

FREEMOTION.

GENESIS DS™

DUAL FUNCTIONALITY

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DIFFERENT BY CHOICE

Maximize every square inch of your facility with Genesis DS™ - the dual station freeflow strength training line by Freemotion. With two workout stations in every Genesis DS machine, small group sessions and circuit training take on new meaning with innovative cable that delivers consistent, reliable resistance.

GENESIS DS™

SMALL FOOTPRINT

Twice the cable-strength power in one modest footprint, Genesis DS is made for circuit and small-group training.

VARIOUS TRAINING OPTIONS

Seated and standing positions allow users to target anterior and posterior muscle groups.

ALUMINUM SWIVEL PULLEYS

Freemotion's exclusive pulley design ensures fluid cable travel and unrestricted range of motion for users of various fitness levels.

WEIGHT STACK

Two enclosed 180 lbs (81.6 kg) weight stacks limit access to moving parts for safety.

CABLE TRAVEL

Extensive cable travel allows for a full range of motion.

INDEPENDENT ARM MOVEMENT

Each handle moves independently on its own pivot, allowing users to perform both bilateral and unilateral movements.

ADA COMPLIANT

Most pieces are compliant with the Americans with Disabilities Act.

INDUSTRIAL CONSTRUCTION

Equipment is built with 11 and 7-gauge steel tubing and is electrostatically powder-coated with paint that has undergone 2,000 hours of salt spray testing.



CHEST/SHOULDER #F500

PRODUCT DIMENSIONS

47 x 64 x 64 in
119.3 x 162.5 x 162.5 cm

MACHINE WEIGHT

609.5 lbs (276.5 kg)



LAT PULL/HIGH ROW #F502

PRODUCT DIMENSIONS

54 x 48 x 84 in
137.1 x 121.9 x 213.3 cm

MACHINE WEIGHT

709.8 lbs (322 kg)



LIFT/STEP #F504

PRODUCT DIMENSIONS

65 x 37 x 64 in
165.1 x 93.9 x 162.5 cm

MACHINE WEIGHT

724.6 lbs (328.7 kg)



AB/BICEP #F501

PRODUCT DIMENSIONS

51 x 37 x 72 in
129.5 x 93.9 x 182.8 cm

MACHINE WEIGHT

608.6 lbs (276.1 kg)



QUAD/HAMSTRING #F503

PRODUCT DIMENSIONS

70 x 32 x 64 in
177.8 x 81.2 x 162.5 cm

MACHINE WEIGHT

615 lbs (279 kg)



DELTOID #F505

PRODUCT DIMENSIONS

66 x 31 x 64 in
167.6 x 78.7 x 162.5 cm

MACHINE WEIGHT

637.1 lbs (289 kg)

