



CLEANING AND SANITIZING GUIDELINE FOR PILATES EQUIPMENT



- Clean all surfaces before and after each use.
- Use soft damp cloth, wipe all upholstery with a blend of water and mild soap.

(1 tablespoon of mild soap is recommended for a litre of water.)

- Alcohol based cleaning products, baby wipes, bleach and harsh chemicals are NOT suitable for cleaning any part of your equipment.

How to clean your Reformer?

- Clean all surfaces before and after each use.
- Please wipe the carriage, foot bar, shoulder rests and head rest with a soft damp cloth before and after each use.



How to clean your Cadillac?

- Clean all surfaces before and after each use.
- Please wipe the carriage, push through bar, head rest, roll-up bar and trapeze swing with a soft damp cloth before after each use.



How to clean your Wunda Chair?

- Clean all surfaces before and after each use.
- Please wipe the upholstery, pedal and handles with a soft damp cloth before and after each use.

How to clean your Spine Corrector?

- Clean all surfaces before and after each use.
- Please wipe the upholstery and rubber handle with a soft damp cloth before and after each use.



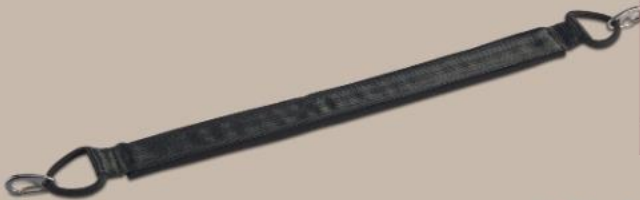


How to clean your F2 System?

- Use soft damp cloth, wipe the springs, carabiners, aluminum and rubber handles with a soft damp cloth before and after each use.
- Please wash straps on a gentle program on your machine and let them air dry. Tumble drying is not recommended.

How to clean your Mat?

- Clean the surface before and after each use.



Neoprene handles, foot straps, Fuzzies and ankle straps are machine washable. Please wash them on a gentle program on your machine and let them air dry. Tumble drying is not recommended.



*This guideline is only applicable for BASI Systems Pilates Equipment



Clean all surfaces after each use using a soft damp cloth, wipe all upholstery with a blend of water and mild soap. (1 tablespoon of mild soap is recommended for a litre of water.)



Alcohol based cleaning products, baby wipes, bleach and harsh chemicals are NOT suitable for cleaning any part of your equipment.



Do not spray any cleaning product directly on your equipment.



Please wipe the carriage, foot bar, push through bar and shoulder rests with a soft damp cloth after each use.



Please wipe and brush the carriage tracks periodically to keep it free from dust and hair.



Please wipe the carriage wheels periodically by running them on a damp cloth to keep them free from dust and grit.



Neoprene handles, foot straps, fuzzies and ankle straps are machine washable. Please wash them on a gentle program on your machine and let them air dry. Tumble drying is not recommended.



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