FREEMOTION



CARDIO **11 SERIES**

The i11.9 Incline Trainer has the design runners want, with the incline to boost calorie burn for those who prefer to walk. With an impressive 30% incline and -3% decline, users recruit more muscles, targeting their quads and glutes. The Incline Trainer is equipped with a high definition 10 inch (25.4 cm) tablet featuring iFit[®] and Google Maps[™], allowing users to create a new workout every time. 1-STEP[™] Controls make this treadmill ideal for HIIT workouts and functional training.



ill.9 INCLINE TRAINER

PRODUCT FEATURES

INCLINE AND DECLINE TRAINING

With up to 30% incline, users can recruit more muscle on the i11.9, targeting quads and glutes to get results while the 3% decline builds the "all over" muscles used in everyday life. The tough lift motor delivers 1,500 lbs (680 kg) of lift force for reliable deck movement and stabilization.

HIGH DEFINITION CAPACITIVE TOUCH DISPLAY

Experience the workout in full color: This high definition 10 in (25.4 cm) touch screen adds tech luxury to this machine. The tablet is where the workout comes to life, with real-route simulation by iFit[®] and Google Maps[™], and customized workouts that never lose sight of personal fitness goals.

1-STEP™ CONTROLS FOR INSTANT RESPONSE

The ideal treadmill for a HIIT workout or functional training, with 1-STEP[™] Controls you can quickly adjust speed, incline and decline with convenient console controls.

CROSSFLOW™ WORKOUT FAN

The strong, adjustable fan is positioned at the top of the console, allowing for a more effective cooling of the user.

IN-HANDLE CONTROLS FOR SPEED AND INCLINE

Convenient in-handle controls allow users to increase/decrease speed and incline/decline without moving their hands from the handles.

ENHANCED ENTERTAINMENT

New entertainment capabilities make the workout experience even better. Owners can add an optional 15.6 in (39 cm) HD Personal TV Screen or a 900/800 MHz receiver to the i11.9 Incline Trainer.

EFFICIENT LIFT SYSTEM

Enjoy consistent performance and intense durability with this lift motor designed to run stronger and longer.

WARRANTY | US AND INTERNATIONAL

7 Year - Frame, and Drive Motor | 2 Year - Parts (Mechanical and Electronic) | 1 Year - Console 1 Year - Labor (US Only)

SPECIFICATIONS

Deck	2-Sided Cushioned Deck
Drive Motor	AC 5.0 HP Commercial
Belt / Running Surface	2-Ply Quiet Belt 21.5 x 60 in (54.6 x 152 cm)
Elevation System	-3% decline to +30% incline
Built-in Fan	CrossFlow™ Workout Fan
Display Type	10 in (25.4 cm) HD Full Color Capacitive Touch Display
1-STEP [™] Controls	Speed, Incline, & Decline
Maximum User Weight	400 lbs (182 kgs)
Step-up Height	10.7 in (27.3cm)
Speed Range	0-12 mph (0-20 km/h)
Equipment Dimensions (L x W x H)	80 x 34.8 x 76 in (203.2 x 88.3 x 193 cm)
Shipping Dimensions (L x W x H)	85 x 43 x 33.7 in (215.9 x 109.2 x 85.5 cm)
Shipping Weight	750 lbs (340 kg)
Power Requirements US & Canada /International	110-120 VAC, 20 Amp, Dedicated Circuit 220-240 VAC, 20 Amp, Dedicated Circuit
Regulatory Approvals	TUV

OPTIONAL

-Personal 15.6 in (39 cm) HD TV -900/800 MHz Receiver