

FREEMOTION.

# GENESIS™

MACHINES THAT DO MORE.

**CONTACT**

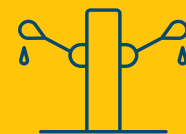
**PHONE** +1 877.363.8449

**EMAIL** [sales@freemotionfitness.com](mailto:sales@freemotionfitness.com)

**WEBSITE** [freemotionfitness.com](http://freemotionfitness.com)

FREEMOTION.

© 2017 Freemotion Fitness. All rights reserved. Specifications subject to change. 10/17



## **FREEDOM OF MOVEMENT**

Train your body for all of life's movements with Genesis™, the first full circuit of cable-based strength training that targets your entire body. Unlike other isolating strength-training equipment, Genesis allows you to change the point of muscle activation by changing your plane of motion. Genesis' sleek design, sophisticated construction and small footprint allow your club to maximize floor space and client results.

# GENESIS™

## SWIVEL PULLEYS

Freemotion's exclusive pulley design ensures fluid cable travel and unrestricted range of motion for users of various fitness levels.

## VARIOUS TRAINING OPTIONS

Seated and standing positions allow users to target more muscle activation in a single piece of equipment.

## CABLE TRAVEL

The long cable length and flexibility allows for full exercise extension.

## INDEPENDENTLY MOVING HANDLES

Handles move independently for a wide variety of unilateral or bilateral movements

## ADA COMPLIANT

Most pieces are compliant with the Americans with Disabilities Act.

## INDUSTRIAL CONSTRUCTION

Equipment is built with 11 and 7-gauge steel tubing and is electrostatically powder-coated with paint that has undergone 2,000 hours of salt spray testing.

## ENCLOSED WEIGHT STACKS

Limits access to moving parts for user safety.

## NEVER LOSE A PIN AGAIN

Weight pins slide effortlessly through the weight stack without completely coming out, meaning no more lost pins.



### CHEST #F600

**PRODUCT DIMENSIONS**  
69 x 53 x 73 in (175.2 x 134.6 x 185.4 cm)  
**WEIGHT STACK**  
200 lbs (90 kg)



### SHOULDER #F601

**PRODUCT DIMENSIONS**  
60 x 52 x 73 in (152.4 x 132 x 185.4 cm)  
**WEIGHT STACK**  
150 lbs (68 kg)



### BICEP #F602

**PRODUCT DIMENSIONS**  
52 x 36 x 77 in (132 x 91.4 x 195.5 cm)  
**WEIGHT STACK**  
150 lbs (68 kg)



### TRICEP #F603

**PRODUCT DIMENSIONS**  
52 x 36 x 77 in (132 x 91.4 x 195.5 cm)  
**WEIGHT STACK**  
150 lbs (68 kg)



### ROW #F604

**PRODUCT DIMENSIONS**  
56 x 36 x 77 in (142.4 x 91.4 x 195.5 cm)  
**WEIGHT STACK**  
200 lbs (90 kg)



### CALF #F607

**PRODUCT DIMENSIONS**  
74 x 36 x 77 in (187.9 x 91.4 x 195.5 cm)  
**WEIGHT STACK**  
200 lbs (90 kg)



### HAMSTRING #F608

**PRODUCT DIMENSIONS**  
52 x 36 x 77 in (132 x 91.4 x 195.5 cm)  
**WEIGHT STACK**  
200 lbs (90 kg)



### QUAD #F609

**PRODUCT DIMENSIONS**  
66 x 36 x 77 in (167.6 x 91.44 x 195.5 cm)  
**WEIGHT STACK**  
150 lbs (68 kg)



### SQUAT #F610

**PRODUCT DIMENSIONS**  
90 x 36 x 73 in (228.6 x 91.4 x 185.4 cm)  
**WEIGHT STACK**  
400 lbs (181 kg)



### ABDOMINAL #F611

**PRODUCT DIMENSIONS**  
34 x 36 x 77 in (86.3 x 91.4 x 195.5 cm)  
**WEIGHT STACK**  
150 lbs (68 kg)



### LIFT #F612

**PRODUCT DIMENSIONS**  
71 x 42 x 77 in (180.3 x 106.6 x 195.5 cm)  
**WEIGHT STACK**  
400 lbs (181 kg)



### STEP #F614

**PRODUCT DIMENSIONS**  
73 x 36 x 77 in (185.4 x 91.4 x 195.5 cm)  
**WEIGHT STACK**  
150 lbs (68 kg)



### LAT #F620

**PRODUCT DIMENSIONS**  
56 x 52 x 87 in (142.2 x 132 x 220.9 cm)  
**WEIGHT STACK**  
200 lbs (90 kg)



### DUAL-CABLE CROSS #F624

**PRODUCT DIMENSIONS**  
38 x 123 x 73 in (96.5 x 312.4 x 185.4 cm)  
**WEIGHT STACK**  
Dual 80 lbs (Dual 36.2 kg)



### CABLE COLUMN #GZFM6016

**CABLE TRAVEL**  
96 in (243.8 cm)  
**PRODUCT WEIGHT**  
430 lbs (195 kg)