

Combat Body Conditioning

Bags

Water Bags

Floor Bags

Supports

Gloves

Shields

Speed Balls

Boxing Structures



AEROBIC & FITNESS EQUIPAMIENTO Y FORMACIÓN

**TAKE YOUR COMBAT
TRAINING TO THE NEXT
LEVEL**

BOXING BAG O'LIVE



Customise your bags

with your logo or image.
Ask us how

Stand out from the rest!



O'LIVE ANCHOR STRAP

Ref: EL13900.00
Otros: Length: 43 cm



Ref:
Dimensions:
Weight:

FI07201.01
120 x ø 35 cm
35 kg

FI07202.01
150 x ø 35 cm
45 kg

FI07203.00
180 x ø 35 cm
45 kg

BOXING BAG O'LIVE

O'Live Fitness boxing bags are high quality and designed for intensive use. The robust material from which they are made guarantees that the bag can withstand strikes on a daily basis. Its carbon-like surface gives it a polished, professional finish. The high-quality, durable suspension ensures the bag remains securely closed at all times.

Traditional hanging boxing bags are typically attached to the ceiling or a support bracket and swing when punched or kicked. In general, heavy bags are used to improve striking skills and technique.

Basic guidelines on the different boxing bag weights:

35 kg: designed for teenagers and beginners

36 kg: suitable for intermediate boxers

45 kg: designed for heavyweight boxers

ELITE WALL BRACKET

Ref: F106100.00
Dimensions: 103 x 81 x 89 cm



O'LIVE BOXING BAG WALL BRACKET

Ref: F106000.01
Dimensions: 82 x 126 x 87 cm



Designed for professional use, it is manufactured from 80mm x 40mm steel tube with an epoxy resin powder-coat finish for maximum durability. The bracket must be installed on solid brick or concrete walls. Wall fixing bolts are included.



O'LIVE

FREESTANDING

Ref: F103600.00
Dimensions: 170x ø 69 cm
Colour: Black

Flexion capacity of up to 30° to absorb impacts. The base is filled with water or sand up to a weight of 75 kg.



O'LIVE CEILING BRACKET

Ref: F105900.00
Dimensions: 5 x 22 x 7 cm



Highly resistant ceiling bracket suitable for commercial environments. The 6 mm steel ceiling bracket with 4 fixings ensures the bracket is firmly secured. All fixings are included.

FREESTANDING ELITE BOXING BAG

Ref: F104600.00
Dimensions: 185 x ø 75 cm
Colour: Black / Grey

Entirely constructed from foam rubber for maximum durability and safety.



O'LIVE BOXING WRAPS

Ref: F106900.00
Dimensions: 250 x 5 cm



Protective wraps for bag routines and boxing training, comfortable and washable. Sold in pairs.

O'LIVE MMA LIGHTWEIGHT BOXING GLOVES

Ref: F106801.00 F106802.00
Size: S/M L/XL

Made from high-quality synthetic leather. Dense padding with uniform thickness throughout the glove. Secure fastening via heavy-duty velcro. Thumb adjustment prevents potential injuries. Comfortable with a soft back panel. Sold in pairs.



O'LIVE BOXING GLOVES

Ref: F106600.00
Size: One size

Made from high-quality synthetic leather. Dense padding with uniform thickness throughout the glove. Secure fastening via heavy-duty velcro. Thumb adjustment included.



O'LIVE STUDIO BOXING GLOVES

Ref: F106501.00 F106502.00
Size: S/M L/XL

Suitable for aerobic or choreographed activities where striking is more about marking than impact. Features a cotton wristband with velcro closure. Sold in pairs.



O'LIVE BOXING BAG GLOVES

Ref: F106701.00 F106702.00
Size: S/M L/XL



Made from high-quality synthetic leather. Features thick padding to prevent injuries. The curvature of the padding is uniform throughout. Breathable with ventilation to wick away moisture. Thumb separated from the palm for flexibility during use. Sold in pairs.

O'LIVE CURVED BOXING FOCUS MITTS

Ref: FI07100.00
Dimensions: 15 x 50 x 36 cm

Made from high-quality synthetic leather filled with high-compression foam. Curved design for improved ergonomics. Sold in pairs.



O'LIVE BOXING SHIELD

Ref: FI07000.00
Dimensions: 43 x 21 x 9 cm

Our shields are designed with EVA padding to prevent deformation and offer greater resistance. The closure is achieved through leather lacing, and the grip is firm and secure thanks to the velcro. They also feature a thick, reinforced handle that guarantees greater durability. Thanks to the 3 fixing supports on the rear, they offer excellent stability.



O'LIVE BOXING SHIELD, Large

Ref: FI07900.00
Dimensions: 58 x 35 x 11 cm

Manufactured with a resistant synthetic leather cover, providing lasting durability and functionality. Its extra-large size blocks powerful strikes, kicks, elbows and knees. The sturdy handles with velcro closure, correctly positioned on the rear, are designed to be held either vertically or horizontally.



O'LIVE SPEED BALL SWIVEL LINK

Ref: FI06300.00
Dimensions: 10 x 12 x 10 cm

The high-resistance chrome swivel link creates rapid movement of the speed ball during use. Detachable for easy removal of the ball. Includes a ring. The thick, reinforced grip guarantees greater durability. Thanks to the 3 fixing supports on the rear, they offer excellent stability.

O'LIVE BOXING SPEED PUNCH BALL

Ref: FI07300.00
Dimensions: 34 x 20 cm

Made from high-quality cowhide leather, it offers a smooth and secure feel, improving the striking sensation and reducing the risk of discomfort in the hands and wrists. Its double-stitched seams provide greater structural resistance and stability, even during intensive training sessions. Thanks to the 3 fixing supports on the rear, they offer excellent stability.



O'LIVE BOXING SPEED BALL

Ref: FI07400.00
Dimensions: 59 x 36 x 17 cm

Made from cowhide leather with an internal latex bladder. The ball is symmetrical in size, improving precision of speed and direction. Includes elastic cords for attachment.



Boxing Racks



O'LIVE BAG STATION



Our catalogue offers a wide variety of products for all boxing and combat sports enthusiasts, from beginners to experts. We have now taken the next step with the O'Live Bag Station — one of our best options for those seeking a group boxing solution in a fixed space.

The bag station is an ideal option for facilities looking to help their clients improve their boxing technique and skills, or fitness boxing performance. With a robust and durable structure, the station is designed to withstand heavy strikes and intensive training. In addition, the station features several characteristics that set it apart from other options on the market.

www.aerobicfitness.com



O'LIVE BOXING STATION, 4 x 2 m

Ref: ES36201.00
Dimensions: 400 x 200 x 270 cm
Capacity: 6 bags



O'LIVE BOXING STATION, 4 x 4 m

Ref: ES36203.00
Dimensions: 400 x 400 x 270cm
Capacity: 8 bags



O'LIVE BOXING STATION, 8 x 2 m

Ref: ES36202.00
Dimensions: 800 x 200 x 270 cm
Capacity: 11 bags



O'LIVE BOXING STATION, 8 x 4 m

Ref: ES36204.00
Dimensions: 800 x 400 x 270 cm
Capacity: 14 bags

configurations

Accessories



MOVEABLE BAR ACCESSORY

Ref: ES35200.00



MULTI-GRIP PULL-UP BAR ACCESSORY

Ref: ES33700.00



ACCESORIO SOPORTE 360°

Ref: ES33201.00 ES33202.00
Other: for columns 160 mm for columns 80 mm



ACCESORIO VOLADIZO, 800

Ref: ES33100.00



DRUM WITH ROPE ACCESSORY

Ref: ES35500.00



DIP ACCESSORY

Ref: ES16500.01



SINGLE BRACKET ACCESSORY

Ref: ES16601.02 ES16604.02
Other: columna 80mm columna 160mm



DOUBLE BRACKET ACCESSORY

Ref: ES16602.02 ES16605.02
Other: columna 80mm columna 160mm



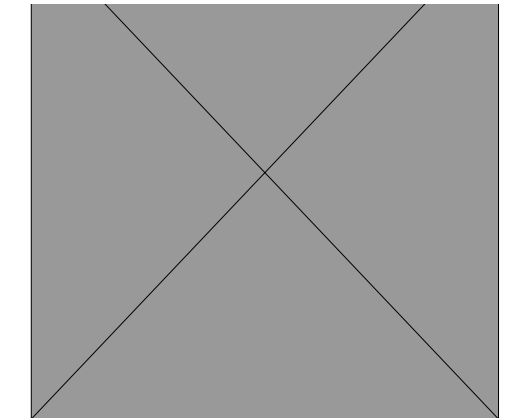
PLATE STORAGE ACCESSORY

Ref: ES17200.01



ELASTIC RING ACCESSORY

Ref: ES17700.01



ACCESORIO OJAL WITH CARABINER

Ref: ES35901.00 ES35902.00
Other: for column 160 mm for column 80 mm



TRAY ACCESSORY

Ref: MU22600.00



ACCESORIO COLGADOR

Ref: MU22400.00



COMPACT ADJUSTABLE HANGER

Ref: MU04100.01



BALL STORAGE ACCESSORY

Ref: MU22300.00



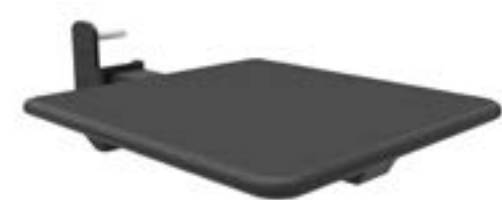
BATTLE ROPE / STORAGE ACCESSORY

Ref: ES17400.01



CORE TRAINER ACCESSORY

Ref: ES15200.01



PLYOMETRIC PLATFORM ACCESSORY

Ref: ES34200.00



ROPE SUPPORT ACCESSORY

Ref: ES34400.00