

Body Mind

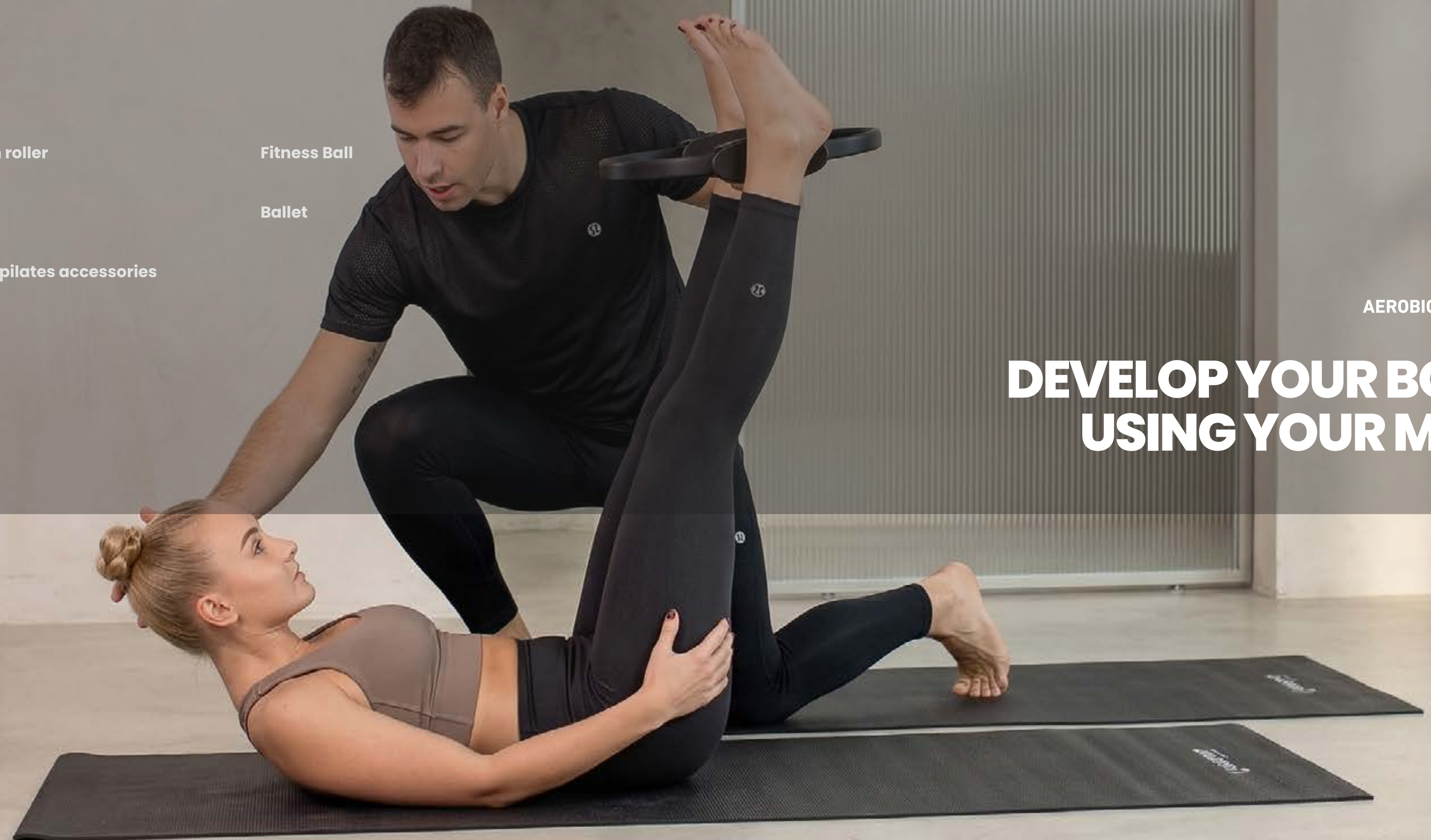
Foam roller

Fitness Ball

Mat

Ballet

Floor pilates accessories



AEROBIC & FITNESS EQUIPAMIENTO Y FORMACIÓN

DEVELOP YOUR BODY USING YOUR MIND

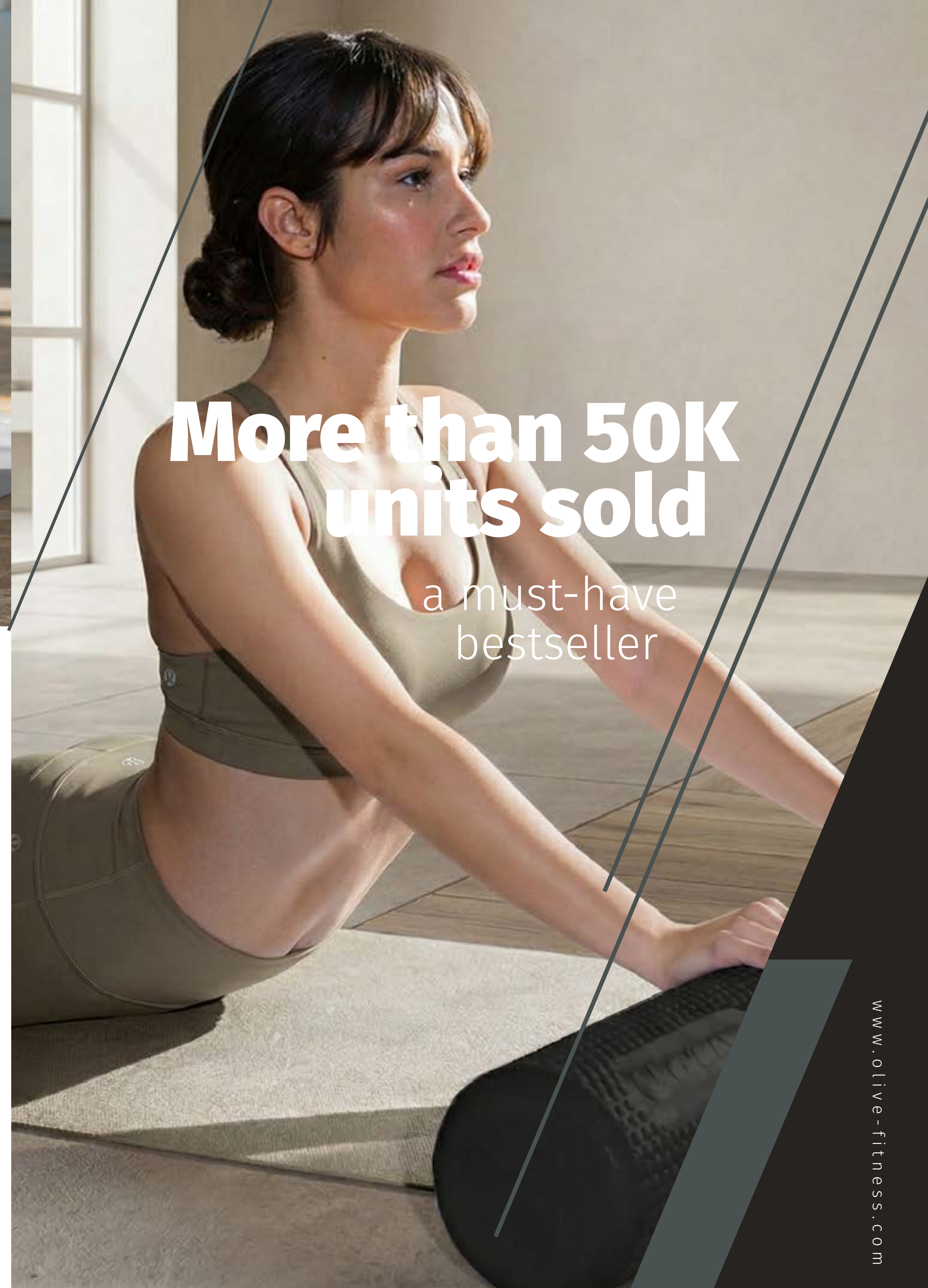
O'LIVE FOAM ROLLER

Ref: EN49004.01



More than 50K units sold

a must-have
bestseller



O'LIVE COMPAC FOAM ROLLER RACK

Ref: MU09200.01
Measure: 95 x 42 x 180 cm

Suitable for 91 cm long foam cylinders storage.



Cylinder roller made of high density EVA rubber (shore 30/35), a closed cell material with a textured surface that keeps its shape even with intense use. Great for Pilates and body mind sessions.

O'LIVE FOAM ROLLER HOLDER

Ref: EN11500.00
Measure: 97 x 20 x 8 cm
Capacity: 5 u

More than 50K units sold a must-have
bestseller



O'LIVE YOGA MAT, BLACK

Ref: CL02700.02
Measure: 172 x 61 x 0,3 cm

Mat made of PVC material, toxic free.



O'LIVE PREMIUM YOGA MAT,

Ref: CL03900.02
Measure: 183 x 60 x 0,45 cm

Top quality mat, more flexible and compact.



O'LIVE PILATES MAT, BLACK

Ref: CL02600.00
Measure: 180 x 61 x 1 cm

80 cm long, great for Pilates, body mind, etc.



O'LIVE COMPAC FOLDED MAT RACK, STAND UNIT

Ref: MU09100.01
Capacity: 20 U
Measure: 65 x 60 x 135

Mat rack made of compact material, suitable for storing Pilates or Yoga mats



O'LIVE FITNESS MAT

Ref: CL01500.00
Measure: 60 x 180 x 1,5 cm

Safe and comfortable mat, with SANITIZED certificate.



O'LIVE COMPAC FOLDED MAT RACK, WALL UNIT

Ref: MU09000.01
Capacity: 10 U
Measure: 65 x 30 x 20

Mat rack made of compact material, suitable for storing Pilates or Yoga mats





O'LIVE TONO BALL

Tono Balls are small balls with low weight that increase the intensity of the exercises by providing resistance. The tono balls are made of PVC with air and iron sand inside. They have a soft touch, and their small diameter makes them easy to use with one hand.

Ref:	BA09101.00	BA09102.01	BA09103.00
Measure:	ø 9,5 cm	ø 9,5 cm	ø 11 cm
Weight:	0.5 kg	1 kg	1.5 kg
Colour:	Violet	Negro	Grey

O'LIVE PILATES BALL

Ref:	BA09501.00	BA09502.01	BA09503.00
Measure:	ø 15 cm	ø 22 cm	ø 26 cm
Colour:	Violet	Grey	Dark Grey



The Pilates ball provides unstable support for activating deep stabilizing muscles. Its texture is smooth and velvety. It does not contain latex.

O'LIVE STABILITY CUSHION

Ref:	EN20200.02
Measure:	40 cm
Color:	Negro



Add a new layer of variety and functionality to your workouts by introducing the challenge of instability. This type of stimulus not only breaks the monotony but also engages more muscle groups, enhances balance, strengthens the core, and improves overall body awareness. By incorporating unstable surfaces into your sessions, you boost the effectiveness of each movement, making your body work in a more integrated and efficient way. Perfect for functional training and rehabilitation alike, instability introduces a dynamic element that elevates performance and helps prevent injuries.

O'LIVE PILATES COMPAC RACK

Ref:	MU09300.01	Measure:	85 x 57 x 180 cm
-------------	------------	-----------------	------------------

Rack made of compact material, suitable for storing Pilates equipment. It can store up to 20 balls, 40 tone balls, 26 pole rings and 20 cushions or blocks.



O'LIVE PILATES RING

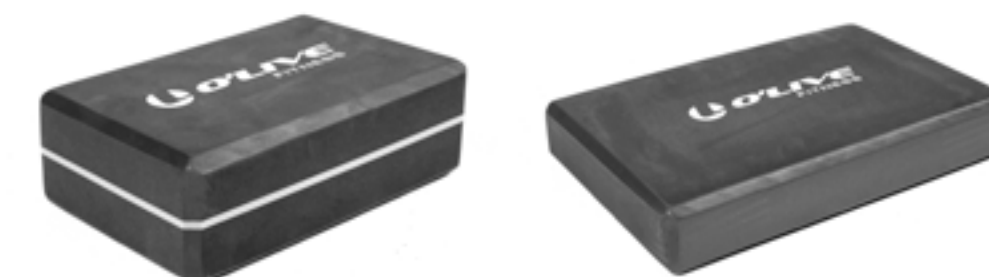
Ref:	PI13300.00
Measure:	ø 38,5 cm



It incorporates foam grips on the inside and outside of the ring, comfortable and hygienic.

O'LIVE YOGA BLOCK

Ref:	PI13500.01	PI13600.01
Measure:	15 x 23 x 8 cm	30 x 20 x 5 cm
Other:	Estandard	Grande



Great for performing exercises, expanding the possibilities and adapting it to the needs of yoga sessions learners.

O'LIVE YOGA WHEEL

Ref: PI20200.01
Measure: ø 33 X 13 cm

Great complement to diversify the Yoga or Pilates session. It is made of ABS plastic ensuring great rigidity and covered with EVA rubber for a soft and comfortable touch.



O'LIVE YOGA STRAP

Made of cotton with a buckle for greater security



Ref: PI13700.01
Measure: 190 cm
Colour: Black



O'LIVE FITNESS BALL 3 SHELF RACK

Compact, resistant and easy to clean. Suitable for Fitness Ball storage. Balls not included.

Ref:	MU01700.01	MU01800.00	MU01800.00
Measure:	220 x 45 x 275 cm	297 x 45 x 175 cm	297 x 45 x 175 cm
Capacity:	9 u	12 u	12 u
Color:	Dark grey	Light grey	Light grey
Material:	Compac	Phenolic	Phenolic



O'LIVE FITNESS BALL COMPAC RACK

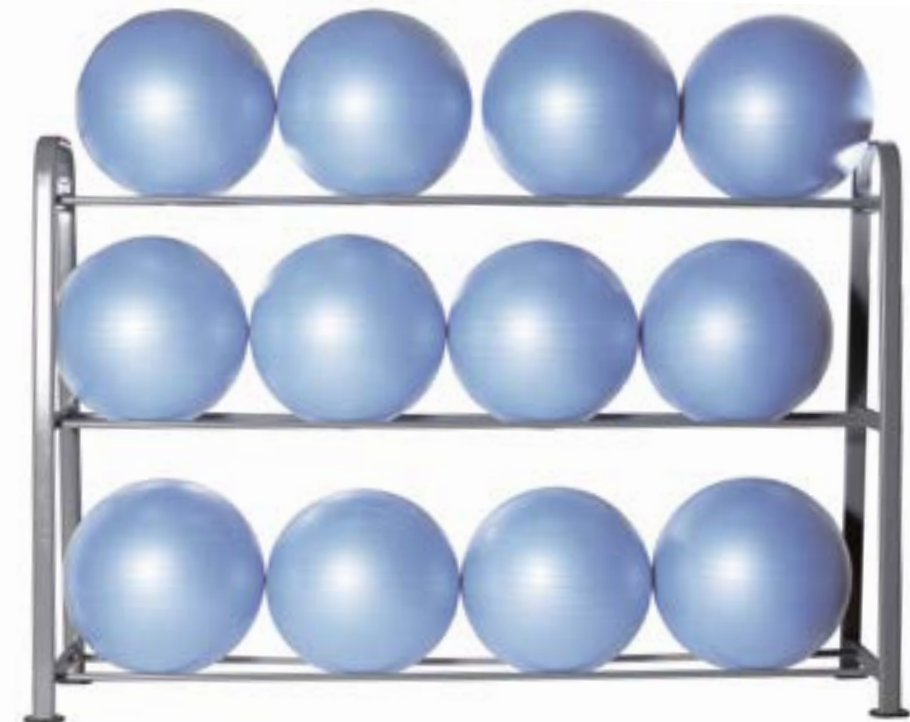
Compact, resistant and easy to clean. Suitable for storing fitness balls. Balls not included

Ref: MU01700.01
Measure: 220 x 45 x 275 cm
Capacity: 9 u
Colour: Dark grey
Material: Compac

O'LIVE FITNESS BALL RACK

Ref: MU06900.02

Suitable for storing up to 12 fitness balls. 75 cm Fitness Ball only fits on the top shelf. Balls not included.



O'LIVE FREE STANDING FITNESS BALL RACK

Suitable for 9 fitness balls. Balls not included.

Ref: MU06800.01
Measure: 127 x 180 x cm
Colour: Grey
Capacity: 9 u



O'LIVE FITNESS BALL WALL UNIT

Ref: MU17800.00
Measure: 102 x 40 x 12 cm
Capacity: 2 units

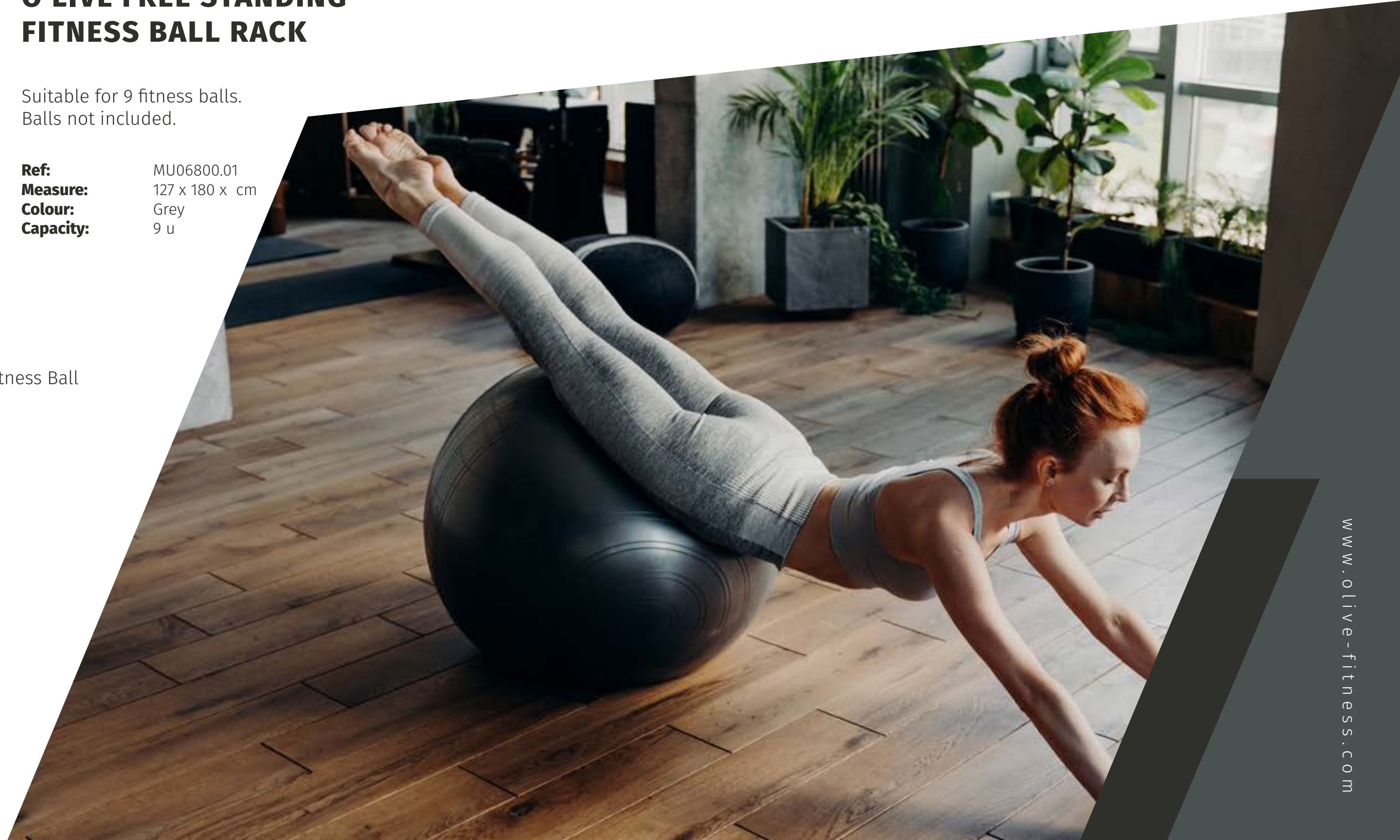
Ideal for storage of:
 2 Fitness Balls ϕ 55, ϕ 65 or ϕ 75.

O'LIVE BALL WALL RACK, 4 UNITS

Ref: MU09400.01
Measure: 263 x 40 x 20 cm



Ideal for storage of:
 5 Fitness Balls ϕ 55 and ϕ 65, or 4 Fitness Balls ϕ 75.



O'LIVE WOODEN PILATES POLE

Add variety to your Pilates workouts with O'Live Fitness high-quality, durable Pilates poles. A great tool for alignment, armwork, and more. Two lengths available.

Ref:	EN05601.00	EN05602.00
Measure:	120 x ø 3 cm	150 x ø 3 cm



O'LIVE WOODEN POLES RACK

Wood rack for wooden poles, store up to 20 poles.

Ref:	EN05700.00
Measure:	12 x 67 x 4 cm
Capacity:	20 u



O'LIVE ELASTIC BAND

Ref:	EL13001.00	EL13002.00	EL13003.00
Measure:	250 x 15 cm	250 x 15 cm	250 x 15 cm
Colour:	Yellow	Red	Green
Intensity:	Light	Medium	Hard



O'LIVE BALLET BAR PORTABLE SUPPORT

Standing metal support. Heavy square base to ensure stability. For the double barre model the distance between bars is 27 cm. Bars not included

Ref:	FI02401.00	FI02402.00
Measure:	30 x 30 x 90 cm	30 x 30 x 104 cm
Colour:	Grey	Grey
Other:	Simple	Doble



O'LIVE BALLET BAR FIXED SUPPORT

Standing metal support to fix ballet bars, the base has holes for floor fixing. For the double barre model the distance between bars is 27 cm. Bars not included.

Ref:	FI02501.00	FI02502.00
Measure:	15 x 15 x 90 cm	15 x 15 x 104 cm
Colour:	Grey	Grey
Other:	Simple	Doble





O'LIVE BALLET BAR

Made of Flanders wood, 45 mm in diameter. It can be adapted to different supports.



Ref:	FI02601.00	FI02602.00	FI02603.00
Measure:	100 cm	150 cm	200 cm

O'LIVE BALLET BAR WALL BRACKET SUPPORT

Metal wall bracket suitable to fix ballet bars. The distance bar to wall is 19cm and the distance between bars in the double barre model is 27 cm.



Ref:	FI02701.00	FI02702.00
Colour:	Grey	Grey
Other:	Simple Bar	Doble Bar



O'LIVE DOUBLE BAR SUPPORT WITH WHEELS COMBO

Ref:	FI05501.00	FI05502.00
Measure:	2 m	3 m

Two double supports with wheels and a Melis pine ballet bar set. The bars have a diameter of 40mm and the distance between bars is 19cm.



O'LIVE BALLET BAR ADJUSTABLE SUPPORT SET WITH WHEELS

Ref:	FI05601.00	FI05602.00
Measure:	2 m	3 m

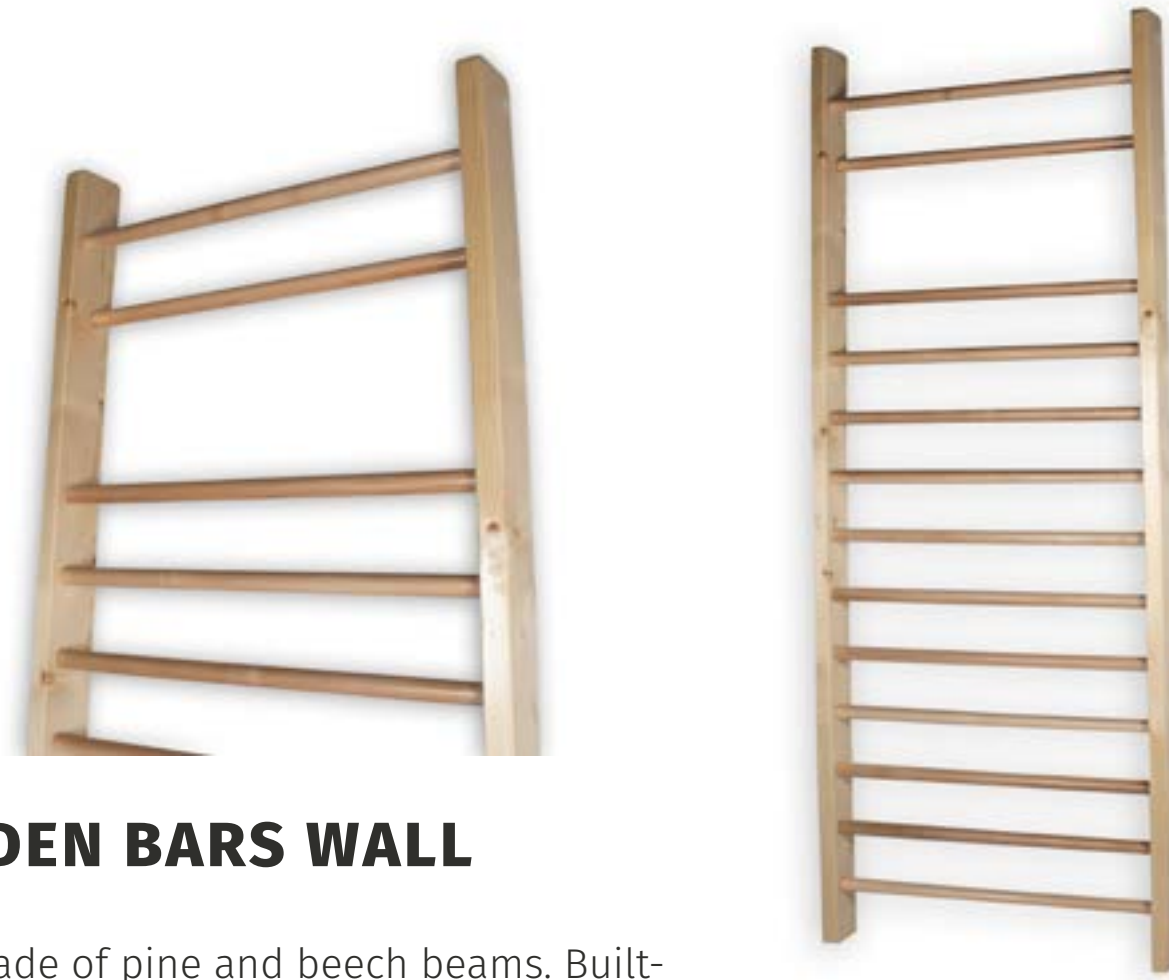
Two double adjustable supports with wheels and a Melis pine ballet barre set. The bars have a diameter of 40mm

O'LIVE PORTABLE MIRROR

Portable Mirror frame with wheels for easy placement.

Ref:	FI05700.00
Measure:	100x 53 x 190 cm





O'LIVE WOODEN BARS WALL

Wooden wall bars made of pine and beech beams. Built-in galvanized anchors. Manufactured as a single 1m wide piece. Available on three different heights. Wood and varnish customization. Screws not included. It is sold unassembled.

Ref: F109301.00
Measure: 230 x 100 x 10 cm

PULL-UP BAR FOR WALL BARS

Ref: F109400.00

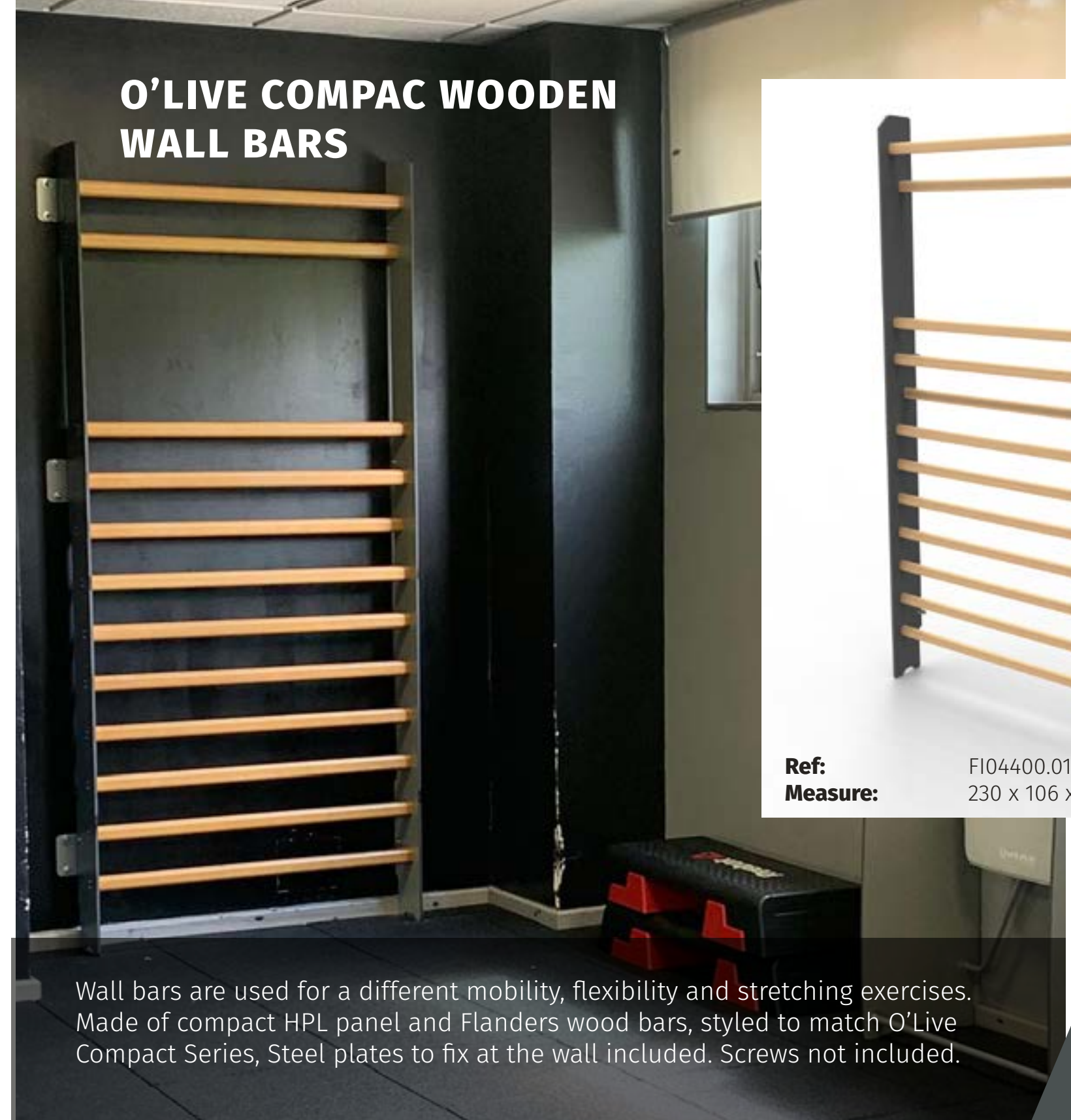


The O'Live Fitness pull-up bar is a compatible accessory for the F109301.00 wall bars, allowing you to expand the range of available exercises.

Designed to work both the arms and the back, this bar is the perfect complement to your training routines. If you want to make the exercises easier, you can use resistance bands. Its high-quality wooden structure and greased bars provide durability and unique properties. With easy installation and no need for assembly, you simply have to attach it to the wall bars. It is sold unassembled.



O'LIVE COMPACT WOODEN WALL BARS



Ref: F104400.01
Measure: 230 x 106 x 18 cm

Wall bars are used for a different mobility, flexibility and stretching exercises. Made of compact HPL panel and Flanders wood bars, styled to match O'Live Compact Series, Steel plates to fix at the wall included. Screws not included.

O'LIVE WOODEN TRELLIS

Made of pine wood with beech crossbars. Includes galvanized anchors. Possibility of manufacturing with different types of wood, varnishes, and dimensions. Does not include screws.

Ref: F102301.00
Measure: 100 x 10 x 230 cm
 F102302.00
 100 x 10 x 250 cm
 F102303.00
 100 x 10 x 270 cm

