedic cushioning brings comfort to seated, supine and prone exercises. Three leg height options adapt the Reformer Combo to your studio space and teaching style.

## Sitting Box



## Extension Leg Set

Extension legs offer the height option to best suit your space and teaching style.



# Features

- Can be used as a Reformer, Reformer with Tower, Cadillac and Raised Mat
- Aircraft quality aluminum tracks for smooth, quiet carriage ride and push-through bar movement
- Longest, widest carriage in the industry
- Orthopedic padded cushion extends the full width of the frame
- Unprecedented precision in spring setting options
- Pulleys can be set along the height and width of the tower frame
- Highly adjustable headrest, shoulder rests, and footbar
- Three gear options for each spring
- Equipped with four ports to accommodate the F2 System®



Six different position options for shoulder rests, forward, side or rear facing.



Five footbar angle options: 23, 40, 60, 75 or 90 degrees.



Reformer carriage is covered in orthopedic cushioning and extends to the width of the frame, offering ultimate comfort and accessibility.





Our unique EPS™ Enhanced Pulley System gives you fine tuning control of pulley angle and height.



Like fine furniture, our sturdy beech frame is built to last.



Comes with four prepared ports to seamlessly accommodate the F2 System® upgrade.



Extension legs offer the height option to best suit your space and teaching style.

# TRAPEZE TABLE (CADILLAC)

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## Effortless Movement - Infinite Adjustability

The BASI Systems® Cadillac provides unprecedented adjustability. With the largest mat in the industry and fine-tuning control of spring positioning, it offers ultimate precision, flexibility and comfort. The Cadillac comes with four prepared ports to easily accommodate the F2 System® upgrade.



# Included

Trapeze  
Extension Leg Set (tall)

## ACCESSORIES

- 1 Leg Strap
- 1 Foot Strap
- 1 Safety Strap
- 2 Handles (Neoprene)
- 2 Handles (Aluminum)
- 2 Fuzzies
- 1 Swing
- 1 Roll Down Bar
- 1 Push-through Bar

## SPRINGS FOR REFORMER

- 2 Yellow Springs
- 2 Long Yellow Springs
- 2 Blue Springs
- 2 Red Springs

## SPRINGS FOR COMBO

- 2 Black Springs
- 2 Purple Springs (optional)

# Upgrades and Accessories

You can easily upgrade your existing BASI Systems® equipment by adding our innovative F2 System®. Your Trapeze Table comes with four prepared ports for a seamless conversion. The Sitting Box's orthopedic cushioning brings comfort to seated, supine and prone exercises, and three leg height options adapt the Cadillac to your studio space and teaching style.

## F2 System®

BASI Systems' revolutionary F2 System® adds versatility and unparalleled precision in settings of spring angle and degree of resistance. Multiple F2 Systems® can be added to the four prepared ports along your equipment to be used individually or in unison.



## Sitting Box



## Extension Leg Set

Extension legs offer the height option to best suit your space and teaching style.

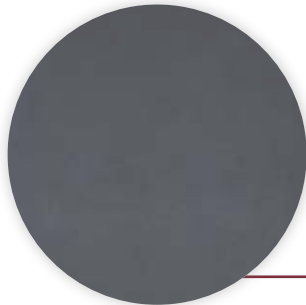


# Features

- Aircraft quality aluminum for smooth, quiet push-through bar movement & trapeze and spring setting
- Orthopedic cushioning on mat and padded easy-grip covering on push-through bar and trapeze swing
- Longest, widest mat table in the industry
- Highly adjustable and precise spring placement options
- Three leg height options available to suit your studio space
- Equipped with four ports to accommodate the F2 System®



Unparalleled fine tuning control of spring positioning.



Headrest, trapeze and mat table are covered in orthopedic cushioning with nonslip anti-bacterial vinyl.



Like fine furniture, our sturdy beech frame is built to last.



Extension height of your studio style.



on legs offer the  
option to best suit  
space and teaching

Table cushion is the largest  
in the industry and is covered  
in padded orthopedic  
cushioning to offer ultimate  
comfort, increased range of  
movement and accessibility.

Trapeze Table comes with four  
prepared ports to seamlessly  
accommodate the F2 System®  
upgrade.





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# ARM CHAIR BARREL SET

## Leading-edge Functionality with Dual Surface Options

BASI Systems® Arm Chair Barrel Set brings leading edge functionality to barrel work! The orthopedic padded cushion is a curved design. The saddle flat-top accessory gives you the option to interchangeably select the most comfortable and stable surface for each exercise. With the F2 System®, springs can be attached at a multitude of angles and resistance levels for expansive and innovative barrel repertoire. Use it with the Ladder and Chair Box for additional F2 System® options!

## Features

- The Longest track in the industry offers new movement possibilities
- Premium comfort with orthopedic cushioning and nonslip antibacterial vinyl
- Saddle accessory gives interchangeable curved and flat-top options
- Platform folds out of the way when not in use
- Sturdy beech wood frame is hand crafted like fine furniture
- Prepared ports support the F2 System®, adding a finely adjustable spring system to barrel work
- F2 System® levers serve as handles to place shoulders and wrists in optimal position for weight bearing exercises



## Included

Arm Chair Box  
Ladder (with Platform)

### ACCESSORIES

F2 System®  
(for Arm Chair Barrel)  
F2 System®  
(for Arm Chair Box)  
2 Handles (Neoprene)  
2 Handles (Aluminum)

### SPRINGS

2 Yellow Springs  
2 Long Yellow Springs

## Upgrades

**Arm Chair Saddle**







# ARM CHAIR CLASSIC SET

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## Leading-edge Functionality with a Flat-top Design

BASI Systems® Arm Chair Classic Set brings leading edge functionality to barrel work! The orthopedic padded cushion is a flat top design and adds comfort and support. With the F2 System®, springs can be attached at a multitude of angles and resistance levels for expansive and innovative barrel repertoire. Use it with the Chair Box for additional F2 System® options!

## Features

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- The Longest track in the industry offers new movement possibilities
- Premium comfort with orthopedic cushioning, nonslip antibacterial vinyl, and a flat top design
- Platform folds out of the way when not in use
- Sturdy beech wood frame is hand crafted like fine furniture
- Prepared ports support the F2 System® upgrade, adding a finely adjustable spring system to barrel work
- F2 System® levers serve as handles to place shoulders and wrists in optimal position for weight bearing exercises



## Included

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Arm Chair Box  
Ladder (with Platform)

### ACCESORIES

F2 System®  
(for Arm Chair Classic)  
F2 System®  
(for Arm Chair Box)  
2 Handles (Neoprene)  
2 Handles (Aluminum)

### SPRINGS

2 Yellow Springs  
2 Long Yellow Springs

*“I see the equipment as an extension of myself  
when I practice and teach, and therefore I want it to  
inspire my work, my movement and my spirit.”*

*Rael Isacowitz,  
Founder BASI Pilates*



# LADDER BARREL

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## Leading-edge Functionality and Comfort

BASI Systems® Ladder Barrel brings leading edge functionality to barrel work! The orthopedic padded cushion is a curved design, and adds comfort and support. The Ladder is connected with a smooth sliding base that adjusts between 38 cm / 14.96 in and 60.5 cm / 23.8 in. Its expanded width and standing platform bring accessibility to barrel work. With its innovative F2 System® upgrade, springs can be attached at a multitude of angles and resistance levels for expansive and innovative barrel repertoire.



# Features

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- The Longest track in the industry offers new movement possibilities
- Premium comfort with orthopedic cushioning and nonslip antibacterial vinyl covering
- Sturdy beech wood frame is hand crafted like fine furniture
- Platform folds out of the way when not in use
- Prepared ports support the F2 System® upgrade, adding a highly versatile spring system to barrel work
- F2 System® levers serve as handles to place shoulders and wrists in optimal position for weight bearing exercises



## Included

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1 Standing Platform

## Upgrades

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### F2 System®

Add highly versatile springs to barrel work with BASI Systems' revolutionary F2 System®.



# SPINE CORRECTOR

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Leading-edge Functionality &  
Ergonomic Design



# Pilates Precision and Flow™

BASI Systems® Spine Corrector has orthopedic padded cushioning and easy-grip padded handles. Its curved bottom design makes it easier to lift and reposition. The BASI Systems® Spine Corrector is designed to take advantage of the F2 System® add-on, which brings leading-edge functionality to barrel work! With the innovative F2 System®, springs can attach at a multitude of angles and resistance levels for expansive and innovative repertoire.



## Features

- Orthopedic padded cushioning
- Ergonomic design supports optimal positioning and movement
- Prepared ports support the F2 System® upgrade, adding a highly versatile spring system to spine corrector work
- F2 System® levers serve as handles to place shoulders and wrists in optimal position for weight bearing exercises

## Included

Your Spine Corrector comes with easy-grip rubber handles.

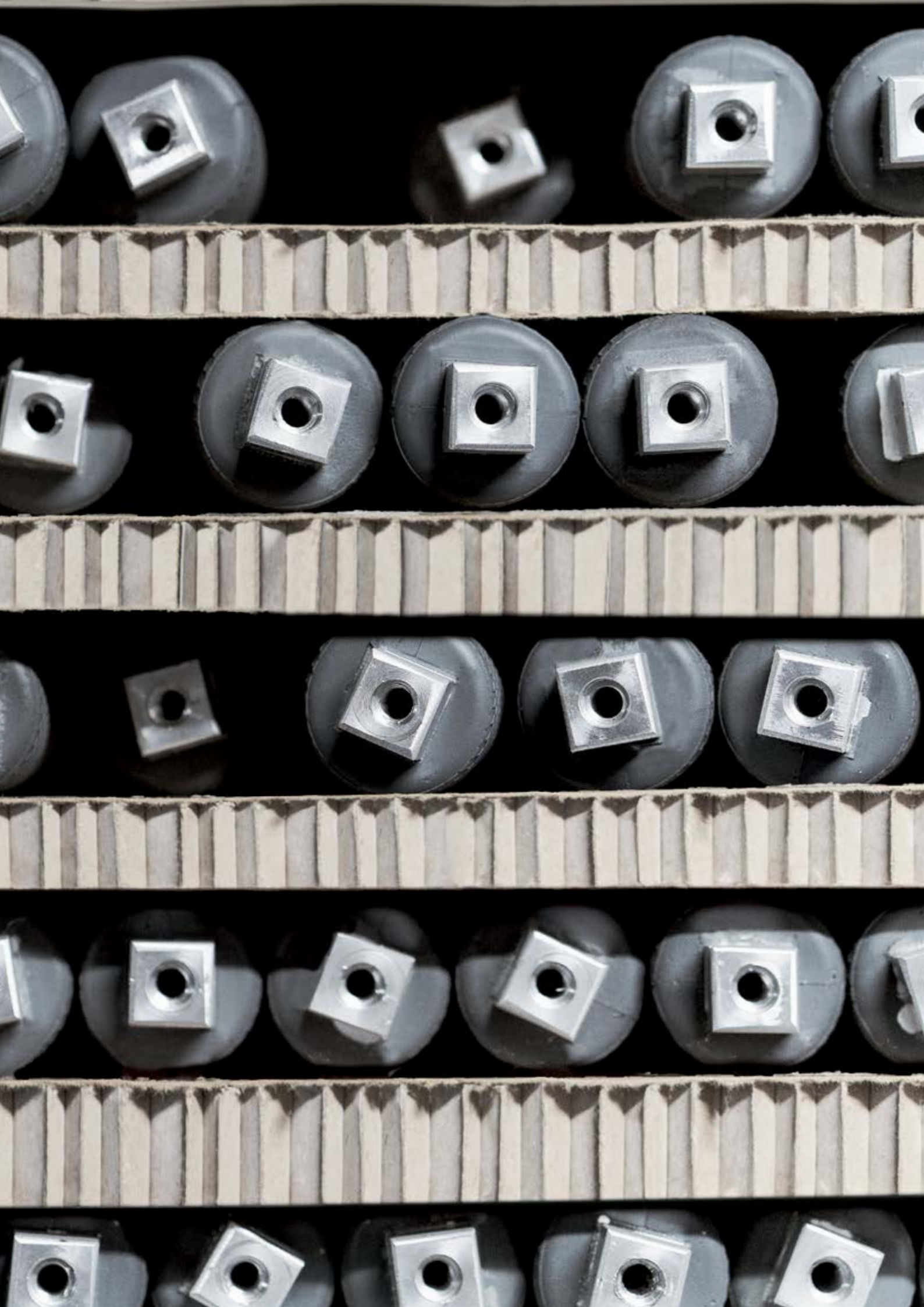
## Upgrade

Your BASI Systems® Spine Corrector comes with prepared ports to seamlessly accommodate the revolutionary F2 System®. Simply remove the cover and introduce spring repertoire to spine corrector work!









# WUNDA CHAIR

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Highly Adjustable with  
Smooth Transitions



The BASI Systems® Wunda Chair has an innovative pedal design that extends mobility, offers smooth transitions and fine-tuning adjustability of spring tension and handle height. Your BASI Systems® Wunda Chair comes with prepared ports to seamlessly accommodate the revolutionary F2 System® upgrade.

## Features

- Smooth transitions between resistance settings without removal of springs
- Rounded ergonomic split pedal offers comfort as well as consistent and broad range of motion
- Seat, pedal, and handle grips are covered in orthopedic cushioning with easy-grip antibacterial material
- Removable handles have four locking positions every 6.5 centimeters, 2.56 inches
- Prepared ports support the F2 System® upgrade, adding a finely adjustable spring system to chair work



Higher pedal design offers greater mobility options.



Adjustable handles have non-slip padding.



Spring resistance can be changed easily without removing springs.

## Included

### SPRINGS

2 Yellow Springs  
2 Black Springs

## Upgrade

### F2 System®

BASI Systems' revolutionary F2 System® adds versatility and unparalleled precision in settings of spring angle and degree of resistance.





# WALL TOWER

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## Highly Adjustable with Smooth Transitions

The BASI Systems® Wall Tower delivers powerful adjustability in an affordable design. With fine-tuning control of spring positioning, the largest mat in the industry, roll-down and smooth push through functionality, BASI Systems® Wall Tower offers ultimate comfort and flexibility.

## Features

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- Fine tuning control of spring angle and positioning
- Aircraft-quality aluminum tracks for smooth adjustability of spring holders and push-through bar technology
- Orthopedic cushioning and antibacterial vinyl on the mat
- Sturdy beech wood frame
- Easy grip padded handles



## Included

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### ACCESSORIES

- 1 Safety Strap
- 1 Foot Strap
- 1 Leg Strap
- 2 Handles (Rubber)
- 1 Roll Down Bar
- 2 Handles (Neoprene)
- 2 Handles (Aluminum)
- 1 Push-through Bar  
(Mat Included)

### SPRINGS

- 2 Yellow Springs
- 2 Long Yellow Springs
- 2 Red Springs
- 2 Blue Springs

# WALL UNIT

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## Versatility in a Space-saving Design

The BASI Systems® Wall Unit delivers powerful tower functionality and adjustability in a space-saving design. With fine-tuning control of spring positioning, roll-down and smooth push through functionality, BASI Systems® Wall Unit offers affordable flexibility.



Solid beech wood frame and roll down bar.



Easily adjustable security strap.

# Features

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- Fine tuning control of spring angle and positioning
- Aircraft-quality aluminum for smooth adjustability of spring holders and push-through bar technology
- Sturdy beech wood frame

# Included

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## ACCESORIES

- 2 Handles (Neoprene)
- 2 Handles (Aluminum)
- 1 Safety Strap
- 1 Roll Down Bar
- 1 Push-through Bar

## SPRINGS

- 2 Yellow Springs
- 2 Long Yellow Springs
- 2 Red Springs
- 2 Blue Springs

# WALL UNIT WITHOUT PUSH THROUGH BAR

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# Included

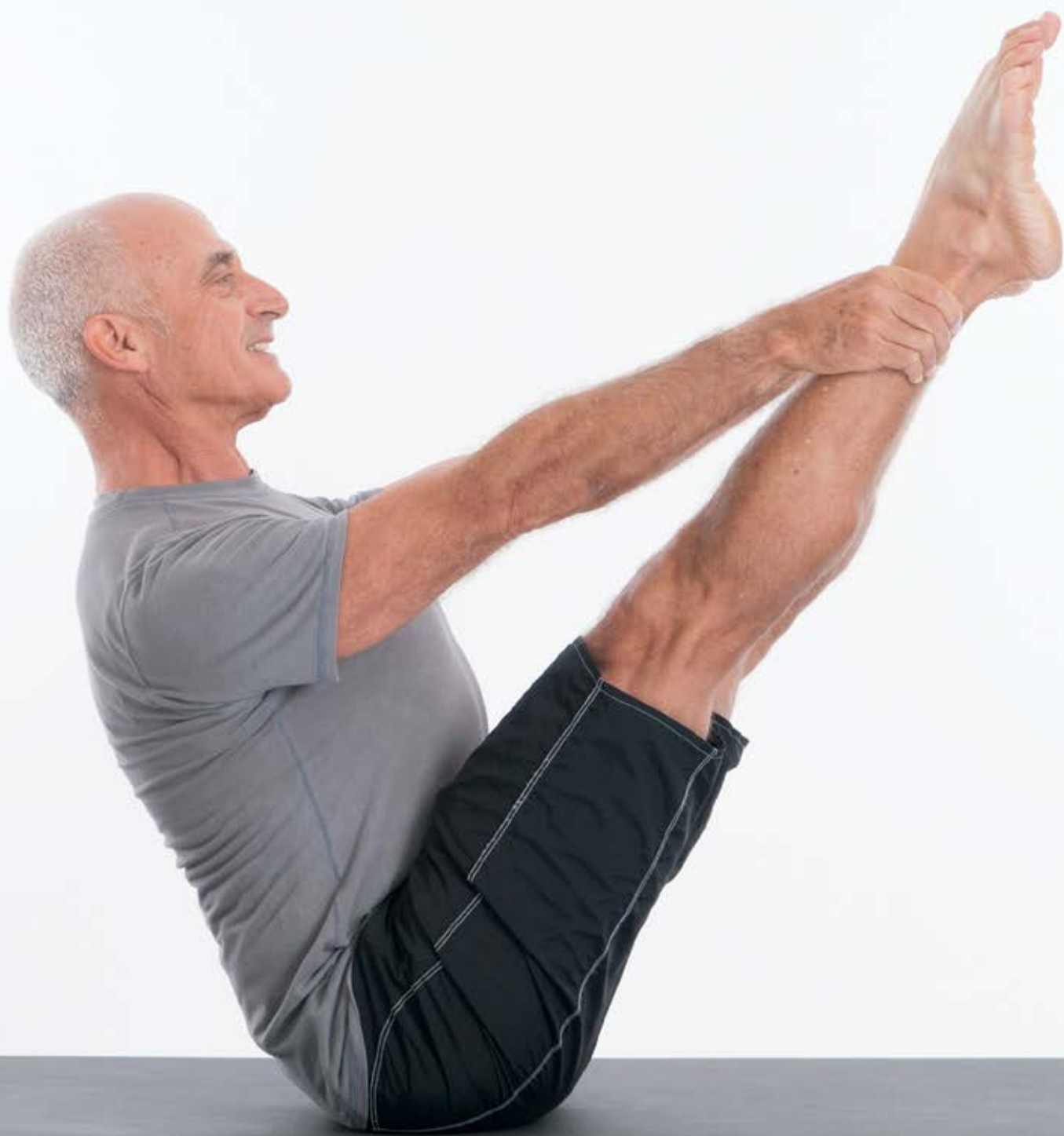
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## ACCESORIES

- 2 Handles (Neoprene)
- 2 Handles (Aluminum)
- 1 Roll Down Bar

## SPRINGS

- 2 Yellow Springs
- 2 Long Yellow Springs





# RAISED MAT

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The BASI Systems® Raised Mat features orthopedic cushioning and easy-grip handles.

## Included

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- 1 Set of Extension Leg Set (Short)
- 1 Pair of Rubber Handles
- 1 Leg Strap
- 1 Foot Strap



## Upgrades

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### Extension Leg Set

The Extension Leg Set is available in three leg height options to adapt the Raised Mat to your studio space and teaching style.



# PED A PULL

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## Powerful Adjustability and Accessibility

BASI Systems® Ped A Pull delivers powerful control in spring settings, with variable height and width adjustability. Its base is ergonomically designed to accommodate sitting and standing work, and the optional seat expands accessibility and repertoire possibilities.



# Features

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- Highly precise spring settings with variable height and width adjustability
- Ergonomic design accommodates seated and standing work
- Optional Seat expands accessibility and repertoire possibilities
- Seat height is adjustable and it can rotate out of the way when not in use

# Included

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## ACCESORIES

2 Handles (Neoprene)  
Wooden Seat

## SPRINGS

2 Yellow Springs



# PED A PULL WITHOUT STOOL

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# Included

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## ACCESORIES

2 Handles (Neoprene)

## SPRINGS

2 Yellow Springs





ROTATE AND PULL TO RELEASE



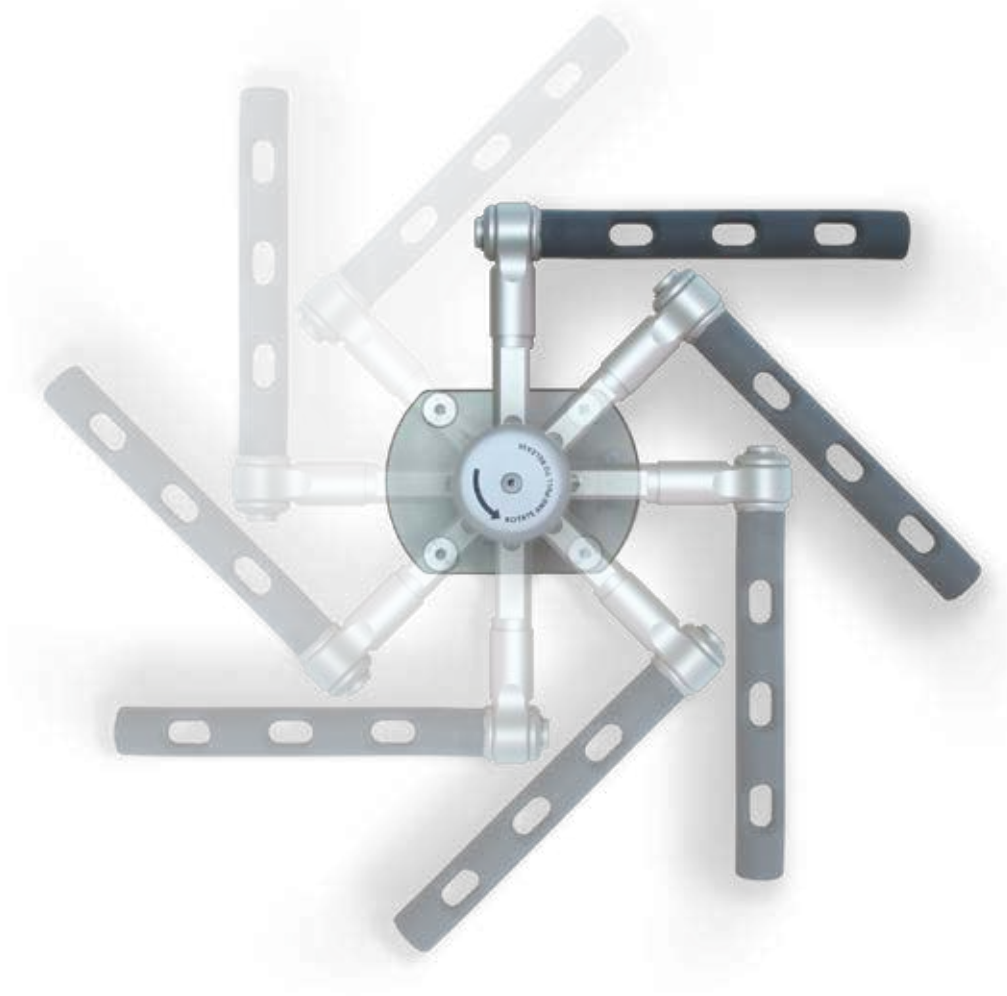


# F2 System®

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## Revolutionary Form and Function for Pilates Movement

The F2 System® lies at the heart of BASI Systems® Pilates equipment. A true innovation for Pilates movement, it offers unprecedented versatility and precision in spring angle and resistance settings. Springs can be attached to multiple ports on your Reformer, Cadillac, Barrels, Chair and Spine Corrector. Multiple F2 Systems® can be used simultaneously to inspire exciting new repertoire possibilities. The levers also serve as handles to support wrists and shoulders in optimal position for weight bearing exercises. Your BASI Systems® equipment is shipped with prepared ports to accommodate a seamless upgrade to the F2 System®. Simply remove the port cover, insert the F2 socket, and you are ready to explore a new precision and flow of Pilates movement.



# F2 System®

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## Accessories

Springs, handles and carabiners for the F2 System® are available from BASI Systems®. The system will also accommodate your existing accessories.



## Connectors

The F2 System® connector replaces the BASI cover that is shipped with your equipment. Simply attach the connector to the prepared port on your equipment, attach the F2 System® lever, and you are ready to experience this innovation for Pilates movement!

(Arm Chair Barrels and Arm Chair Classics come with the connectors already included.)







# Upgrades

## Sitting Box

BASI Systems® Sitting Box expands the repertoire of your BASI Systems® Reformer. Its orthopedic padded cushioning brings comfort to a range of seated, supine and prone exercises and its curved design makes it easy to lift and position.



## Arm Chair Saddle

The Saddle provides a flat surface for your Arm Chair Barrel. Simply place it on top of the Barrel's arc to support comfortable and secure movement possibilities.



## Mat Conversion

The optional mat conversion expands your BASI Systems® Reformer, giving you space for Mat work. (The mat conversion is already included with your BASI Systems® Reformer with Tower and Reformer Combo).



## Jump Board

BASI Systems® Jump Board brings a strengthening cardio experience to your BASI Systems® Reformer or Reformer with Tower repertoire. Its orthopedic padded cushioning makes jumping gentler to hips, knees and ankles and its curved design makes it easy to lift and position.



## Extension Leg Set Tall

The Tall Leg Set will raise the height of your Reformer, Reformer with Tower or Reformer Combo to 15.4 inches, 39 centimeters.



## Extension Leg Set Medium

The Medium Leg Set is 7.6 inches, 19.5 centimeters. It can be used to lower your Cadillac from its standard height or raise the Reformer, Reformer with Tower or Reformer Combo.



## Extension Leg Set Short

The Short Leg Set is a wonderful option for lower ceilings. They can be attached to your Cadillac to lower it to 4.9 inches, 12.5 centimeters. This will bring it to the standard height of the Reformer, Reformer with Tower and Reformer Combo.



# Accessories

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## Ankle Strap

BASI Systems® Neoprene® ankle straps are padded and covered with soft fleece. They have nonmetallic attachments for quiet use.



## Aluminum Handle

The lightweight BASI Systems® aluminum handles have a soft antibacterial covering for a firm grip and nonmetallic attachments for quiet use.



## Foot Strap

BASI Systems® footstrap is padded and covered with soft fleece.



## Fuzzy

BASI Systems® fuzzies are padded and covered with soft fleece.



## Leg Strap

BASI Systems® Leg Strap has an easy-to-use buckle for quick adjustments.



## Neoprene Handle

BASI Systems® Neoprene® handles are padded and covered with soft fleece. They have nonmetallic attachments for quiet use.



## Rope

Durable and soft, BASI Systems® ropes are made with non-stretch materials and come with nonmetallic hyphen attachments for quiet use. 2.91m/114.5"



## Safety Strap

BASI Systems® Safety Strap secures the push through bar when it is used in the bottom-loaded position.



## Y Loop

BASI Systems® Neoprene® Y-loop straps are padded and covered with soft fleece. They have nonmetallic attachments for quiet use.



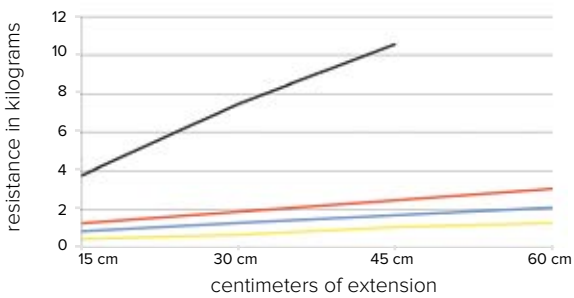


# SPRINGS

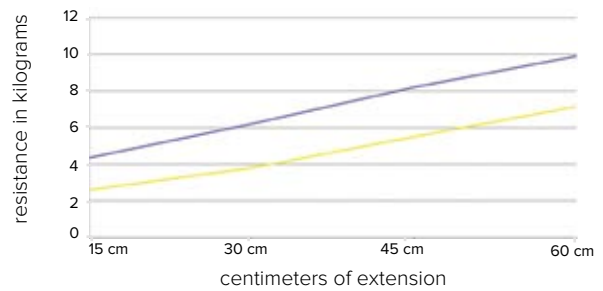
The x-ray quality controlled BASI Systems® springs come in heavy, medium and light resistance.

## Resistance Chart

### Short Springs



### Long Springs



## Standard Spring Sets for BASI Systems® equipment:

	Yellow	Long Yellow	Blue	Red	Purple	Black
Reformer	●		●	● ● ●		
Reformer With Tower	● ● ●	● ●	● ● ●	● ● ● ● ●		
Reformer Combo	● ● ●	● ●	● ● ●	● ● ● ● ●	● ● Optional	● ●
Trapeze Table (Cadillac)	● ●	● ●	● ●	● ●	● ● Optional	● ●
Arm Chair Barrel Set	● ●	● ●				
Arm Chair Classic Set	● ●	● ●				
Spine Corrector (with F2 System®)		● ●				
Wunda Chair	● ●					● ●
Wall Tower	● ●	● ●	● ●	● ●		
Wall Unit (with PTB)	● ●	● ●	● ●	● ●		
Ped A Pull	● ●					



# Dimensions

## Reformer

	width	length	height
wooden frame only	27.6" / 70 cm	98.5" / 250 cm	7.9" / 20 cm
with half tower	28.4" / 72 cm	100" / 254 cm	34.3" / 87 cm
with extension leg (short)	28.4" / 72 cm	100" / 254 cm	39" / 99.5 cm
with extension leg (medium)	28.4" / 72 cm	100" / 254 cm	42" / 106.5 cm
with extension leg (tall)	28.4" / 72 cm	100" / 254 cm	49.6" / 126 cm
padded surface of the carriage	27.6" / 70 cm	31.1" / 79 cm	-
carriage with headrest	27.6" / 70 cm	43.7" / 111 cm	-
mat conversion	27.5" / 70 cm	57" / 145.5 cm	-

## Reformer with Tower

	width	length	height
wooden frame only	27.6" / 70 cm	98.5" / 250 cm	7.9" / 20 cm
with tower	28.4" / 72 cm	100" / 254 cm	70" / 178 cm
with extension leg (short)	28.4" / 72 cm	100" / 254 cm	75" / 190.5 cm
with extension leg (medium)	28.4" / 72 cm	100" / 254 cm	77.7" / 197.5 cm
with extension leg (tall)	28.4" / 72 cm	100" / 254 cm	85.5" / 217 cm
padded surface	27.6" / 70 cm	31.1" / 79 cm	-
carriage with headrest	27.6" / 70 cm	43.7" / 111 cm	-
mat conversion	27.5" / 70 cm	57" / 145.5 cm	-

## Reformer Combo

	width	length	height
wooden frame only	27.6" / 70 cm	98.5" / 250 cm	7.9" / 20 cm
with trapeze	28.4" / 72 cm	100" / 254 cm	71.7" / 182 cm
with extension leg (short)	28.4" / 72 cm	100" / 254 cm	76.5" / 194.5 cm
with extension leg (medium)	28.4" / 72 cm	100" / 254 cm	79" / 201.5 cm
with extension leg (tall)	28.4" / 72 cm	100" / 254 cm	87" / 221 cm
padded surface	27.6" / 70 cm	31.1" / 79 cm	-
carriage with headrest	27.6" / 70 cm	43.7" / 111 cm	-
mat conversion	27.5" / 70 cm	57" / 145.5 cm	-

## Trapeze Table (Cadillac)

	width	length	height
wooden frame only	27.6" / 70 cm	98.5" / 250 cm	7.9" / 20 cm
with trapeze	28.4" / 72 cm	100" / 254 cm	71.7" / 182 cm
with extension leg (short)	28.4" / 72 cm	100" / 254 cm	76.5" / 194.5 cm
with extension leg (medium)	28.4" / 72 cm	100" / 254 cm	79" / 201.5 cm
with extension leg (tall)	28.4" / 72 cm	100" / 254 cm	87" / 221 cm
mat only	27.6" / 70 cm	98.5" / 250 cm	-

## Raised Mat

	width	length	height
wooden frame only	27.6" / 70 cm	97" / 247 cm	6.3" / 16 cm
with extension leg (short)	27.6" / 70 cm	97" / 247 cm	11" / 28.5 cm
with extension leg (medium)	27.6" / 70 cm	97" / 247 cm	14" / 35.5 cm
with extension leg (tall)	27.6" / 70 cm	97" / 247 cm	21.5" / 55 cm

## Arm Chair Classic

	width	length	height
	23" / 58.5 cm	40" / 101.5 cm	37.5" / 95 cm

## Arm Chair Barrel

	width	length	height
	23" / 58.5 cm	40" / 103.5 cm	37.5" / 95 cm

## Barrel

	width	length	height
	24.5" / 62 cm	21.7" / 55 cm	37.5" / 95 cm

## Ladder

	width	length	height
	36" / 91.5 cm	42" / 105.5 cm	37.5" / 95 cm

## Arm Chair Box

	width	length	height
	18" / 46 cm	31" / 80 cm	14" / 37 cm

## Spine Corrector

	width	length	height
	15.5" / 40 cm	39" / 100 cm	15" / 37.5 cm
with rubber handles	24.8" / 63 cm	39" / 100 cm	15" / 37.5 cm
with F2 System®	33" / 84 cm	39" / 100 cm	15" / 37.5 cm

## Wunda Chair

	width	length	height
wooden frame only	28.7" / 73 cm	35.5" / 90 cm	24.5" / 62 cm
with handles (minimum height)	21.7" / 55 cm	35.5" / 90 cm	46" / 117.5 cm
with handles (maximum height)	21.7" / 55 cm	35.5" / 90 cm	55.5" / 141 cm
padded surface of the seat	21.7" / 55 cm	17" / 43 cm	-

## Wall Tower

	width	length	height
wooden frame only	27.6" / 70 cm	97" / 247 cm	6.3" / 16 cm
with tower	28.3" / 72 cm	-	76" / 194 cm
padded surface	27.6" / 70 cm	95.5" / 243 cm	-

## Wall Unit

	width	length	height
	32" / 82 cm	5.5" / 14 cm	64.5" / 164 cm

## Ped A Pull

	width	length	height
minimum height	25.6" / 65 cm	24" / 61 cm	61.8" / 157 cm
maximum height	25.6" / 65 cm	24" / 61 cm	109" / 277 cm
stool (seat diameter)	9.8" / 25 cm	-	-

## Upgrades & Options

	width	length	height
Sitting Box	15.7" / 40 cm	30" / 76 cm	12.2" / 31 cm
Mat Conversion	27.5" / 70 cm	57" / 145.5 cm	-
Jump Board	27.5" / 70 cm	3.7" / 9.4 cm	27" / 68.5 cm
Saddle	15.7" / 40 cm	30" / 76 cm	12.2" / 31 cm

## Extension Leg Set

	height
Short	4.9" / 12.5 cm
Medium	7.6" / 19.5 cm
Tall	15.4" / 39 cm

# Customer Service

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## Care And Maintenance

BASI Systems® equipment is designed with the highest quality materials to provide ergonomic integrity, comfort and longevity. We recommend that you follow these guidelines to care for your equipment and maintain safety:

Springs should be inspected weekly for gaps or kinks. If a gap or kink is found, discontinue use of the spring immediately and replace it. Check that the spring hooks are working properly. It is recommended that all springs be replaced after 3,000 hours of use.

Inspect and tighten the nuts, bolts and screws monthly.

Check ropes and straps for wear and tear and replace as necessary.

Upholstery can be cleaned using the cloth provided or any soft cloth with warm water and soap. For deeper cleaning, use a soft bristled brush with an alkaline-based cleanser and rinse with cold water and a sponge. If you keep pets where you have your equipment, please keep in mind that using tea tree oil to clean your upholstery, even when diluted, can be extremely toxic to cats, dogs and other small pets.

## Warranty

We offer a lifetime warranty on our wooden frame and bodies, aluminum rails, tower poles and footbar mechanism.

1 year limited warranty is offered on foot, ankle and leg straps, fuzzies, safety straps, ropes, springs, carabiners, all plastic covers on foot and push through bars and aluminum handles.

## Shipping

BASI Systems® equipment is shipped to you in a special recyclable honeycomb cardboard container that can be flattened for storage. Please contact us for the best shipment details for your location.

## Return Policy

You can return some of the smaller items you have purchased, however large equipment cannot be returned.

## Service And Support

Please contact us with further questions you may have

**From US and Canada:** Monday – Friday 9 am – 5.30 pm

**From other locations:** Monday – Friday 9 am – 5.30 pm

## About BASI Systems®

BASI Pilates® is a leading Pilates education academy with a reputation for innovation, dedication and academic excellence. BASI stands for Body Arts and Science International, which is the name of the academy and an affirmation of its approach to Pilates studies. The mission of BASI Pilates® is to create and maintain professional standards for the teaching of the Pilates Method and to preserve and perpetuate the gift of Pilates by educating teachers of the highest caliber and providing equipment designed to have biomechanical and aesthetic integrity.

## Contact Us

We would love to hear how the BASI Systems® equipment inspires you and enhances your Pilates practice! Please contact us with any questions or stories.

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