



ALL THE ESSENTIALS

The Freemotion 8 Series Cardio is a full line of products featuring consoles with all the essentials for a great workout. Our treadmill encourages people to go further, with engaging built-in workouts. Our recumbent and upright bikes open up new roads to those working back from injury. The elliptical has a natural stride that turns gym time into "me" time.

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CONTACT

FREEMOTION.

TREADMILL

IN-HANDLE CONTROLS FOR INCLINE AND SPEED

Convenient in-handle controls allow users to increase/decrease speed and incline without moving their hands from the handles.

TRAINER-CREATED, MEMBER-INSPIRED

Preset workouts on the t8.7 Treadmill deliver weight-loss and endurance training to help members reach their goals.

ELLIPTICAL

REALISTIC STRIDE

Because the foot pedals on Freemotion Ellipticals are closer together, the walk, run, ski or jog feels more natural and realistic.

ZERO IMPACT

Running on a Freemotion Elliptical is as close as you can get to walking on air. The effortless stride puts less pressure on joints, ankles, knees and back.

UPPER BODY WORKOUT ARMS WITH COMFORTABLE, SOFT GRIPS

Get a total-body, low-impact workout with upper-body workout arms.

RECUMBENT BIKE

STEP THRU[™] DESIGN

This innovative design eliminates the traditional base, making it easier to get on and off the bike.

COMFORT-FOCUSED

With a wide seat, sloped backrest and sturdy base, clients can push themselves harder because they're more comfortable.

UPRIGHT BIKE

INERTIA-ENHANCED FLYWHEEL

Get steady performance and the consistent momentum of a real bike with the inertia-enhanced flywheel. Built to last and made to perform, this flywheel is low maintenance and durable.

24 LEVELS OF DIGITAL RESISTANCE

To burn more calories, increase intensity or improve muscle tone, 24 levels of resistance create customized workouts that can intensify over time.

EKG GRIP PULSE

Make the most out of every workout by monitoring the heart rate with these built-in handlebar sensors.

CARDIO 8 SERIES



- » LED matrix display
- » 4.0 HP AC commercial motor
- » In-handle controls for incline and speed
- **DIMENSIONS (L x W x H)** || 87 x 38 x 65 in (220 x 96.5 x 165.1 cm)

Elliptical # VMEL81914 e8.5 ELLIPTICAL

» LED matrix display

» Upper-body workout arms with soft grips » Hybrid Generator Resistance System

DIMENSIONS ($L \times W \times H$) || 85 x 27 x 63 in

(215.9 x 68.5 x 160 cm)



» LED matrix display » STEP THRU™ design » Hybrid Generator Resistance System

DIMENSIONS (L x W x H) || 68 x 24 x 51 in (172.7 x 60.9 x 129.5 cm)

Upright Bike # VMEX81414 u8.1 UPRIGHT BIKE

» LED matrix display » Hybrid Generator Resistance System » Quick select Start and Stop

DIMENSIONS (L x W x H) || 54 x 24 x 58 in (137.1 x 60.9 x 147.3 cm)

