## FREEMOTION.



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CONTACT

#### SELECTORIZED WORKOUT = TARGETED RESULTS

There is such a thing as a better selectorized machine. It's in the thoughtful design, the machine's durability, the experience rather than just the results. Freemotion EPIC Selectorized machines allow users to target specific muscle groups for complete, balanced strength training.

# **FPIC** SELECTORIZED

#### INDEPENDENT ARM MOVEMENT

Arms move independently to create single or dual exercises, depending on the user's fitness level.

#### LOW PROFILE

Low profile weight stacks create a welcoming, uniform floor plan.

#### **ADJUSTMEN**TS

Minimal adjustments are needed on this intuitive line.

#### **AESTHETIC DESIGN** Features a clean, modern design complete

with cup holders.

#### **SERVICEA**BILITY

The tower design allows for simple cable service,

#### LINEAR BEARINGS

The bearings on the EPIC machines ensure smooth movement.

#### CABLES

Heavy-duty, 1/4 in (6.3 mm) cables are rated to 4,200 lbs (1,905 kg) tensile strength.



#### **PRONE LEG CURL** #F814

**PRODUCT DIMENSIONS** 67 x 49 x 60 in (170.1 x 124.4 x 152.4 cm) **WEIGHT STACK** 195 lbs (88.4 kg)



**CHEST** #F800

**PRODUCT DIMENSIONS** 41 x 59 x 72 in (104.1 x 149.8 x 182.8 cm) **WEIGHT STACK** 295 lbs (133.8 kg)



#### SHOULDER #F807

PRODUCT DIMENSIONS 63 x 61 x 60 in (160 x 154.9 x 152.4 cm) WEIGHT STACK 205 lbs (92.9 kg)





#### LAT/HIGH ROW #F802

**PRODUCT DIMENSIONS** 65 x 52 x 81 in (165.1 x 132 x 205.7 cm) **WEIGHT STACK** 305 lbs (138.3 kg)



## LEG CURL #F803

**PRODUCT DIMENSIONS** 43.5 x 25 x 59.5 in (110.4 x 63.5 x 151.1 cm) **WEIGHT STACK** 205 lbs (92.9 kg)



#### HIP ADDUCTION/ABDUCTION #F809

**PRODUCT DIMENSIONS** 63 x 54 x 60 in (160 x 137.1 x 152.4 cm) **WEIGHT STACK** 155 lbs (70.3 kg)



#### TION #F809 | BICEP #F810

PRODUCT DIMENSIONS 49 x 49 x 60 in (124.4 x 124.4 x 152.4 cm) WEIGHT STACK 205 lbs (92.9 kg)



#### TRICEP #F811

**PRODUCT DIMENSIONS** 51 x 49 x 60 in (129.5 x 124.4 x 152.4 cm) **WEIGHT STACK** 205 lbs (92.9 kg)



#### BACK EXTENSION #F815

**PRODUCT DIMENSIONS** 39 x 52 x 60 in (99 x 132 x 152.4 cm) **WEIGHT STACK** 265 lbs (120.2 kg)



#### LATERAL RAISE #F816

**PRODUCT DIMENSIONS** 45 x 42 x 60 in (114.3 x 106.6 x 152.4 cm) **WEIGHT STACK** 205 lbs (92.9 kg)



#### SEATED ROW #F817

**PRODUCT DIMENSIONS** 70 x 42 x 60 in (177.8 x 106.6 x 152.4 cm) **WEIGHT STACK** 225 lbs (102 kg)



### **ROTARY TORSO** #F818

PRODUCT DIMENSIONS 64 x 45 x 79 in (162.5 x 114.3 x 200 cm) WEIGHT STACK 175 lbs (79.3 kg)



#### LEG PRESS #F804

PRODUCT DIMENSIONS 92 x 44 x 78 in (233.6 x 111.7 x 198.1 cm) WEIGHT STACK 475 lbs (215.4 kg)



#### FLY/REAR DELT #F806

PRODUCT DIMENSIONS 53 x 57 x 77 in (134.6 x 144.7 x 195.5 cm) WEIGHT STACK 195 lbs (88.4 kg)



ASSISTED DIP-CHIN #F812

**PRODUCT DIMENSIONS** 68 x 48 x 101 in (172.7 x 121.9 x 256.4 cm) **WEIGHT STACK** 225 lbs (102 kg)



**CALF EXTENSION** #F813

PRODUCT DIMENSIONS 71 x 41 x 60 in (180.3 x 104.1 x 152.4 cm) WEIGHT STACK 375 lbs (170 kg)



**ABDOMINAL** #F819





GLUTE #F820

**PRODUCT DIMENSIONS** 74 x 31 x 78 in [187.9 x 78.7 x 198.1 cm] **WEIGHT STACK** 195 lbs [88.4 kg]