

CATALOGUE

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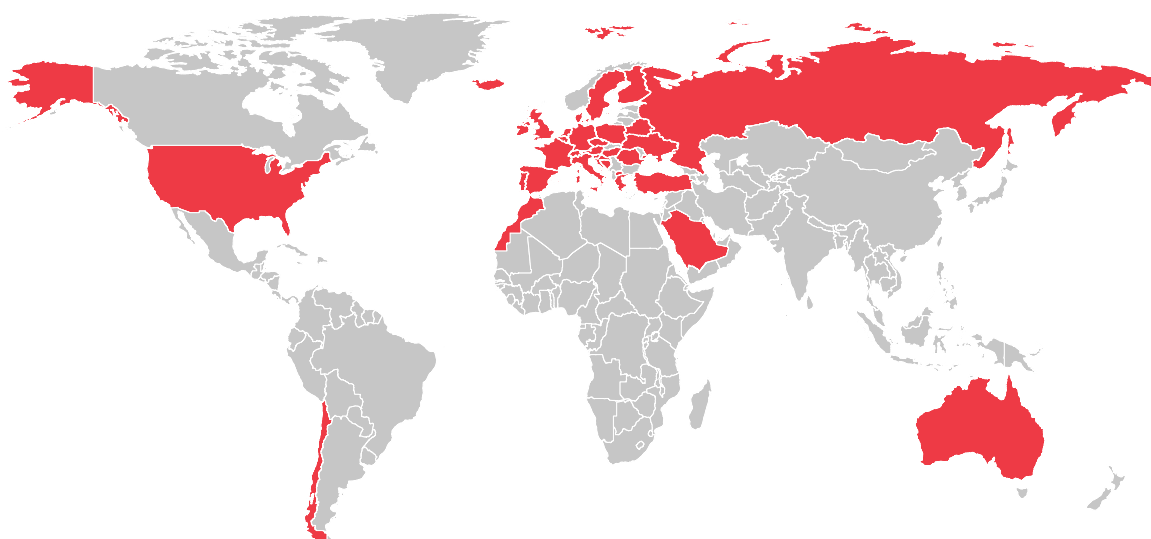


O'LIVE
FITNESS



O'LIVE FITNESS WORLDWIDE

We have direct world-wide presence in more than 40 countries in addition to distributors covering more than 60 countries. Our head office is located in Barcelona, Spain.



Our products are developed within a global context, by multicultural teams supported by regulatory experts with in-depth knowledge of the world's different health systems.

Products developed for an international market



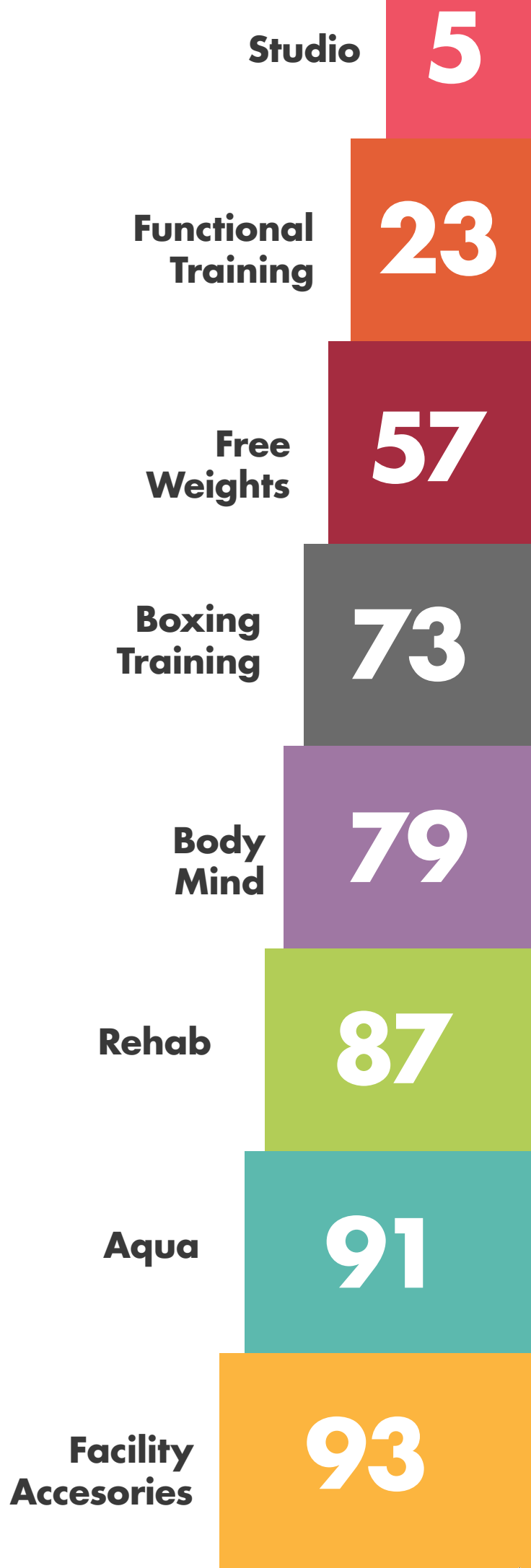
O'Live Fitness puts at your disposal many different references to hit the spot, mold your idea and make it a reality.

We have not changed, we have evolved, thanks to 29 years of experience in the market, as one of the first brands dedicated to design fitness products in Europe. Our concept takes a turn in favor of the client being able to develop turnkey projects.

Renew your space, give it a new air or just make it modern and functional with the latest solutions for the fitness world.

Think of **DESIGN, TRAINING AND TECHNOLOGY,**

Think **O'LIVE FITNESS**







Studio

POWER DISK	6	DUMBBELLS	12	LOOPS AND RESISTANCE TUBES	18
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STEPS AND STORAGE	10	MATS	16	KETTLEBELLS	22





Power Disk Compact Rack

Compact rack to store Power Disk complete sets, aiming for an innovative design. Its shape allows to allocate it next to a wall and make more efficient spaces. Compact, durable and easy to clean. Power Disks not included.

Ref.:	MU05000	MU05100
Dimensions:	91,5 x 50 x 131,7 cm	141,5 x 50 x 115,5 cm
Capacity:	10 sets	20 sets



Power Disk Rack

Oval shaped steel tube support, perfect to store Power Disks complete sets. Power Disks not included.

Ref.:	MU06000	MU06100
Dimensions:	66 x 66 x 158 cm	153 x 102 x 145 cm
Capacity:	12 sets	30 sets
Colour:	Grey	Grey



POWERDISK
by OLIVE FITNESS

Studio

new product

Complete Set Power Disk

The Power Disk set are available in two versions: one with a basic bar and one with a regular bar. Both includes iron discs covered by a rubber layer and a PVC central ring. These discs are specially designed to prevent rolling. Ergonomic easy grip for specific types of working out.

COMPLETE SET
2 x 1,25 kg discs
2 x 2,5 kg discs
2 x 5 kg discs
1 x basic or regular bar
2 x ø 3 cm clamps

Ref.: **ST24100.00** **ST13500**

Bar: ST239000.00 ST13700
Basic Regular

Power Disk Discs and Clamps Set

The set comes with:
2 x 1,25 kg discs
2 x 2,5 kg discs
2 x 5 kg discs
2 x ø 3 cm clamps

Ref.: **ST23800.00**

new product

Complete Lady Power Disk Set

The Complete Lady Power Disk Set are available in two versions: one with a basic bar and one with a regular bar. Both includes iron discs covered by a rubber layer and a PVC central ring. These discs are specially designed to prevent rolling. Ergonomic easy grip for specific types of working out.

LADY COMPLETE SET
2 x 1,25 kg discs
2 x 2,5 kg discs
1 x basic or regular bar
2 x ø 3 cm clamps

Ref.: **ST24200.00** **ST13600.01**

Bar: ST239000.00 ST13700
Basic Regular

Power Disk Discs and Clamps Lady Set

The set comes with:
2 x Orange 1,25 kg discs
2 x Red 2,5 kg discs
2 x ø 3 cm clamps

Ref.: **ST23600.00**



Power Disk Regular Bar

3 mm thick steel bar with a load capacity of 70 kg. Grip ø 36 mm. Pore less soft Surface non sweat absorbent.

Ref.: ST13700

Dimensions: ø 3 x 140 cm

Weight: 2,8 kg

new product

Power Disk Basic Bar

2 mm thick, painted steel bar, with a load capacity of 20 kg.

Ref.: ST23900.00

Dimensions: ø 3 x 140 cm

Weight: 1,7 kg



Power Disk Discs

Increase training difficulty by adding more weight to your exercises. Sold per units.

Ref.: ST13900

Weight: 5 kg

Colour: Burgundy

ST13800

Weight: 10 kg

Colour: Grey

Muscle Clamp

Suitable for ø 30 mm bars. Rubber inserts for a safe and easy joining without damaging the bar. Sold in pairs.

Ref.: PL17201



Chromed Clamps

Chromed clamps, suitable for ø 30 mm bars. Sold in pairs.

Ref.: ST13400



Training videos available



Sikloon Core Trainer

A versatile product that allows to diversify and redefine Power Disk sessions by introducing rotational exercises to the classic bar and disc training. Its possibilities are endless, giving the chance of creating different sessions that focus on core strengthening, agility, coordination and balance exercises.

The Sikloon takes advantage of both discs and bars commonly used at gyms and training centers to extend its function. Its compact size takes up little space. Sikloon Training exercise program available (not included).

Ref.: ST20001

Others: Bar: ø 30 mm

ST20002

Bar: ø 25 mm



Ankle Weight

Made of strong nylon, tightened by a velcro and buckle system. Sold in pairs. With an eyelet, for a quick and easy storage, padded reinforcement at the end, great for studio classes.



Ref.: ST20407

Weight: 0,5 kg
Colour: Green



Ref.: ST20401

Weight: 1 kg
Colour: Purple



Ref.: ST20408

Weight: 1,5 kg
Colour: Black



Ref.: ST20402

Weight: 2 kg
Colour: Blue



Ref.: ST20403

Weight: 3 kg
Colour: Red



Ref.: ST20404

Weight: 4 kg
Colour: Orange



Ref.: ST20405

Weight: 5 kg
Colour: Yellow



Ref.: ST20406

Weight: 6 kg
Colour: Black



Sliders

By using ø 20 mm O'Live sliders disc the feeling of an unstable surface will allow the user to simulate a wide variety of sliding exercises over a platform, making the movement smoother and with a natural flow.

Ref.: ST22101

Others: 1 pair

ST22103

Kit 10 pairs

ST22102

Kit 25 pairs + bag



Step Platform Compact Rack

Compact, resistant and easy to clean. Easy platform removal. Platforms not included (model without wheels).

Ref.:	MU03000
Dimensions:	113 x 50 x 200 cm
Capacity:	20 u



Step Risers Compact Rack

Compact, durable and easy to clean. Step risers not included.

Ref.:	MU03100
Dimensions:	81 x 51 x 25 cm
Capacity:	40 u



Professional Step Rack

Cart wheel model. Easy platform removal. Platforms not included.

Ref.:	MU07200
Dimensions:	113 x 47 x 196 cm
Capacity:	19 u
Colour:	Grey



Platform Step Risers Rack

Store the step risers stacked on the rack. Cart wheel model. Step risers not included.

Ref.:	MU07300
Dimensions:	86 x 46 x 10 cm
Capacity:	40 u
Colour:	Grey



Professional Step Elite Platform

The platform features a newly designed non-slip rubber and incorporates internal reinforcements that can withstand the most challenging classes. It incorporates 8 rubber bumpers for greater stability and grip on the ground. The height can be increased by adding risers. Risers not included.

Ref.: ST23400

Dimensions: 109 x 40 x 10 cm
Colour: Green



Professional Step Platform

The platform has a rough non-slip surface and incorporates internal reinforcements that allow it to withstand the most challenging classes. It incorporates 8 rubber bumpers for greater stability and grip on the ground. The height can be increased by adding risers.

Ref.: ST22300

Dimensions: 109 x 40 x 10 cm
Colour: Grey
Others: Platform

ST22600

Dimensions: 109 x 40 x 15 cm
Colour: Grey
Others: Platform + 2 risers

ST22700

Dimensions: 109 x 40 x 20 cm
Colour: Grey
Others: Platform + 4 risers



Profesional Step Risers

5 cm high for platform height adjustment. Sold per units.

Ref.: ST14100

Dimensions: 40 x 40 x 5 cm
Colour: Black



Vinyl Dumbbells

Coated by a layer of vinyl to protect the floor and the dumbbell itself. Easy to clean Sold in pairs.



Ref.: ST22201

Weight: 1 kg
Colour: Green



Ref.: ST22202

Weight: 2 kg
Colour: Yellow



Ref.: ST22203

Weight: 3 kg
Colour: Orange



Ref.: ST22204

Weight: 4 kg
Colour: Red



Ref.: ST22205

Weight: 5 kg
Colour: Purple



Compact Dumbbell Rack

Three trays to store any studio dumbbells, whether are vinyl or rubber. Compact, resistant and easy to clean. Dumbbells not included.

Each shelf can store up to:

- 8 pairs of 1 kg vinyl dumbbells or 6 pairs of 1 kg rubber dumbbells.
- 6 pairs of 2 kg vinyl dumbbells or 5 pairs of 2 kg rubber dumbbells.
- 5 pairs of 3 kg vinyl dumbbells or 4 pairs of 3 kg rubber dumbbells.
- 5 pairs of 4 kg vinyl dumbbells or 4 pairs of 4 kg rubber dumbbells.
- 4 pairs of 5 kg vinyl dumbbells or 3 pairs of 5 kg rubber dumbbells.

Ref.: MU15000

Dimensions: 32,2 x 30 x 100 cm



Vinyl Dumbbell Rack

Recommended setup: 18 pairs of 1 kg, 9 pairs of 2 kg, 8 pairs of 3 kg, 7 pairs of 4 kg and 3 pairs of 5 kg. It allows to secure the material with a padlock. Ask for information on the desired configuration. Dumbbells and padlock not included.

Ref.: MU06500

Dimensions: 82 x 54 x 108 cm



Body Bar

Steel bar covered by high quality foam, for a softer feel and a safer and more comfortable grip.

Ref.: ST13201 ST13202 ST13203 ST13204 ST13205

Dimensions:	120 cm	120 cm	120 cm	120 cm	120 cm
Weight:	2 kg	3 kg	4 kg	5 kg	6 kg
Colour:	Yellow	Orange	Red	Burgundy	Dark Grey



Compact Body Bar Rack

Compact, resistant and easy to clean. Can hold up to 30 bars. Bars not included.

Ref.: MU02400

Dimensions: 66 x 40 x 100 cm
Capacity: 30 u



Rubber Dumbbells

High quality virgin rubber coated dumbbells, Higher resistance and better ergonomics than vinyl dumbbells. Oval shaped design prevents them from sliding. Sold in pairs.



Ref.: ST20201

Weight: 1 kg
Colour: Green



Ref.: ST20202

Weight: 2 kg
Colour: Yellow



Ref.: ST20203

Weight: 3 kg
Colour: Orange



Ref.: ST20204

Weight: 4 kg
Colour: Red



Ref.: ST20205

Weight: 5 kg
Colour: Purple



Single Row Dumbbell Studio Compact Rack

The top shelf stores:

- 6 pairs 1 kg rubber dumbbells

The intermediate shelf stores:

- 5 pairs 1 kg, 2 kg or 3 kg of rubber dumbbells.

The bottom shelf stores:

- 4 pairs 1 kg, 2 kg, 3 kg, 4 kg or 5 kg of rubber dumbbells

Dumbbells not included.

Ref.: MU13500

Dimensions: 80 x 30 x 100 cm



Double Row Dumbbell Studio Compact Rack

The top shelf stores:

- 12 pairs 1 kg rubber dumbbells

The intermediate shelf stores:

- 10 pairs 1 kg, 2 kg or 3 kg of rubber dumbbells.

The bottom shelf stores:

- 8 pairs 1 kg, 2 kg, 3 kg, 4 kg or 5 kg of rubber dumbbells

Dumbbells not included.

Ref.: MU13600

Dimensions: 80 x 30 x 100 cm



Double Row Dumbbell Studio Compact Rack - Model 2

The top shelf stores:

- 10 pairs 1 kg, 2 kg or 3 kg rubber dumbbells

The intermediate shelf stores:

- 10 pairs 1 kg, 2 kg or 3 kg of rubber dumbbells.

The bottom shelf stores:

- 8 pairs 1 kg, 2 kg, 3 kg, 4 kg or 5 kg of rubber dumbbells

Dumbbells not included.

Ref.: MU13601.00

Dimensions: 80 x 30 x 100 cm

Rubber Dumbbell Kit with Storage Rack

Kit A set comes with:

- 6 x 1 kg pairs
- 5 x 2 kg pairs
- 4 x 3 kg pairs
- Single Row Dumbbell Studio Compact Rack (Ref.: MU13500)

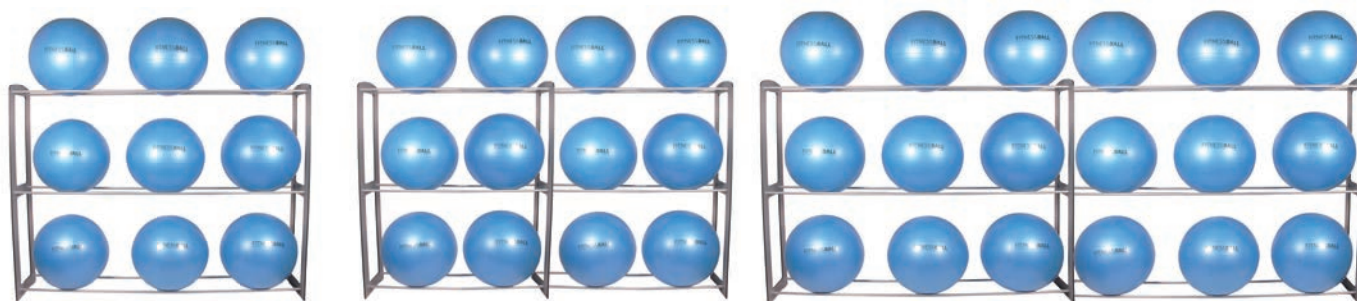
Ref.: ST20800

Rubber Dumbbell Kit with Storage Rack

Kit B set comes with:

- 12 x 1 kg pairs
- 10 x 2 kg pairs
- 8 x 3 kg pairs
- Double Row Dumbbell Studio Compact Rack (Ref.: MU13600)

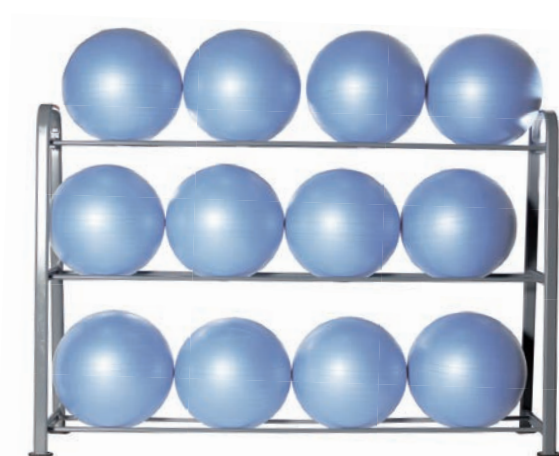
Ref.: ST20900



Compact Fitness Ball Rack

Compact, resistant and easy to clean. Suitable for storing fitness balls. Balls not included.

Ref.:	MU01700	MU01800	MU09500
Dimensions:	220 x 45 x 175 cm	297 x 45 x 175 cm	442 x 45 x 175 cm
Capacity:	9 u	12 u	18 u



Fitness Ball Rack

Suitable for storing up to 12 fitness balls. 75 cm Fitness Ball only fits on the top shelf. Balls not included.

Ref.:	MU06900
Dimensions:	270 x 65 x 180 cm
Capacity:	12 u
Colour:	Grey



Fitness Balls Compact Holding Rack

Great for storing up to 4 Fitness Balls. Screwed on the wall at any desired height. Balls not included.

Ref.:	MU09400
Dimensions:	292 x 42 x 15 cm



Fitness Ball

Made of "Flexton silpower ®" exclusive material, soft and velvety surface. Manufactured in Europe with CE and medical certification. Holds up to 400 kg. Anti-Burst system. Latex free.



Ref.:	BA06802	BA06813	BA06816	BA06819	BA06822	BA06825	BA06806	BA06814	BA06817
Dimensions:	ø 55 cm	ø 55 cm	ø 55 cm	ø 55 cm	ø 55 cm	ø 55 cm	ø 65 cm	ø 65 cm	ø 65 cm
Colour:	Blue	Green	Orange	Red	Purple	Grey	Blue	Green	Orange

Ref.:	BA06820	BA06823	BA06826	BA06810	BA06815	BA06818	BA06821	BA06824	BA06827
Dimensions:	ø 65 cm	ø 65 cm	ø 65 cm	ø 75 cm	ø 75 cm	ø 75 cm	ø 75 cm	ø 75 cm	ø 75 cm
Colour:	Red	Purple	Grey	Blue	Green	Orange	Red	Purple	Grey



Foot Pump

Foot pump to inflate any kind of balls with ease, using the appropriate mechanism.

Ref.: BA00400



Hand Pump

Hand pump to inflate any kind of balls with ease, using the appropriate mechanism.

Ref.: BA00500



Super Pump

Super pump to inflate any kind of balls with ease, using the appropriate mechanism.

Ref.: BA00600



Ball Plug

Plug for fitness and pilates balls.

Ref.: BA01000



Fitness Ball Dish

Offers an easy way to store the fitness balls, can also be used to make exercises easier.

Ref.: BA00300



Stopper Ball

To keep the fitness balls stable. Suitable for ø 42 to ø 82 balls.

Ref.: BA00900



Needle Pump

Needle mechanism to inflate balls (medicine balls, slam balls, etc.)

Ref.: BA00100



Plug Extractor

Ball plug extractor for fitness balls.

Ref.: BA00800



Mat Rack

Suitable for any eyelet mat width. Holds up to 30 mats. Cart wheel model. Mats not included.

Ref.: MU07000

Dimensions: 72 x 60 x 166 cm

Capacity: 30 u



Mat Compact Rack

Fixable mat support arms, easy to clean and resistant. Adjustable brackets capacity: up to 20 mats of 1 cm thick. Mats not included.

Ref.: MU04200

Dimensions: 78 x 35 x 160 cm

Capacity: 20 u



Compact Adjustable Hanger

The supports are adjustable. Screwed on the wall at any desired height.

Ref.: MU04100

Dimensions: 75 x 24,5 x 15 cm

Capacity: 20 u



Mats Hanger

Specially made for 10 units Fitness Gym mats or 20 units O'Live EVA mats, Distance between eyelets: 50 cm long.

Ref.: MU04000

Dimensions: 51 x 26 cm



Vinyl Mat

PVC made mats, rather soft feeling, light and easy to clean. Metal eyelets. Distance between eyelets: 39,5 cm.

Ref.:	CL00501
Dimensions:	100 x 50 x 0,9 cm
Colour:	Grey



Fitness Mat

Made of EVA foam. Suitable for different Fitness room class activities. Non-metallic eyelets. Distance between eyelets: 35 cm.

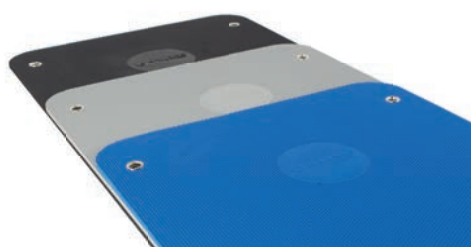
Ref.:	CL00600
Dimensions:	120 x 50 x 1 cm
Colour:	Blue



Fitness Mat

Safe and comfortable. With SANITIZED system, bacterial and fungi prevention. Non porous and easy to clean. Without eyelets.

Ref.:	CL01500
Dimensions:	180 x 60 x 1,5 cm
Colour:	Blue



Eva Mat

EVA foam mats. Ideal for all types of use, being one of the most versatile mats on the market. Flat bottom layer for a higher grip and textured upper layer to reduce slipping. Excellent durability. Metallic eyelets for storage, distance between eyelets: 50 cm.

Ref.:	CL03601	CL03602	CL03603
Dim.:	140 x 60 x 0,7 cm	140 x 60 x 0,7 cm	140 x 60 x 0,7 cm
Colour:	Grey	Blue	Black



Freeflex Mat

Soft touch, with "Sanitized" certification. Recommended for personal training, body mind, stretching environments, etc. Metal eyelets. Distance between eyelets: 48,5 cm.

Ref.:	CL00403	CL00404	CL00405
Dimensions:	140 x 60 x 1 cm	140 x 60 x 1 cm	140 x 60 x 1 cm
Colour:	Blue	Red	Grey



Elastic Band

Ref.:	EL13001	EL13002	EL13003	EL13004
Dimensions:	15 x 250 cm	15 x 250 cm	15 x 250 cm	15 x 250 cm
Intensity:	Light	Medium	Strong	Extra strong
Colour:	Yellow	Red	Green	Blue



Non Stop Elastic Band

"Non Stop" technology with great resistance and durability, reinforced to not break after cuts on the band.

Ref.:	EL14701.00	EL14702.00	EL14703.00	EL14704.00
Dimensions:	15 x 250 cm	15 x 250 cm	15 x 250 cm	15 x 250 cm
Intensity:	Light	Medium	Strong	Extra strong
Colour:	Yellow	Red	Green	Blue



Loops

Elastic Loops recommended to train the lower body, gaining strenght and balance.

Ref.:	EL06201	EL06202	EL06203
Dimensions:	28 x 2,4 cm	28 x 2,4 cm	28 x 2,4 cm
Intensity:	Medium	Strong	Light
Colour:	Red	Green	Yellow



Loops XL

Comfortably adapt to the upper and lower body, thanks to its greater width, allowing hip, legs and arm muscles training.

Ref.:	EL14301	EL14302	EL14303	EL14304
Dimensions:	28 x 5 cm	28 x 5 cm	28 x 5 cm	28 x 5 cm
Intensity:	Light	Medium	Strong	Extra strong
Colour:	Yellow	Green	Red	Blue

Textile Elastic Band

Made with Jacquard stretch fabric, that delivers great breaking resistance. Each band has 9 loops, the central being 25 cm for work with both legs and with a total distance of 115 cm.

Ref.:	EL14401	EL14402	EL14403
Intensity:	Light	Medium	Strong
Colour:	Green	Yellow	Orange



new product

Textile Loops

They offer all the advantages of a versatile and flexible strength training device, textile loops are great for small muscle chain training, made of natural skin-friendly rubber materials. More resistant (and less likely to break) than common loops. Latex free.

Ref.:	EL14601.00	EL14602.00	EL14603.00	EL14604.00
Intensity:	Light	Medium	Strong	Extra strong
Colour:	Yellow	Green	Orange	Blue



Resistance Elastic Tube

100% natural high quality rubber. Slightly flexible, breathable and ergonomic grip. It incorporates partial nylon cover for additional protection.

Ref.:	EL08101	EL08102	EL08103	EL08104
Intensity:	Light	Medium	Strong	Extra strong
Colour:	Yellow	Green	Red	Blue



Resistance Elastic Tube Plus

100% natural rubber. Slightly flexible, breathable and ergonomic grip. Nylon cover for extra protection against rash, humidity and dryness. Impact protection in case of breakage.

Ref.:	EL08201	EL08202	EL08203	EL08204
Intensity:	Light	Medium	Strong	Extra strong
Colour:	Yellow	Green	Red	Blue



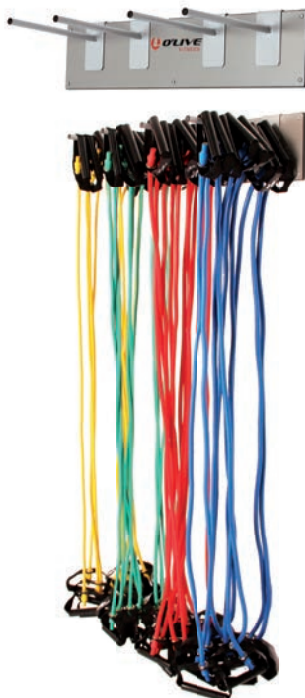


Compact BOSU® Rack

Rack designed to store up to 7 BOSU® balance trainers on its different versions. Bosus not included.

Ref.: MU08500

Dimensions: 69 x 60 x 220 cm
Capacity: 7 u



Multiple Elastic Tube Compact Holder

Suitable to store up to 40 elastic tubes, or other materials such as ropes, loops, etc. To be screwed on the wall at the desired height. Elastics not included.

Ref.: MU04400

Dimensions: 70 x 24,5 x 15 cm
Capacity: 40 u



Tubes or Ropes Rack

Standing support ideal to store resistance tubes or jump ropes. Can hold up to 80 tubes. Equipment not included.

Ref.: MU11900

Capacity: 80 u
Colour: Grey



Single Elastic Tube Compact Holder

Suitable to store up to 10 elastic tubes, or other materials such as ropes, loops, etc. To be screwed on the wall at the desired height. Elastics not included.

Ref.: MU04300

Dimensions: 12 x 24,5 x 15 cm
Capacity: 10 u



Multiple Rack Ball Shelf

The balls shelf can store up to 4 functional balls, 6 medicine balls or 2-3 fitness balls depending on the diameter. Shelf suitable for Multiple Rack or O'Live Functional Rigs.

Ref.: MU15800

Dimensions: 168 x 26 x 15 cm



Multiple Rack Versatile Shelf

Shelf to store mats, tubes, ankle weights, etc. It comes with 4 supports, allowing to store up to 40 mats (1 cm thick) or 40 elastic tubes. Possibility to add more supports (MU15600). Shelf suitable for Multiple Rack or O'Live Functional Rigs.

Ref.: MU15900

Dimensions: 168 x 21 x 14 cm

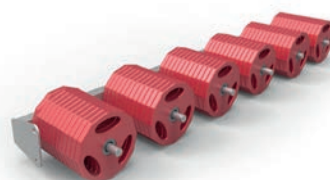


Multiple Rack Small Flat Shelf

Flat shelf perfect to store Kettlebells, slam balls, sand discs or studio dumbbells. Shelf suitable for Multiple Rack or O'Live Functional Rigs.

Ref.: MU15400

Dimensions: 168 x 26 x 15 cm

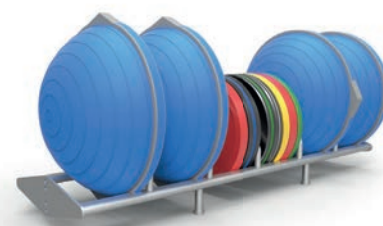


Multiple Rack Power Disk Shelf

Shelf to store up to 9 Power Disk complete set discs. Shelf suitable for Multiple Rack or O'Live Functional Rigs.

Ref.: MU16000

Dimensions: 168 x 35 x 15 cm

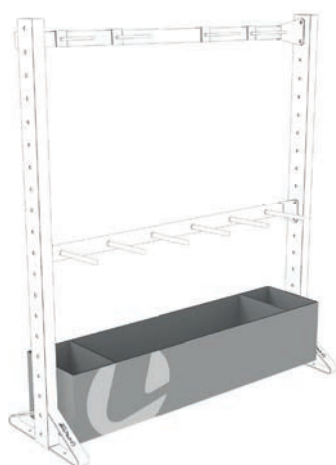


Multiple Rack Plates/Bosus Shelf

Shelf for storing bumper plates or balance trainers. Suitable for "O'Live Multiple rack" or any O'Live Fitness functional cage. Holds up to 6 Balance trainers. Capacity will vary on the bumper plates depending on their sizes.

Ref.: MU16300

Dimensions: 168 x 48 x 20 cm

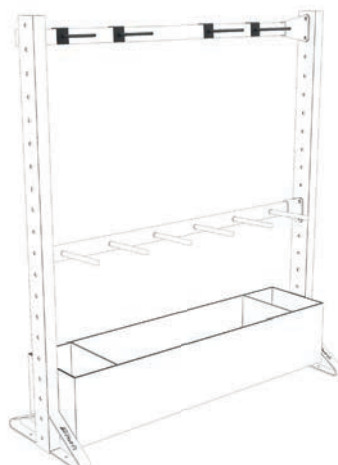


Multiple Rack Box Shelf

Box shelf, ideal to store Power Disk bars and clips. It can be used to store other products such as bands, ropes, etc... Shelf suitable for Multiple Rack or O'Live Functional Rigs.

Ref.: MU15500

Dimensions: 168 x 30 x 40 cm



Multiple Rack Versatile Shelf Supports

The support can be added to the versatile shelf (Ref:MU15900) as to increase capacity.

Ref.: MU15600

Dimensions: 30 x 6 x 7,5 cm



Multiple Rack Column

Supports to hold the shelves. Each Multiple Rack requires at least two columns. Sold per units.

Ref.: MU16400

Dimensions: 6 x 62 x 205 cm



Vinyl Kettlebell

Made of cast iron and coated with vinyl, to give it an extra protection and to simplify the weight identification.

Ref.:	EN51201	EN51202	EN51203	EN51204
Weight:	4 kg	6 kg	8 kg	10 kg
Colour:	Green	Yellow	Orange	Red

Ref.:	EN51205	EN51206	EN51207
Weight:	12 kg	16 kg	20 kg
Colour:	Burgundy	Purple	Grey



Compact Kettlebell Rack

Made of compact aiming for an innovative design. Shaped specially to be set next to the wall for space efficiency. Kettlebells not included.

Ref.:	MU05400
Dimensions:	80 x 35 x 70 cm
Capacity:	10 u



Kettlebell Rack

Rack made of oval steel, can hold up to 10 kettlebells (depending on the weight). Kettlebells not included.

Ref.:	MU06400
Dimensions:	129 x 53 x 81 cm
Colour:	Grey



Flex Bar

Fiber glass bar with rubber weights at both ends. Balancing the bar cause vibrations to stimulate the deep muscles of the body. 160 cm long, approximate weight 0,5 kg.

Ref.:	EN19200
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Flex Bar Compact Rack

For flex bar storage, Flex Bars not included.

Ref.:	MU09800
Dimensions:	80 x 11 x 1 cm
Capacity:	20 u

Functional Training



FUNCTIONAL RIGS	24	FUNCTIONAL TIRES	34	PLYOMETRIC BOXES	42	SLIDING PLATFORM	48
FUNCTIONAL RIGS ACCESSORIES	28	FUNCTIONAL BAGS	36	RESIST TRAINING	44	SUSPENSION TRAINING	51
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ROPES	34	FUNCTIONAL BENCHES	40			SPEED TRAINING	56



O'Live Functional Rigs



**FUNCTIONAL RIGS
DESIGNED TO DELIVER
THE BEST RESULTS**

O'Live Functional Rigs range, visualize our company focus to functional training, combining demanding workout routines with the right supervision, O'Live Functional Rigs have been specially designed to get the best results from every user.



**O'Live Fitness has everything you
need to make your project come
true, with "turnkey" solutions**



Functional Training



Selfstanding option, No wall fixing required.



new product

SELF STANDING RACKS A NEW SOLUTION THAT COMBINES STORAGE AND FUNCTIONALITY

One and One+ Functional Rigs provide a complete training zone, lots of storage space and multiple solutions that can be adapted to any club, gym or training center. Thanks to inhouse design and local manufacturing.



Design and manufactured in Spain, UE.



A COMPLETE TRAINING SPACE, EVEN ON THE LEAST EXPECTED PLACES.

The All in FCS fitness containers can be designed to your liking and personalized according to your needs. This type of solution can hold all the amenities. A nice solutions for all type of facilities that want to optimize their outdoor areas. (Outdoor customization and product treatment options available).

BOXINGRAIL



NO SPACE? SUSPENSION TRAINING, BOXING OR CLASSES?

A solution focused on all types of gyms with multifunctional rooms. Endless possibilities suitable to any training space. Also a great solution for fitness centers that have tabata boxing classes, fit boxing, or other Boxing modalities. with the option of moving the bags for storage, leaving the area free for other activities.

Functional Training



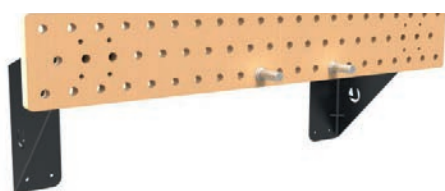
EFFECTIVE GROUP CROSS TRAINING SESSIONS

Cross Training is not a fashion statement, it came to stay, combines free weight, corporal weight and cardio exercises to get in shape, is the perfect recipe for a healthy lifestyle. FCS range has been designed to fit perfectly on Cross Training and Functional Traing Zones and meet client expectations.



Deliver more to your clients by adding these accessories to O'Live Functional Rigs

Functional Rigs Accessories



XL Peg Board

42 mm birch wood surface extra wide with two high quality aluminum handles. Wall hangers not included.

Ref.: ES26700

Dimensions: 201 x 4,2 x 30 cm



Gauze Climbing Rope

ø 40 mm rope, made of sisal natural fibers. Great for O'Live FCS functional rigs, thanks to its right lenght.

Ref.: ST21200

Dimensions: ø 4 x 500 cm



Peg Board

42 mm birch wood surface, with two high quality aluminum handles. Wall hangers not included.

Ref.: ES22800

Dimensions: 120 x 4,2 x 46 cm



Peg Board Wall Support

Screws not included.

Ref.: EN52700



Medicine Balls

Made of rubber, surface shaped for better grip. Product note: not suitable for slamming, this may cause product surface wears off.

Ref.:	BA09001	BA09002	BA09003	BA09004	BA09005	BA09006	BA09007	BA09008	BA09009	BA09010
Dimensions:	ø 17 cm	ø 17 cm	ø 19 cm	ø 19 cm	ø 19 cm	ø 25 cm	ø 25 cm	ø 25 cm	ø 25 cm	ø 25 cm
Weight:	1 kg	2 kg	3 kg	4 kg	5 kg	6 kg	7 kg	8 kg	9 kg	10 kg
Colour:	Green	Yellow	Orange	Red	Purple	Maroon	Grey	Black	Orange	Red



new product

Medicine Balls with Handles

Made of rubber, PVC Free, with two handles for better grip and easy exercise execution.

Ref.:	BA09206.00	BA09201.01	BA09202.01	BA09203.01	BA09204.01	BA09205.01	BA09207.00	BA09208.00
Weight:	3 kg	4 kg	5 kg	6 kg	7 kg	8 kg	9 kg	10 kg



Slam Balls

Slam balls are made of rubber and filled with sand. They are more resistant than traditional medicine balls and can be thrown with force against the ground. No rebound action. Surface shaped for better grip. Suitable for cross training and high intensity fitness activities.

Ref.:	BA08901	BA08902	BA08903	BA08904	BA08905	BA08906	BA08907	BA08908
Dimensions:	ø 22 cm	ø 22 cm	ø 22 cm	ø 29 cm	ø 29 cm	ø 29 cm	ø 29 cm	ø 29 cm
Weight:	3 kg	6 kg	9 kg	12 kg	15 kg	20 kg	25 kg	30 kg



Medicine Ball Rebounder

Medicine ball bouncing surface. Improve reflex and muscle core strenght while burning calories. Product angle variation for different exercises. Olympic disc support and cover included.

Ref.: EN47800

Dimensions: 100 x 100 x 95 cm



Compact Medicine Ball Rack

Suitable for medicine balls, medicine balls with handles or functional balls storage. Compact, resistant and easy to clean. Balls not included.

Ref.:	MU03900	MU03700	MU03800
Dimensions:	110 x 35 x 130 cm	37 x 35 x 130 cm	62 x 35 x 130 cm
Capacity:	20 - 25 med. balls	5 med. balls or 4 func. balls	10 med. balls or 8 func. balls



Standing Medicine Ball Rack

Suitable for medicine balls and functional balls storage. Balls not included.

Ref.: MU06200

Dimensions: 65 x 47 x 145 cm

Capacity: 5 med. balls or 4 func. balls

Colour: Grey



Made of soft
touch and easy
grip materials



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Functional Ball

Soft textile surface, nice feel. Shock absorber, specially made for throwing. No rebound action. Note: Not suitable for slamming, this may cause product surface wear off.

Ref.:	BA06501	BA06502	BA06503
Weight:	3 kg	5 kg	7 kg
Colour:	Green	Orange	Maroon
Ref.:	BA06504	BA06505	BA06506
Weight:	9 kg	4 kg	6 kg
Colour:	Grey	Yellow	Red
Ref.:	BA06507	BA06508	
Weight:	8 kg	10 kg	
Colour:	Purple	Black	

Note: Both Functional balls are not suitable for slamming, this may cause product surface wear off.



new product

Mini Functional Ball

Made of a new textile surface, better grip and smaller size, used on a wide range of functional exercises. No rebound action. Note: Not suitable for slamming, this may cause product surface wear off.

Ref.:	BA10001.00	BA10002.00	BA10003.00
Weight:	1 kg	2 kg	3 kg
Colour:	Light Blue	Green	Yellow
Ref.:	BA10004.00	BA10005.00	BA10006.00
Weight:	4 kg	5 kg	6 kg
Colour:	Orange	Red	Burgundy
Ref.:	BA10007.00	BA10008.00	BA10009.00
Weight:	7 kg	8 kg	9 kg
Colour:	Purple	Blue	Grey
Ref.:	BA10010.00		
Weight:	10 kg		
Colour:	Black		

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The best accesories for O'Live most versatile training station: Functional Tower

O'Live new functional tower has been specially designed to complete small or big training zones, a great companion for personal training studios.

O'Live functional tower is the perfect tool to add solutions and deliver the functionality of a fully workable training station.



Multi-Grip Pull Up Bar
Ref.: EN41000.01



FRONT	SIDE	BACK
✗	✓	✗

Multi Use Arm
Ref.: ES16400



✓	✓	✓
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Wall Ball Target
Ref.: ES16600



✓	✓	✓
---	---	---

Fix Dip Station
Ref.: ES22600



✓	✓	✓
---	---	---

Infinite Rope Training Station
Ref.: ES17800



✓	✓	✓
---	---	---

Elastics Ring Attachment
Ref.: ES17700



✓	✓	✓
---	---	---

Elastics Storage
Ref.: ES17900



✓	✓	✓
---	---	---

Superband Training Station
Ref.: ES18100



✓	✗	✓
---	---	---

Fixed Core Trainer
Ref.: ES15200



✓	✓	✓
---	---	---

Core Trainer Bar
Ref.: ES15300



✓	✓	✓
---	---	---

Battle Rope Attachment
Ref.: ES17400



✓	✓	✓
---	---	---

Disc storage attachment
Ref.: ES17200



✓	✓	✓
---	---	---

Training space for up to 4 athletes

Combine Functional tower accesories for an optimal training routine with different options.

Functional Training



Functional Tower

Functional training station reduced to fit even on the smallest spaces. It accepts a great variety of accesories, allowing the customization of the training options based on the needs. It is suitable for fitness rooms, functional areas, personal training areas or rehab. Offering the chance of simultaneous training up to 4 users.



Ref.: ES30300.00

Dimensions: 38 x 52 x 250 cm



Battle Ropes

O'Live battle ropes are manufactured with a twisted black nylon of 38 mm, safe and non skin wear. On the ends they have a heat sealed treatment that guarantees the rope doesn't unravel, and provides with a safe and comfy grip.

Ref.:	EN50201	EN50202	EN50203
Dimensions:	9 m	12 m	15 m



Nylon Covered Battle Rope

O'Live battle ropes are manufactured with a twisted black nylon of 38 mm. On the ends they have a heat sealed treatment that guarantees the rope doesn't unravel, and provides with a safe and comfy grip. The nylon sleeve offers higher resistance and a better look of the rope.

Ref.:	EN50801	EN50802
Dimensions:	ø 3,8 x 900 cm	ø 3,8 x 1200 cm



Climbing Rope

Rope with a metallic ring on its end to allow the attachment on the ceiling or on a wall support. Made of twisted sisal for a perfect grip.

Ref.:	ST22500
Dimensions:	ø 3,8 x 600 cm



Battle Rope Anchoring Protector

Protects the rope from the friction and wearing off, furthermore it lengthens the rope adding difficulty. Increases the useful life of the product. Includes: rope protection, two straps and a carabiner.

Ref.:	EN50900
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Compact Support for Battle Rope

Phenolic support to be screwed on the wall suitable for the storage of a battle rope. Screws not included.

Ref.:	MU10100
Dimensions:	70 x 19,5 x 15 cm



Functional Training



new product

Square Functional Tyre

It can be flipped, rolled, lifted, pushed and pulled thanks to its grip straps placed on various sides. Its squared shape gives an improved control as it reduces the unpredictable movement. Filled with foam to provide security to the user. Exchangable grips. Note: not suitable to be hit.

Ref.:	EN54501.00	EN54502.00	EN54503.00
Weight:	40 kg	60 kg	80 kg
Colour:	Green	Orange	Red



new product

Strongman Sandbags

The strongman sandbags are a versatile alternative to the weight stones. Made of "Cordura Nylon 1000D", its double sewing is highly resistant, resisting for occasional drops.

Ref.:	EN54301.00	EN54302.00	EN54303.00
Weight:	45 kg	65 kg	90 kg

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Strenght and resistance work

Functional Training

Functional Bag

Made of high quality synthetic leather, it is firm and resistant. Have 6 ergonomic grips for increased versatility and comfiness. Non suitable to be dropped on the floor.



Ref.: EN47401
Weight: 5 kg
Colour: Yellow



Ref.: EN47402
Weight: 10 kg
Colour: Orange



Ref.: EN47403
Weight: 15 kg
Colour: Red



Ref.: EN47404
Weight: 20 kg
Colour: Purple



Ref.: EN47405
Weight: 25 kg
Colour: Grey



Functional Bag Rack

Suitable to store functional bags. Functional bags not included.

Ref.: MU10500
Dimensions: 70 x 67 x 150 cm
Capacity: 5 u
Colour: Grey



Compact Functional Bags Rack

Suitable to store functional bags. Compact, resistant and easy to clean. Functional bags not included.

Ref.: MU11700
Dimensions: 92 x 60 x 165 cm
Capacity: 12 u
Colour: Grey



Shoulder Bag

Perform dynamic and ballistic movements with the usual front grips. Incorporated back handles for greater versatility and exercise options.

Ref.: EN40901 EN40902 EN40903 EN40904 EN40905

Weight: 5 kg	8 kg	12 kg	15 kg	18 kg
Colour: Yellow	Orange	Red	Purple	Grey



AB Wheel

AB Wheel can be used for a great variety of strength dynamic exercises for the upper and lower body. The O'Live AB Wheel it allows, not only being used with the arms, but with the feet as well, increasing this way the diversity of possible exercises.

Ref.: EN33800



Core Wheels

Increases core strength and improve flexibility with more push-up variations. Sold in pairs.

Ref.: EN33700



new product

Balance Board

With handles to be safely used during floor exercises.

**Ref.: EN54700.00**

Dimensions: ø 40 x 8 cm



Storage Cage

Steel construction with cart wheels. For storage of different materials such as functional bags or boxing accessories. Material not included.

Ref.: MU09900

Dimensions: 135 x 65 x 78 cm

Colour: Grey



Clubbells

Its length, weight and mass displaced center create a leverage that improves wrist strength and grip. Sold in pairs.

Ref.:	EN39101	EN39102	EN39103	EN39104	EN39105	EN39106
Weight:	2 kg	4 kg	6 kg	8 kg	10 kg	12 kg
Others:	ø Handle: 17 mm	ø Handle: 25 mm	ø Handle: 29 mm	ø Handle: 32 mm	ø Handle: 32 mm	ø Handle: 35 mm



Clubbells Rack

Steel construction with a protective rubber base. Stores up to 6 pairs of Clubbells, 1 pair of each weight.

Ref.: MU12000

Capacity: 6 pairs



**Better touch
and grip**

Sand Disc

Made of durable and flexible neoprene. Useful to increase core muscles strenght. Marked edge for a better grip.

Functional Training



Ref.:	EN47501	EN47502	EN47503	EN47504	EN47505	EN47506
Weight:	2 kg	4 kg	6 kg	8 kg	10 kg	12 kg
Colour:	Green	Yellow	Orange	Red	Maroon	Purple



Weight Vest

Add resistance to your exercices by adding weight to the vest. Weights perfectly fixed by velcro fasteners. Front and back vest pockets for an even weight distribution.

6 + 6 pockets for the 10 kg vest.

8 + 8 pockets for the 20 kg vest.

Ref.:	EN47601	EN47602
Weight:	10 kg	20 kg

Design training routines on a tidy space

Functional Training



Functional Benches

Get to know our functional bench range



Functional Bench

Ref.: EN52800.01



new product

Basic Functional Bench

Ref.: EN54200.00



Functional Bench

Designed to store functional workout materials while providing useful support to perform exercises or to be used as a plyometric box. Steel construction. Wheels and handle for easy carrying. Rings for fixing resistance tubes. Stores 6 pairs of dumbbells, 2 kettlebells, 1 slam ball. Practical storage case to store materials such as resistance tubes, bands or jump ropes. Waterproof and antibacterial upholstery. Customizable. Equipment and accessories not included.

Ref.: EN52800.01

Dimensions: 118 x 43 x 55 cm

Weight: 38.5 kg

Functional Training



new product

Basic Functional Bench

Designed to store functional workout materials while providing useful support to perform exercises or to be used as a plyometric box. Steel construction that incorporates 4 adjustable rubber feet and stores 6 pairs of dumbbells. Recommended accessories for the bottom space: 1 kettlebell, 1 slam ball and other materials.

Waterproof and antibacterial upholstery. Equipment and accessories not included.

Ref.: EN54200.00

Dimensions: 108 x 43 x 55 cm

Weight: 17.5 kg





Foam Plyometric Box

Focusing on safety, they are made of soft material which minimizes the risk of injuries. Available in different heights and stackable with a velcro fixing.

Ref.:	EN50401	EN50402
Dimensions:	90 x 76 x 15 cm	90 x 76 x 30 cm

Ref.:	EN50403	EN50404
Dimensions:	90 x 76 x 45 cm	90 x 76 x 60 cm

Wooden Adjustable Plyometric Box

Designed to offer 3 jump heights with a simple flip (50cm, 60 cm and 75 cm), making it a multifunctional item as it increases the variety and intensity of exercises.

Ref.:	EN50300
Dimensions:	60 x 50 x 75 cm



Plyometric Platforms

Lightweight and trapezoidal shape. Its rubber surface offers better grip and cushioning.

Ref.:	EN47701	EN47702	EN47703	EN47704	EN47705
Dimensions:	15 cm	30 cm	45 cm	60 cm	76 cm



Functional Training

**Jump your way to
a Good Training**



Foam Adjustable Plyometric Box

EVA foam provides a safe base. It's easy to move and the best option for beginners and advanced user to avoid common injuries.

Ref.: EN52200

Dimensions: 60 x 50 x 75 cm





Jump Rope

With bearings in its handles for a precise spin. Nylon coated steel wire for increased protection.

Ref.: EN51900



Triple Jump Rope

Light and made of plastic for speed jumping. Adjustable length through easy metallic screw system.

Ref.: ST22400



Resist Tube Station

Stainless steel training station to fix elastic tubes. It has 9 rings at different heights offering multiple training options. To be screwed on the wall. Screws not included.

Ref.: MU10200

Dimensions: 7,5 x 2,5 x 165 cm



Resist Bar

Covered with a non-porous high density rubber for a safe and comfy grip. Ideal for explosive strength training, a challenge with a high metabolic intensity challenge.

Ref.: ST00100

Dimensions: ø 3 x 105 cm



Resist Harness

It includes a fastening buckle and anchoring rings at the back.

Ref.: EL13800



Resist Pull Belt

Designed for movement in any direction up to 240° (frontal and lateral). Comfortable comfy padded neoprene.

Ref.: EN45000

Weight: 35 kg

Colour: Grey



Resist Belt

With buckle fastener and metal rings that safely fix the elastics. Neoprene contour for greater user for comfort.

Ref.: ST20600



Resist Battle Rope

Used as a battle rope or as a speed resistor. 6 m length in resting position and reaching 12 m at its maximum extension. Sold per units.

Ref.: EN32200

Weight: 48 kg

Colour: Grey

EN37700

Weight: 35 kg

Colour: Grey





Loops

Elastic loops to be used to train the lower body, gaining strength and balance.

Ref.:	EL06203	EL06201	EL06202
Dimensions:	1,8 x 28 cm	2,4 x 28 cm	3 x 28 cm
Intensity:	Light	Medium	Strong
Colour:	Yellow	Red	Green



Loops XL

Comfortably fit the upper and lower body, thanks to its increased width, for hip, legs, arms and back muscles.

Ref.:	EL14301	EL14302	EL14303	EL14304
Dimensions:	28 x 5 cm	28 x 5 cm	28 x 5 cm	28 x 5 cm
Intensity:	Light	Medium	Strong	Extra strong
Colour:	Yellow	Green	Red	Blue



1 m Superbands

100% natural latex bands, manufactured through a stratification process to guarantee a long lasting durability.

Ref.:	EL08301	EL08302	EL08303	EL08304	EL08305	EL08306
Dimensions:	12,5 mm	19 mm	28,5 mm	44,5 mm	63,5 mm	82,5 mm
Intensity:	X Light	Light	Medium	Heavy	X Heavy	XX Heavy
Colour:	Red	Black	Yellow	Green	Blue	Orange



2 m Superbands

Allowing exercises with a greater range of movement. 2 m long and 45 mm thickness.

Ref.:	EL14201	EL14202	EL14203	EL14204
Dimensions:	13 mm	19 mm	21 mm	29 mm
Intensity:	XX Light	X Light	Light	Medium
Colour:	Purple	Red	Black	Yellow



Resist Tube

Covered with a Nylon protective sleeve preventing tube rubbing, humidity and dehydration.

Ref.:	ST00801	ST00802	ST00803	ST00804
Dimensions:	120 cm	120 cm	120 cm	120 cm
Intensity:	Light	Medium	Strong	Extra strong
Colour:	Yellow	Green	Red	Blue

Ref.:	ST05501	ST05502	ST05503	ST05504
Dimensions:	240 cm	240 cm	240 cm	240 cm
Intensity:	Light	Medium	Strong	Extra strong
Colour:	Yellow	Green	Red	Blue



Lateral Resistor

Comfortable ankle straps with velcro fastener.

Ref.: EL13601 EL13602

Intensity: Medium Strong



Reaction Ball

With an unpredictable bounce, is the perfect tool for athlete reaction and reflex works.

Ref.: BA09700

Dimensions: ø 10 cm

Colour: Red



Agility Dots

Offers a wide variety of exercises, either on an speed ladder or as a fixed point. Safe thanks to its grip.

Ref.: EN51000

Dimensions: ø 25 cm

Colour: Red



Speed Sled

Used for power training. Includes three 5 kg removable bags.

Ref.: EN43200



Speed Ladder

Agility training. Distance between steps is variable. Travel and storage bag included. 4 m long, 50 cm wide. One colour only.

Ref.: EN01200



Rubber Speed Ladder

Unlike standard ladders the space between steps is fixed. It's made of rubber and gives a perfect anti-sliding surface.

Ref.: EN52400



Speed Cone

Wide base for stability. Usable indoors or outdoors.

Ref.: EN42800

Dimensions: ø 7 x 28 cm

Colour: Red



Speed Cones Kit

The kit comes with 16 cones of different colours and ø 20 cm. It allows sticking slalom poles to create obstacles thus increasing its versatility.

Ref.: EN42900



Agility Hexagons

The system allows different positions of the hexagons for a training on diverse directions. Travel and storage bag included. One colour only.

Ref.: EN42500



Adjustable Hurdle

Made of PVC, allows to adjust its size between 20 cm and 30 cm with a simple movement. It is supplied in a kit of 4 units. One colour available. One colour only.

Ref.: EN42700



Hurdle

Made of plastic, great for agility and coordination training. One colour only.

Ref.:	EN42601	EN42602	EN42603
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Dimensions:	22 x 45 x 15 cm	22 x 45 x 23 cm	22 x 45 x 30 cm
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Slalom Pole

Made of PVC, used to imitate the movement patterns used on most common sports.

Ref.:	EN43100	EN43400
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Dimensions:	1,70 m	1 m
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Colour:	Yellow	Yellow
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Slalom Pole Base

Standing base for slalom pole. Made of resistant injected plastic for increased stability. Slalom pole not included.

Ref.: EN43000

Dimensions: ø 16 x 24 cm

Compact BOSU® Rack

Suitable to store BOSU® Original, BOSU® Elite and BOSU® Nexgen. Compact, resistant and easy to clean. BOSU® not included.

Ref.: MU08500

Dimensions: 69 x 60 x 220 cm

Size: 7 u





new product

Hip Thruster

For hip thrust training it is the most effective tool to increase glutes strength and size and improve sport performance. It also allows the use of Resistance Tubes, weights of a combination of both. It includes wheels for its movement.

Ref.: EN54600.00

Dimensions: 157 x 73 x 44 cm

Weight: 28.2 kg



Gym Sled

Olympic plates for an intense workout can be added to increase weight. Its design incorporates two different pushing bars and multiple anchoring points to attach the harness. It includes low friction bases on each "ski" to be used on rubber or non-sliding floor. Plates not included.

Ref.: EN51300

Dimensions: 102 x 98 x 61 cm

Weight: 36 kg



new product

Gym Sled Harness

Made of high resistance Cordura Nylon, with inner cover for comfort. It has front and back steel rings and buckles for more durability.

Ref.: EN54400.00

Train with the new O'Live Sliding Platform

Compatible with O'Live
Sliders (Ref.: ST22101)



Functional Training

new product

Sliding Platform

The O'Live Sliding platform it's a gliding surface appropriate for professional trainings based on the slide methodology.

- Includes a video with three training programs.
- It can be used with O'Live Sliders (Ref.: ST22101) or foot pads.
- Perfect for HIIT and Functional routines.
- Easy care and storage.
- No roll-up.

Ref.: **EN54900.00**

Dimensions: 152 x 100 x 0,3 cm

Complete your training with this accesories



new product

Hand Pads for Sliding Platform

Specially designed hand pads for a smooth sliding on the O'Live platform. Its design gives a soft grip and prevents scratches.

Ref.: **EN55100.00**

Dimensions: ø 17 cm



new product

Foot Pads for Sliding Platform

Specially designed foot pads for a smooth sliding on the O'Live platform. Its design gives a soft grip and prevents scratches.

Ref.: **EN55000.00**

Dimensions: 17 x 35 cm



new product

Kneel Pads for Sliding Platform

Pad designed to offer a comfortable support for the knees.

Ref.: **EN55200.00**

Dimensions: 36 x 15 x 0.6 cm



Resist Tube Handles

Slightly flexible for an optimal grip. Resistant and hygienic. Sold in pairs.

Ref.: **ST16300**



Resist Ankle Strap

Velcro fastener and metallic rings to fix elastics.

Ref.: **ST20700**



Carabiner

Required for binding different products. 18 mm aperture.

Ref.: **EL14500**



Ring Anchor Strap

Designed for fixing elastic tubes. It can be rolled on poles or brackets or hand held.

Ref.: **EL13900**



Resist Arm Strap

With buckle fastener and metal rings to fix the elastics.

Ref.: **EN45100**



Safety Carabiner

Used to fix different products like climbing ropes, rings, punching bags, etc.

Ref.: **EN45600**

Colour: Red



Variable Resist Kit

It includes 2 resist belts (Ref.: ST20600) and 1 x 1,2 m strong resistance tube (Ref.: ST05503)

Ref.: **EN44600**



Unlimited Functional Vest Kit

Unlimited Functional Vest Kit

The O'Live Unlimited Functional Vest allows training with constant tension and freedom of movement even when changing directions. It incorporates high resistance nylon straps, padded protections for better comfort.

The kit consists of:

Complete Functional Vest (including 2 auxiliary belts with rings and carabiners).

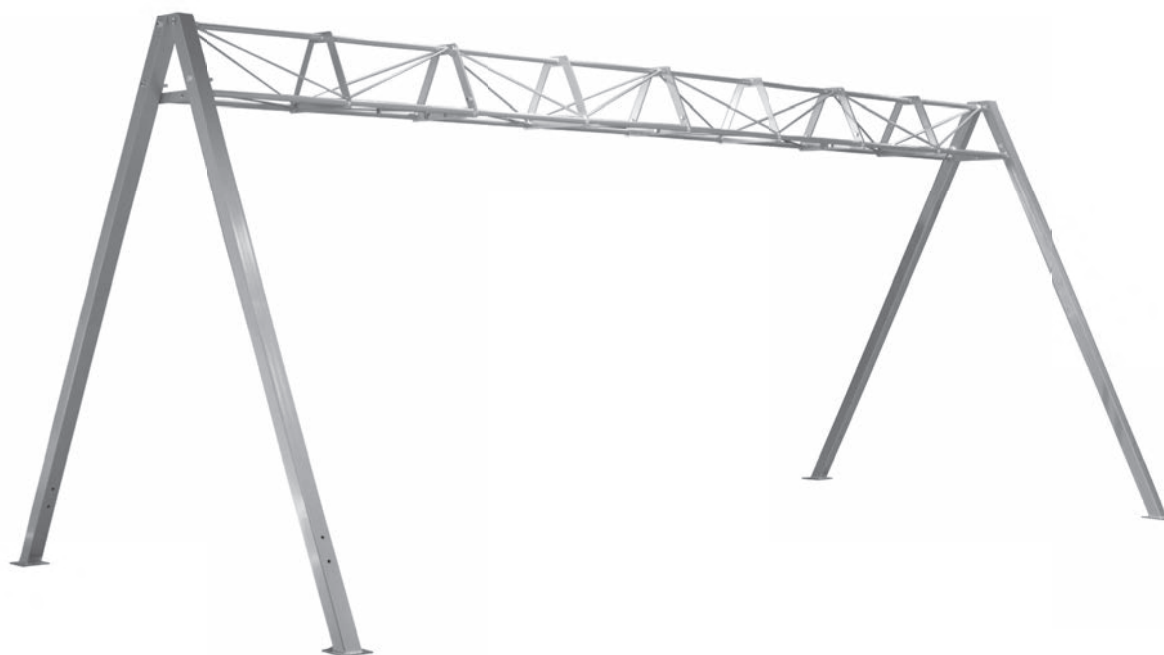
2 Rigid Nylon Straps to be used with a training mate.

2 medium resist tubes (Ref.: ST00802)

2 Anchor Straps for attachment of the Resistance Tubes to a fixed point. (Ref.: EL13900)

2 Rubber Handles to hold the straps or the Resistance Tubes. (Ref.: ST16300)

Ref.: **EN44000**



Freestanding Suspension Training Station

The O'Live Fitness suspension training station is stable and robust, suitable for suspension training with multiple users working at the same time. Station ground screwing recommended.

Ref.:	EN41500	EN41600	EN41700	EN41800	EN41900	EN42000
Dimensions:	174 x 300 x 292 cm	324 x 300 x 292 cm	474 x 300 x 292 cm	624 x 300 x 292 cm	774 x 300 x 292 cm	924 x 300 x 292 cm
Weight:	115 kg	126,5 kg	138 kg	149,5 kg	161 kg	172.5 kg
Capacity:	4 users	6 users	8 users	12 users	14 users	16 users



Anti-Skid Plates for Suspension Station

These anti-skid plates are useful when looking for greater stability and when ground screwing is not possible.

Ref.:	EN41100
Dimensions:	35 x 35 x 1 cm



Wood Suspension Rings

Made of wood, with a numeric adjustable nylon strap. ø 2,8 cm grip.

Ref.:	EN50600
Dimensions:	ø 23 cm



AB Straps

Made of resistant and long lasting comfortable nylon straps.

Ref.:	EN50700
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new product

Suspension Trainer

Comes with rubber handles for greater comfort. It includes travel and storage bag and door anchor. Extensor attachment length 90 cm.

Ref.:	EN54800.00
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Wall Suspension Training Station

The wall suspension training station creates a training area for suspension systems. Other products such as punching bag can also be hung.

Ref.:	EN45301	EN45302	EN45303	EN45304
Dimensions:	1,5 m	3 m	4,5 m	6 m
Capacity:	2 users	4 users	6 users	8 users



Pull-Up Bar

Ø 32 mm bar to be fixed on the wall and perform pull-ups. Solid black textured steel construction with a maximum load of 500 kg. Can be expanded using an extension (ref.: EN51700) thus making it usable for multiple users simultaneously.

Ref.: EN50100

Dimensions: 58 x 130 x 92 cm



Pull-Up Bar Extension

Each extension has a 124 cm length, it includes a support and an additional Ø 3,2 mm pull-up bar.

Ref.: EN51700

Dimensions: 58 x 124 x 92 cm



Pull-Up Multi Grip Bar

It has an angle of 5° providing the perfect biomechanic wrist posture. Specific spot to tight any type of suspension system. Rubber handles for an increased security and better grip.

Ref.: EN41000.01

Dimensions: 115 x 52 x 18 cm





Functional Training

O'Sky Suspension Trainer O'Live



new product

O'Sky Suspension Trainer

O'Sky suspension trainer is a training system with versatile suspension, easy and efficient to use:

The Power of Rotation: O'Sky includes a pulley which allows bilateral exercises.

Versatile: Pulley can be locked, allowing unilateral exercises.

Universal grip: Allowing multiple grips, suitable for hands, feet and forearms.

Easy to use: You can regulate easily by simply attaching the grips on any of the three available heights.

Safe: It includes a safety carabiner, allowing that can be easily assembled or disassembled.



Ref.: EN44300.01



Suspension Trainer Ceiling Mount Kit

Designed to attach the suspension trainer on the ceiling or the wall.

Ref.: EN43700





Modular and customizable solution for your space.
100% designed and manufactured in Barcelona, UE.

Functional Training



Multiple Rack FT Triple

Capacity for 4 balls, 6 shoulder bags, 6 kettlebells and 5 functional bags. The kit includes: 2 Columns, 1 Functional Bags shelf, 1 small flat shelf, 1 shelf for balls and one shelf for shoulder bags.

Ref.: MU16500

Dimensions: 180 x 62 x 205 cm



Multiple Rack Column

Supports to hold the shelves. Each Multiple Rack requires at least two columns. Sold per units.

Ref.: MU16400

Dimensions: 6 x 62 x 205 cm

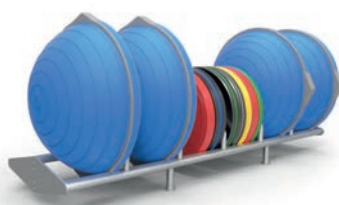


Multiple Rack Ball Shelf

The ball shelf can store up to 4 functional balls, 6 medicine balls or 2-3 fitness balls depending on the diameter. Shelf suitable for Multiple Rack or O'Live Functional Rigs.

Ref.: MU15800

Dimensions: 168 x 26 x 15 cm



Multiple Rack Discs / Bosus Shelf

Shelf for storing bumper plates or balance trainers. Suitable for O'Live Multiple Rack or any O'Live Fitness functional rigs. Holds up to 6 Balance trainers. Capacity will vary on the bumper plates depending on their size.

Ref.: MU16300

Dimensions: 168 x 48 x 20 cm



Multiple Rack Big Flat Shelf

Suitable to store Hex or Pro-Style dumbbells, or any other product that requires a wide base. Shelf suitable for Multiple Rack or O'Live Functional Rigs.

Ref.: MU15700

Dimensions: 168 x 45 x 16 cm





Multiple Rack Functional Bags Shelf

Shelf for storing functional bags. Holds up to 5 bags. Suitable for O'Live multiple rack or any O'Live fitness functional rigs. Holds up to 6 Balance trainers.

Ref.: MU16100

Dimensions: 168 x 36 x 15 cm

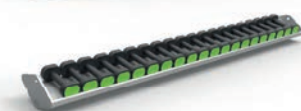


Multiple Rack Shoulder Bags Shelf

Shelf to store up to 6 shoulder bags. Shelf suitable for Multiple Rack or O'Live Functional Rigs.

Ref.: MU16200

Dimensions: 168 x 36 x 20 cm



Multiple Rack Small Flat Shelf

Flat shelf perfect to store Kettlebells, slam balls, sand discs or studio dumbbells. Shelf suitable for Multiple Rack or O'Live Functional Rigs.

Ref.: MU15400

Dimensions: 168 x 26 x 15 cm

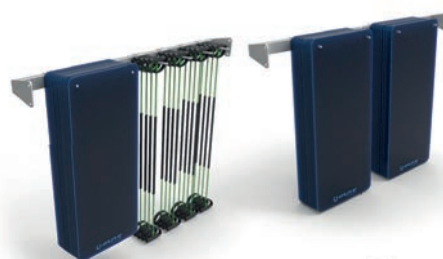


Multiple Rack Box Shelf

Box shelf, ideal to store Power Disk bars and clips. It can be used to store other products such as bands, ropes, etc... Shelf suitable for Multiple Rack or O'Live Functional Rigs.

Ref.: MU15500

Dimensions: 168 x 30 x 40 cm

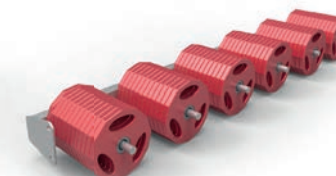


Multiple Rack Versatile Shelf

Shelf to store mats, tubes, ankle weights, etc. It comes with 4 supports, allowing to store up to 40 mats (1 cm thick) or 40 elastic tubes. Possibility to add more supports (MU15600). Shelf suitable for Multiple Rack or O'Live Functional Rigs.

Ref.: MU15900

Dimensions: 168 x 21 x 14 cm



Multiple Rack Power Disk Shelf

Shelf to store up to 9 Power Disk complete set discs. Shelf suitable for Multiple Rack or O'Live Functional Rigs.

Ref.: MU16000

Dimensions: 168 x 35 x 15 cm



Multiple Rack Versatile Shelf Supports

Extra supports to be used on the Versatile Shelf (MU15900), with the aim of increasing the storage capacity for elastics, ankle weights, etc...

Ref.: MU15600

Dimensions: 30 x 6 x 7,5 cm



GHD

With fully adjustable foot holders for excellent stability. The resting support provides a stable position for exercise preparation. All pads and rollers are made of dense foam for maximum durability. Attachment points allow using elastic bands.

Ref.: EN51500

Dimensions: 180 x 83 x 140 cm

Weight: 64 kg



AB Mat

Lower back contoured design, which provides support and avoids skin rash.

Ref.: EN51400

Dimensions: 30 x 39 x 9 cm



Pro Push Up Bar

Designed to relieve stress on your wrists and hands. Vinyl handles provide comfort and durability. Rounded design with rubber base for maximum stability and grip.

Ref.: EN36300



Functional Hurdle

For arms, chest, back and core workout using your own body weight. Also for agility sport training. Sold in pairs.

Ref.: EN39200

Dimensions: 60 x 38 x 73 cm

Colour: Red



Crosstraining Parallels

Its design allows stability and resistance under great weights and efforts. Coated with textured paint for optimal grip. Sold in pairs.

Ref.: EN52600

Dimensions: 56 x 30 x 33 cm

Free Weight



DUMBBELLS.....	58	DISCS.....	65	FREE WEIGHT ACCESSORIES	68	LIFTING PLATFORMS	72
BARS.....	61	STORAGE AND SUPPORT	66	CORE TRAINER	69		
CLAMPS	64	KETTLEBELLS.....	67	TRAINING GLOVES	71		



Chromed Dumbbells

Polyurethane rings on heads and handle for better grip and product endurance. Sold in pairs.

Ref.:	PL23601	PL23602	PL23603	PL23604	PL23605
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Weight:	1 kg	2 kg	3 kg	4 kg	5 kg
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Ref.:	PL23606	PL23607	PL23608	PL23609	PL23610
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Weight:	6 kg	7 kg	8 kg	9 kg	10 kg
---------	------	------	------	------	-------

Free Weight



10 pair Chromed Dumbbells Kit

10 Dumbbell pair kit from 1 to 10 kg weight increases.

Ref.:	PL23700
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Rubber Hex Dumbbells

Slightly contoured grip dumbbells. Rubber coating increases product endurance, protecting also the floor and equipment. Sold in pairs.

Ref.:	PL15701	PL15702	PL15703	PL15704	PL15705
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Weight:	1 kg	2 kg	3 kg	4 kg	5 kg
---------	------	------	------	------	------

Ref.:	PL15706	PL15707	PL15708	PL15709	PL15710
-------	---------	---------	---------	---------	---------

Weight:	6 kg	7 kg	8 kg	9 kg	10 kg
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Ref.:	PL15711	PL15712	PL15713	PL15714	PL15715
-------	---------	---------	---------	---------	---------

Weight:	12,5 kg	15 kg	17,5 kg	20 kg	22,5 kg
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Ref.:	PL15716	PL15717	PL15718	PL15719	PL15720
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Weight:	25 kg	27,5 kg	30 kg	32,5 kg	35 kg
---------	-------	---------	-------	---------	-------



Rubber Hex Dumbbells Kit

10 Hexagonal Dumbbells pair kit, from 1 to 10 kg weight increases.

Ref.:	PL15400
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Capacity:	10 pairs
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Free Weight

Pro-Style Dumbbells

12-sided Pro-Style no rolling design dumbbells; Made out of a more compact and balanced steel. Protected by a high quality virgin rubber, resistant and almost odourless. Hard chrome treated handles for great durability. Sold per units.



Ref.:	PL23201	PL23202	PL23203	PL23204	PL23205	PL23206	PL23207	PL23208	PL23209	PL23210
Weight:	2,5 kg	5 kg	7,5 kg	10 kg	12,5 kg	15 kg	17,5 kg	20 kg	22,5 kg	25 kg
Ref.:	PL23211	PL23212	PL23213	PL23214	PL23215	PL23216	PL23217	PL23218	PL23219	PL23220
Weight:	27,5 kg	30 kg	32,5 kg	35 kg	37,5 kg	40 kg	42,5 kg	45 kg	47,5 kg	50 kg

Rubber Pro-Style Dumbbells Kit

Ref.:	PL23301	PL23302	PL23303	
Capacity:	5 pairs from 2,5 to 12,5 kg	5 pairs from 15 to 25 kg	5 pairs from 27,5 to 37,5 kg	
Ref.:	PL23305	PL23306	PL23309	PL23310
Capacity:	10 pairs from 1 to 10 kg	10 pairs from 12,5 to 35 kg	6 pairs from 2,5 to 15 kg	6 pairs from 17,5 to 30 kg





Dumbbells Vertical Rack

Storage rack suitable for chromed, hexagonals or Pro-Style dumbbells. Dumbbells not included.

Ref.: MU08300

Dimensions: 56 x 60 x 143 cm

Capacity: 10 pairs from 1kg to 10kg

Colour: Grey



Dumbbells Horizontal Rack

Suitable for hexagonal dumbbells storage. Dumbbells not included.

Ref.: MU07700

Dimensions: 150 x 63 x 83 cm

Capacity: From 4 to 7 pairs per tray (depending on weight)

Colour: Grey



Pro-Style Dumbbells Rack

6 or 12 Pro-Style Dumbbells pairs storage models. Dumbbells not included.

Ref.: MU14200

Dimensions: 148 x 65 x 85 cm

Capacity: 6 pairs

Colour: Grey

MU14300

191 x 73 x 110 cm

12 pairs

Grey



Pro-Style Dumbbells Rack

5 or 10 Pro-Style Dumbbells pairs storage models. Dumbbells not included.

Ref.: MU07500

Dimensions: 125 x 53 x 81 cm

Capacity: 5 pairs

Colour: Grey

MU07600

240 x 57 x 90 cm

10 pairs

Grey



Free Weight



Pro-Style Curved 5 Bars

12-sided no rolling design. Made out of a more compact and balanced steel. Protected by a high quality virgin rubber, resistant and almost odourless. Chromium treated handles for great durability. Internal grip length 110 cm.

Ref.:	PL23401	PL23402	PL23501	PL23502
Capacity:	10 kg to 20 kg	25 kg to 45 kg	10 kg to 20 kg	25 kg to 45 kg
Material:	Curved	Curved	Straight	Straight
Others:	5 bars, in 2,5 kg increments	5 bars, in 5 kg increments	5 bars, in 2,5 kg increments	5 bars, in 5 kg increments

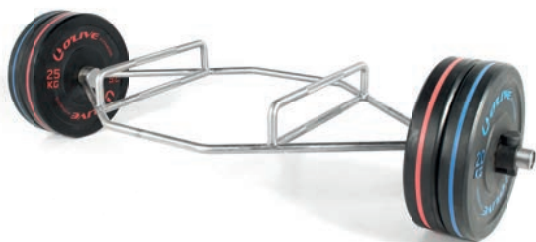
Free Weight



Pro-Style Bars Rack

5 Pro-Style bars storage space. Bars and weight not included.

Ref.:	MU07400
Dimensions:	90 x 61 x 134 cm
Colour:	Grey



Olympic Trap Bar

Specially designed for deadlifts, with less lumbar stress. Discs not included.

Ref.:	PL28100
Dimensions:	182 x 73 x 16 cm
Weight:	25 kg
Others:	Grip diameter: 25 mm



Olympic Multi Grip Trap Bar

Specially designed for deadlifts, with less lumbar stress. Three position revolving grips (25, 38 and 48 mm). Easy disc removal. Discs not included.

Ref.:	PL25000
Dimensions:	164 x 77 x 26 cm



Free Weight

Olympic Bar Rack

Olympic bars storage, holding up to 9 bars. Nylon protection to avoid bar scratch.

Ref.: PL27200

Dimensions: 46 x 46 x 25 cm

Barbell Wall Rack

Up to six bars storage. Requires a wall to be screwed. Plastif frames for protection. Screws not included.

Ref.: PL27400

Dimensions: 4 x 20 x 100 cm (2 pieces)

Capacity: 2 pieces

TYPE	USE	WEIGHT	TOTAL LENGTH	SHAFT GRIP LENGTH	GRIP DIAMETER	COATING	ROTATION	MAX LOAD
PL14401 OLYMPIC BAR, 1520 MM	BENCHES & RACKS	13 KG	1520 MM	940 MM	30 MM	NICKEL	BRASS BUSHING	300 KG
PL14402 OLYMPIC BAR, 1830 MM	BENCHES & RACKS	15 KG	1830 MM	1250 MM	30 MM	NICKEL	BRASS BUSHING	300 KG
PL14403 OLYMPIC BAR, 2180 MM	BENCHES & RACKS	20 KG	2180 MM	1330 MM	30 MM	NICKEL	BRASS BUSHING	650 KG
PL18200 OLYMPIC FUNCTIONAL BASIC BAR	FUNCTIONAL, MODERATE USE	20 KG	2200 MM	1315 MM	28 MM	BLACK ZINC / HARD CHROMED	BRASS BUSHING	650 KG
PL20901 OLYMPIC FUNCTIONAL ELITE BAR, MAN	FUNCTIONAL, HEAVY USE	20 KG	2200 MM	1310 MM	28 MM	MANGANESE PHOSPHATE / CHROMED	COOPER ALLOY BUSHING	680 KG
PL20902 OLYMPIC FUNCTIONAL ELITE BAR, WOMAN	FUNCTIONAL, HEAVY USE	15 KG	2010 MM	1310 MM	25 MM	MANGANESE PHOSPHATE / CHROMED	COOPER ALLOY BUSHING	540 KG
PL21700 OLYMPIC FUNCTIONAL TECHNICAL BAR	BEGINNERS	8 KG	1820 MM	126 MM	28 MM	ALUMINIUM	BRASS BUSHING	60 KG
PL13500 EZ OLYMPIC BAR	FREE WEIGHTS	8 KG	1200 MM	785 MM	28 MM	NICKEL	BRASS BUSHING	-
PL13702 SUPER EZ OLYMPIC BAR	FREE WEIGHTS	10 KG	1200 MM	795 MM	28 MM	NICKEL	BRASS BUSHING	-
PL14500 TRICEPS OLYMPIC BAR	FREE WEIGHTS	12 KG	860 MM	490 MM	28 MM	NICKEL	BRASS BUSHING	-
PL14102 SHORT OLYMPIC BAR	FREE WEIGHTS	4,5 KG	510 MM	135 MM	28 MM	NICKEL	BRASS BUSHING	-
PL25300 OLIMPIC TRAP BAR	DEATH LIFT	25 KG	1820 MM	630 MM	25 MM	NICKEL	-	-
PL25000 OLIMPIC MULTI GRIP TRAP BAR	DEATH LIFT	24 KG	1640 MM	700 MM	25-28-48 MM	CHROMED / PAINTED	-	-



Olympic Bar

Basic weight lifting bars for fitness rooms, not recommended for cross training, powerlifting, weightlifting, etc. Suitable for 50 mm diameter discs.

Ref.:	PL14403	PL14402	PL14401	PL13702
Dim.:	ø 3 x 218 cm	ø 3 x 183 cm	ø 3 x 152 cm	ø 2,8 x 120 cm
Weight:	20 kg	15 kg	13 kg	10 kg
Nº	1	2	3	4
Others:	Olympic bar (max. load 68kg)	Olympic bar	Olympic bar	Super Ez Olympic bar

Ref.:	PL13500	PL14500	PL14102
Dimensions:	ø 2,8 x 120 cm	ø 2,8 x 86 cm	ø 2,8 x 51 cm
Weight:	8 kg	12 kg	4,5 kg
Nº	5	6	7
Others:	Ez Olympic bar	Olympic triceps bar	Short Olympic Bar



Olympic Functional Basic Bar

Specially designed for functional training. A perfect balance between flexibility and rigidity. Knurling centerless model. 150 Kpsi traction resistance. Tolerance up to 650 kg.

Ref.:	PL27000
Dimensions:	ø 2,8 x 220 cm
Weight:	20 kg



Olympic Functional Elite Bar

Great for cross training, powerlifting, weightlifting and sport training facilities. Withstand high intensity workouts without bending or breaking. Great quality bars with 216 Kpsi. traction resistance. Tolerance up to 680 kg.

Ref.:	PL20901	PL20902
Dimensions:	ø 2,8 x 220 cm	ø 2,5 x 201 cm
Weight:	20 kg	15 kg
Others:	Men	Women



Olympic Functional Technical Bar

8 kg weightlifting bar, great to introduce new users to olympic weightlifting techniques.

Ref.:	PL27700
Dimensions:	ø 2,8 x 182 cm
Weight:	8 kg
Others:	max. weight: 60 kg

Free Weight



Spring Collar 50 mm

Chromed clamps with plastic endings for \varnothing 50 mm bars. Sold in pairs.

Ref.: **PL26900**



Spring Collar 90°

90° inclination nickel made clamps for \varnothing 50 mm bars. Sold in pairs.

Ref.: **PL16800**



Turn Pin Collar

Fast closing lock, for \varnothing 50 mm bars. Sold in pairs.

Ref.: **PL16700**



Quick Lock Collars

Solid nylon core, specially designed to secure a tight linkage without damaging the bar. Sold in pairs.

Ref.: **PL24800**



Muscle Clamp Collars

Made for \varnothing 50 mm bars. With built-in rubber insertions to secure the discs without damaging the bar. Sold in pairs.

Ref.: **PL17202**

Dimensions: 50 mm



Competition Collars

For olympic \varnothing 50 mm bars. Each unit weights 2,5 kg, with a firm fixation to assure that the discs are in place while heavy lifting. Sold in pairs.

Ref.: **PL23800**



Straps Collars

Nylon made, with velcro, recommended for fast disc changes. Suitable for all bars. Sold in pairs.

Ref.: **PL24900**

TYPE	PURPOSE	USE	TYPE OF CLOSURE	FEATURES
PL16900 SPRING COLLARS	FREE WEIGHTS	LIGHT USE	SPRING	ECONOMICAL IDEAL FOR EZ BARS
PL16800 SPRING COLLARS 90°	FREE WEIGHTS	LIGHT USE	SPRING	ECONOMICAL IDEAL FOR EZ BARS THE INCLINATION AVOID DAMAGE
PL17202 MUSCLE CLAMP COLLARS	FREE WEIGHTS CROSSTRAINING	MODERATE USE	ROTATING CLAMP	BETTER FIXING RUBBER INSERTS AVOID DAMAGE THE BAR WHILE SECURES FIRMLY
PL16700 TURN PIN COLLARS	FREE WEIGHTS CROSSTRAINING	MODERATE USE	HANDLE SCREW	STURDY & ECONOMICAL
PL24800 QUICK LOCK COLLARS	FREE WEIGHTS CROSSTRAINING	HEAVY USE	CLAMP PRESSURE WITH LOCK	SECURE & FIRM LOCK RUBBER INSERTS AVOID DAMAGE THE BAR
PL24900 STRAP COLLARS	CROSSTRAINING	LIGHT USE / MODERATE USE	VELCRO	ESPECIALLY IN REPEATED DISCS CHANGES
PL23800 COMPETITION COLLARS	OLYMPIC LIFTS	HEAVY USE	DOUBLE FIXATION	2,5 KG EACH UNIT



Olympic Bumper Discs

Designed for olympic training and lifting. 450 mm Olympic standard diameter, minimal surface imperfections and weight tolerance of $\pm 0,1\%$. Stainless steel central rings and high quality virgin rubber, easy to identify coloured round frames. Sold per units.

Ref.:	PL26701	PL26702	PL26703	PL26704	PL26705
Weight:	5 kg	10 kg	15 kg	20 kg	25 kg

new product

Olympic HI TEMP Disc

Hi Temp discs are recommended for olympic training and cross training, made of recycled mixed rubber and stainless steel rings. 450 mm Olympic standard diameter, less noisy than traditional bumpers but bouncier and wider. Offset and coloured numbers for easy weight identification. Sold per units.

Ref.:	PL30001.00	PL30002.00	PL30003.00	PL30004.00	PL30005.00
Weight:	5 kg	10 kg	15 kg	20 kg	25 kg



Olympic Rubber Discs

Virgin rubber coated for better protection and feeling. Easy and secure handling thanks to its three holes and its shape. Sold per units.

Ref.:	PL14801	PL14802	PL14803	PL14804
Weight:	1,25 kg	2,5 kg	5 kg	10 kg

Ref.:	PL14805	PL14806	PL14807
Weight:	15 kg	20 kg	25 kg



Olympic Competition Bumper Plate

Steel reinforced core for a compact and enduring disc. They allow more plates fit into a barbell and offer minimal bounce. Sold per units.

Ref.:	PL28005	PL28001	PL28002	PL28003	PL28004
Weight:	5 kg	10 kg	15 kg	20 kg	25 kg



Olympic Fractional Plate

Traditional coloured fractional discs, for gradually weight increase. Sold in pairs.

Ref.:	PL27801	PL27802	PL27803	PL27804	PL27805
Weight:	0,5 kg	1 kg	1,5 kg	2 kg	2,5 kg
Colour:	White	Green	Yellow	Blue	Red



Technique Plate 2

Plastic made discs, 450 mm standard size, 2,5 kg weight. Allow users to learn floor to starting position weight lifting. Sold in pairs.

Ref.:	PL27900
Weight:	2,5 kg
Colour:	Black



Free Weight



Disk Rack

Olympic discs storage. With two olympic bars holders. Discs and bars not included.

Ref.: PL23900

Dimensions: 62 x 69 x 114 cm

Colour: Grey



Bumper Plate Rack

Suitable for rubber and competition discs. With an additional holder for fractional discs storage. Storage capacity according to discs size. Discs not included.

Ref.: PL27100

Dimensions: 142 x 33 x 42 cm

Colour: Grey



Portable Squat Stand

35 to 173 cm adjustable support, with 39 numbered positions. 3 mm thick steel frame with solid base and cart wheels for easy transportation. Curved shaped for a better bar fixing. With polyethylene to protect bar and frame scratching. Recommended maximum weight 400 kg. Discs and bars not included.

Ref.: PL27300

Dimensions: 56 x 65 x 186 cm



Jerk Boxes

For athletes that want to focus on their jerk moves.

Set contains:

2 x (900 x 500 x 70 mm) boxes

2 x (900 x 500 x 150 mm) boxes

2 x (900 x 500 x 300 mm) boxes

2 x (900 x 500 x 380 mm) boxes

Ref.: PL27600



Cast Iron Kettlebells

Lightly textured dust paint covered, flat base for better floor stability and grip.

Ref.:	EN47901.00	EN47902	EN47903	EN47904
Weight:	4 kg	8 kg	12 kg	16 kg

Ref.:	EN47905	EN47906	EN47907	EN47908
Weight:	20 kg	24 kg	28 kg	32 kg



Rubber Kettlebells

Flat base for better floor stability. Easy weight id from any position. ø 31 mm hard chromed handle, better resistance and ergonomic design. Both hands grip support. High quality virgin rubber coated, to avoid floor and bench damages.

Ref.:	EN48001	EN48002	EN48003	EN48004
Weight:	4 kg	8 kg	12 kg	16 kg

Ref.:	EN48005	EN48006	EN48007
Weight:	20 kg	24 kg	28 kg



Competition Kettlebells

All weights same size, official standard ø 210 mm size, made of stronger steel than cast iron. Improved base to optimize floor exercises and new ergonomic design for forearm support.

Ref.:	EN51101	EN51102	EN51103	EN51104
Weight:	8 kg	12 kg	16 kg	20 kg
Colour:	Pink	Blue	Yellow	Purple

Ref.:	EN51105	EN51106	EN51107
Weight:	24 kg	28 kg	32 kg
Colour:	Green	Orange	Red



Kettlebell Rack

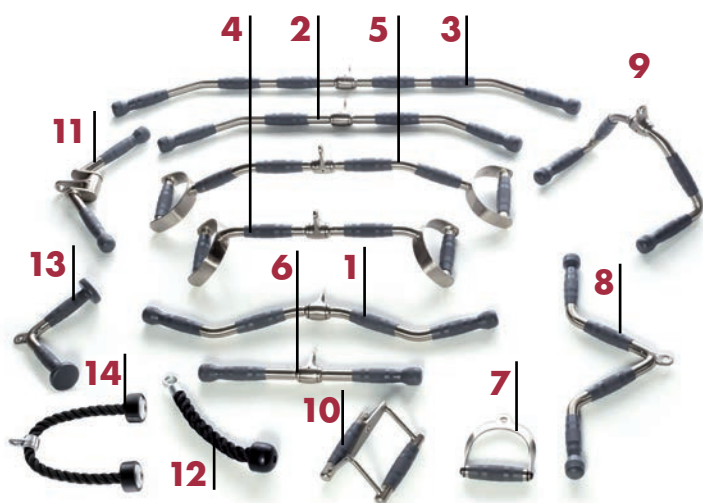
Rack made of oval shaped steel tube, holds up to 10 kettlebells (depending on the weight). Kettlebells not included.

Ref.:	MU06400
Dimensions:	129 x 53 x 81 cm
Colour:	Grey

Free Weight



Free Weight



Cable Attachments

Ref.:	Description	Nº
PL13602	Cable Curl Bar 71 cm	1
PL13801	Lat Pull Down Bar 91 cm	2
PL13802	Lat Pull Down Bar 122 cm	3
PL13901	Parallel Grip Lat Pull Down Bar Pro 61 cm - Narrow	4
PL13902	Parallel Grip Lat Pull Down Bar Pro 96,5 cm - Wide	5
PL14000	Straight Cable Bar	6
PL14600	Single Cable Handle	7
PL15902	EZ Cable Curl Bar	8
PL15901	Close Grip Low Row / Pull Down Handle	9
PL16000	Short Rowing Handle	10
PL16100	Pivoting Press Down Bar	11
PL16200	Single Pull Rope	12
PL16300	Fixed Triceps Bar	13
PL16600.01	Tricep Rope	14



Accessories Rack

Single piece compact rack that holds up to 15 handles. Handles not included.

Ref.: MU08200

Dimensions: 50 x 50 x 125 cm

Colour: Grey



Neck Protector

Made of soft and resistant materials. Sanitized certification. Can be adapted to any bar size.

Ref.: EN05500

Dimensions: ø 8 x 50 cm

Colour: Black



Leather Ankle Strap

Comfortable comfy interior, suitable for any pulley machine. Sold per units.

Ref.: PL26300



Single Handle

Grip made of plastic and nylon bands, suitable for any pulley machine. Sold in pairs.

Ref.: PL18400



Fat Gripz

Easily adapt to any bar, dumbbell or handle size, increasing grip size more than double. Sold in pairs.

Ref.: PL18000

Dimensions: ø 7 x 35 cm





Core Trainer

For lower and upper core focus exercises. Can be screwed to the Core Trainer Station, O'Live FCS, One and One+ training rigs. Fixed base model.

Ref.: ES15200

Dimensions: 39 x 15 x 8 cm



Core Trainer Bar

For lower and upper core focus exercises. Can be screwed to the Core Trainer Station, O'Live FCS, One and One+ training rigs.

Ref.: ES15300

Dimensions: 251 x 31 x 12 cm

Free Weight



Core Trainer

Allows the user to perform a wide variety of multi directional exercises. Needs a 25 kg disc or 2 lower weight discs for better stability. Portable model.

Ref.: PL24700

Dimensions: 47 x 6 x 6 cm



Multifunction Core Trainer Handle

Allows the user to increase Core Trainer exercises. Suitable for Clean & Jerk, lift and squats with total safety.

Ref.: PL22900

Dimensions: 94 x 78 x 18 cm



Free Weight



Core Trainer Station

A stand by and solid station where users can train with one or two core trainers, allowing moving versatility and bilateral exercises. Olympic discs required to increase the weight. Discs, bars and Core Trainer not included.

Ref.: PL22800

Dimensions: 80 x 60 x 28 cm



Basic Core Trainer Handle

Increases shape confort and functionality during Core Trainer performance. Discs, bars and Core Trainer not included.

Ref.: PL25100

Dimensions: 49 x 8 x 6 cm



Core Trainer Support

This Support let the bar rest on the right level, avoiding the user to bend or recline to lift the bar. Specially made for heavy weight lifting or squats. Accesories not included.

Ref.: ES15400

Dimensions: 52 x 80 x 82 cm



Grip Trainer

A great way to increase, finger, hand and arm strenght. Sold per units.

Recommended use:

45 kg for beginners.

70 kg for mid level and weight lifting users (most users can not close the grip at first try).

90 kg for extraordinary hand size.

(Once the 90 kg level is achieved the closing grip scale up to 110 kg, force unit is just a reference).

Ref.:	PL27501	PL27502	PL27503	PL27504
Weight:	45 kg	70 kg	90 kg	110 kg



Pro Fitness Glove

Specially designed for the practice of bodybuilding and toning exercises. Specific zone protection for hand palm for better grip. Elastic fabric side and soft towel fabric on the thumb.

Ref.:	PL26601	PL26602	PL26603
Size:	S	M	L



Fitness Glove

Quick and easy velcro fasten, for wrist fixing. Elastic fabric side and soft towel fabric on the thumb which makes it more comfortable and minimizes joint injuries.

Ref.:	PL26501	PL26502	PL26503
Size:	S	M	L



Lifting Chains

Made of galvanized steel, 180 cm chain lenght, olympic bar fixing clamps included. Its use adds resistance by gradually increasing the load during lifting. Sold in pairs.

Ref.:	PL26801	PL26802
Weight:	12 kg	24 kg
Others:	2 u x 6 kg	2 u x 12 kg

Weight Lifting Belts

Made of anatomic cut neoprene fabric. Velcro and buckle fasten. Washable.

Ref.:	PL26401	PL26402
Dimensions:	ø 23 - 26 cm aprox.	ø 28 - 32 cm aprox.
Size:	S/M	L/XL

Free Weight



Free Weight



Adjustable Bench

The seat and back rest let angle tilt variation to guaranteed an ergonomic and solid performance.

Ref.: PL29100

Dimensions: 120 x 45 x 34 cm



Training Platform

Platform made of 40 mm thick rubber tiles and attached to a metallic mesh. A non slip stable and safe surface for weightlifting and floor protection. Shock and noise absorber.

Ref.: PL29800.00

Dimensions: 304 x 204 x 4 cm



Wood Weightlifting Platform

Platform made of rubber tiles surrounded by a metallic border and birch wood core. A non slip stabled and safe surface for weightlifting and floor protection.

Ref.: PL29600.00

Dimensions: 304 x 204 x 4 cm



Weightlifting Platform

Platform made of rubber tiles surrounded by a metallic border and wood core. A non slip vinyl surface for weightlifting and floor protection.

Ref.: PL29700.00

Dimensions: 304 x 204 x 4 cm

Boxing Training



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new product

Water Punching Bag

Made of a special plastic to be filled with water. It absorbs punches very well while offering a realistic feel. Carabiner and support rope included.



Ref.:	FI08001.00	FI08101.00	FI08201.00
Dimensions:	38 x 50 cm	46 x 58 cm	55 x 71 cm
Weight:	25 kg	45 kg	80 kg
Colour:	Black	Black	Black



Ref.:	FI08002.00	FI08102.00	FI08202.00
Dimensions:	38 x 50 cm	46 x 58 cm	55 x 71 cm
Weight:	25 kg	45 kg	80 kg
Colour:	Red - Black	Red - Black	Red - Black



Ref.:	FI08003.00	FI08103.00	FI08203.00
Dimensions:	38 x 50 cm	46 x 58 cm	55 x 71 cm
Weight:	25 kg	45 kg	80 kg
Colour:	Blue - Grey	Blue - Grey	Blue - Grey



Boxing training



Elite Punching Bag Mount Hanger

Designed for hanging punching bags or climbing ropes. To be set on strong brick or concrete walls. Screws included.

Ref.:	FI06100
Dimensions:	102,6 x 80,7 x 88,8 cm



Wall Punching Bag Mount Hanger

Designed for hanging punching bags up to 35 kg. Solid wall needed for fixing. Screws Included.

Ref.:	FI06000
Dimensions:	30 x 60 x 80 cm



Ceiling Hook

To fix the punching bags and climbing ropes to the ceiling.

Ref.:	FI05900
Dimensions:	22 x 7 x 5 cm



Boxing training



Punching Bag

Made of high quality synthetic leather. Eco friendly filling material. Suspended by silent nylon straps with a rotation mechanism for greater balance. Balance ring and carabiner included.

Ref.:	FI07201	FI07202	FI07203.00
Dimensions:	ø 35 x 120 cm	ø 35 x 150 cm	ø 35 x 180 cm
Weight:	35 kg	45 kg	45 kg





Studio Boxing Gloves

Suitable for aerobic activities. Cotton made wristband with velcro closure. Sold in pairs.

Ref.:	FI06501	FI06502
Size:	S/M	L/XL



MMA Light Boxing Gloves

Used for boxing training and martial arts. Made of high quality synthetic leather. Dense cushioning layer to prevent injuries. Comfortable and breathable materials to reduce moisture. Sold in pairs.

Ref.:	FI06801	FI06802
Size:	S/M	L/XL

Boxing training



Punching Bag Boxing Gloves

Suitable for punching bag training. Made of high quality synthetic leather. Dense cushioning layer to prevent injuries. Even filling curvature. Comfortable and breathable materials to reduce moisture. Sold in pairs.

Ref.:	FI06701	FI06702
Size:	S/M	L/XL



Boxing Gloves

Suitable for punching bag and sparring movements. Made of high quality synthetic leather. Dense cushioning layer to prevent injuries. Sold in pairs. One size fits all 16 Oz.

Ref.:	FI06600
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Boxing Hand Wrap

Cotton made soft and comfortable, nylon velcro fastener. Sold in pairs.

Ref.:	FI06900
Dimensions:	5 x 250 cm



new product

Large Boxing Shield

Extra large design made to block strong punches, kicks, elbow and knee hits. Sold per units.

Ref.: FI07900.00

Dimensions: 52 x 16 x 102 cm



Curved Boxing Mitts

Filled with high-compression foam. Made of high quality synthetic leather. Improved ergonomics with its arched design. Sold in pairs.

Ref.: FI07100

Dimensions: 50 x 36 x 15 cm



Boxing Pad

Filled with EVA foam to prevent deformation and covered by high quality synthetic leather. Fastened with three leather straps, providing high stability. Tough handle for improved durability. Closure with resistant velcro. Sold per units.

Ref.: FI07000

Dimensions: 50 x 36 x 12 cm



Boxing Punching Ball

Made of authentic cowhide leather with a latex inner chamber. Symmetric ball size, to improve speed accuracy and direction. Elastic straps to attach included.

Ref.: FI07400



Boxing Speedball

Made of double stitched cowhide leather, for higher resistance and stability.

Ref.: FI07300



Ball Bearing Swivel for Speedball

Chromed high resistance swivel for a smooth and fast speedball movement.

Ref.: FI06300





Freestanding Punching Bag

30° Bendable freestanding punching bag to absorb impacts. Base can be filled with water or sand, up to 75 kg.

Ref.: F103600

Dimensions: ø 69 x 170 cm

Colour: Black



Elite Freestanding Punching Bag

Designed for commercial use and built to last. Made entirely of foam rubber. The doughnut shaped base is more durable and absorbs the impacts better than plastic, thus providing extra user safety.

Ref.: F104600

Dimensions: ø 75 x 185 cm

Colour: Grey and black

Body Mind



MATS	80	YOGA	84
FOAM ROLLERS.....	81	BALLET.....	85
BALLS	82		



new product

Pilates Mat

NBR foam mat, great for Pilates and body mind activities. Slightly rough surface to avoid slipping during exercises. High adhesion to the floor. Bendable mat. With eyelets for storage.

Ref.: CL02600.01

Dimensions: 180 x 61 x 1 cm



new product

Yoga Mat

PVC mat, non-toxic materials.

Ref.: CL02700.01

Dimensions: 172 x 61 x 0.3 cm

Colour: Black

Body Mind



Fitness Mat

Safe and comfortable. With SANITIZED system, bacterial and fungi prevention. Non porous and easy to clean. Without eyelets.

Ref.: CL01500

Dimensions: 180 x 60 x 1,5 cm

Colour: Blue



Folded Mats Compact Rack

Suitable to store Pilates or Yoga mats. Mats not included.

Ref.: MU09000

Dimensions: 65 x 28 x 30 cm

Capacity: 10 u

MU09100

Dimensions: 68 x 60 x 120 cm

Capacity: 20 u





new product

Foam Roller

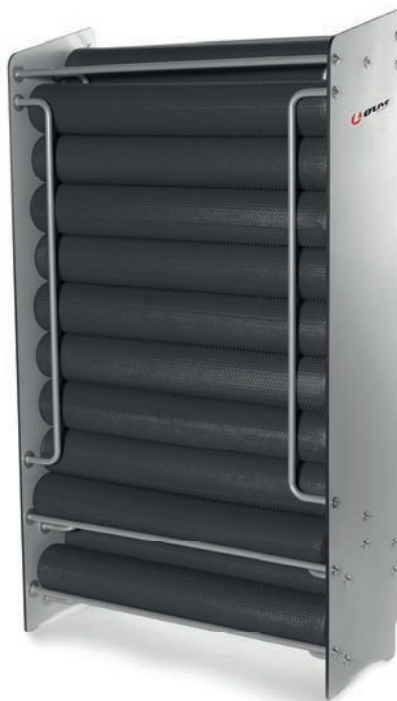
Foam Roller made of high density EVA (Shore 30/35), closed cell foam material with a texturized surface, to keep its shape even with extensive usage. Great for Pilates and body mind.

Ref.: EN49004.01

Dimensions: ø 14,5 x 91 cm



Body Mind



Foam Roller Compact Rack

Suitable for Foam Rollers from 91 to 101 cm. Capacity up to 20 units, compact, resistant and easy to clean. Foam Rollers not included.

Ref.: MU09200

Dimensions: 103 x 42 x 170 cm

Capacity: 20 u





Fitness Ball

Made of "Flexton silpower®" exclusive material, soft and velvety surface. CE and medical certification. Holds up to 400 kg. Anti-Burst system. Latex free.

Ref.:	BA06802	BA06813	BA06816	BA06819	BA06822	BA06825	BA06806	BA06814	BA06817
Dimensions:	ø 55 cm	ø 55 cm	ø 55 cm	ø 55 cm	ø 55 cm	ø 55 cm	ø 65 cm	ø 65 cm	ø 65 cm
Colour:	Blue	Green	Orange	Red	Purple	Grey	Blue	Green	Orange

Ref.:	BA06820	BA06823	BA06826	BA06810	BA06815	BA06818	BA06821	BA06824	BA06827
Dimensions:	ø 65 cm	ø 65 cm	ø 65 cm	ø 75 cm	ø 75 cm	ø 75 cm	ø 75 cm	ø 75 cm	ø 75 cm
Colour:	Red	Purple	Grey	Blue	Green	Orange	Red	Purple	Grey



Tono Ball

Small size balls with an added weight to increase exercise intensity, providing extra resistance.

Ref.:	BA09101	BA09102.01	BA09103
Dimensions:	ø 9,5 cm	ø 9,5 cm	ø 11 cm
Weight:	0,5 kg	1 kg	1,5 kg
Colour:	Purple	Black	Grey



Pilates Ball

Muscle activation through unstable support. Soft and velvety texture, Latex Free.

Ref.:	BA09501	BA09502.01	BA09503
Dimensions:	ø 15 cm	ø 22 cm	ø 26 cm
Colour:	Purple	Grey	Grey



Freestanding Fitness Ball Rack

Suitable for fitness balls. Balls not included

Ref.:	MU06700	MU06800
Dimensions:	ø 77 x 151 cm	ø 127 x 180 cm
Capacity:	3 u	9 u
Colour:	Grey	Grey



Compact Ball Wall Support

Screwed to the wall suitable for storing a fitness ball at any height. Ball not included.

Ref.:	MU01500
Dimensions:	33 x 57 x 15 cm
Capacity:	1 u

Body Mind



Yoga Wheel

A great addition to diversify Yoga or Pilates sessions. Made of ABS plastic materials, ensuring high endurance. EVA cover for a soft and comfortable feel.

Ref.: PI20200

Dimensions: ø 33 x 13 cm



Pilates Compact Rack

Made out of compact material, suitable for storing Pilates equipment. Store up to 20 pilates balls, 40 tono balls, 20 Pilates rings and 20 pads or balance pads, resistant and easy to clean. Equipment not included.

Ref.: MU09300

Dimensions: 87 x 60 x 170 cm



new product

Yoga Block

Ideal for Yoga and Pilates activities, expand the possibilities and adapt it to user needs during training sessions.

Ref.: PI13500.01 PI13600.01

Dim.: 15 x 23 x 8 cm 30 x 20 x 5 cm



new product

Yoga Strap

It helps to achieve correct posture during exercises. Made of cotton, buckle system for higher security.

Ref.: PI13700.01

Dimensions: 245 cm

Colour: Black



Pilates Ring

Inner and outer foam handle grips, comfortable and hygienic.

Ref.: PI13300

Dimensions: ø 38,5 cm



Stability Cushion

Non-plastic and soft touch, holds up to 155 kg.

Ref.: EN20200

Dimensions: ø 36 cm

Colour: Blue



Elastic Band

Ref.:	EL13001	EL13002	EL13003	EL13004
Dim.:	15 x 250 cm	15 x 250 cm	15 x 250 cm	15 x 250 cm
Colour:	Yellow	Red	Green	Blue
Intensity:	Light	Medium	Strong	Extra Strong



Wood Poles

Varnished beech wood rod, measuring ø 3 cm.

Ref.: EN05601

Dimensions: ø 3 x 120 cm

EN05602

Dimensions: ø 3 x 150 cm



Wooden Pole Support

Must be fixed on a wall. Rods and screws not included.

Ref.: EN05700

Dimensions: 67 x 12 x 4 cm

Capacity: 20 u





Ballet Barre

45 mm diameter barres, made of Flanders wood. Adapts to different supports. Supports not included.

Ref.:	FI02601	FI02602	FI02603
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Dimensions:	100 cm	150 cm	200 cm
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Ballet Barre Portable Support

Free Standing Ballet barre support. 27 cm distance between barres for 2 Barres model. Barres not included.

Ref.:	FI02401	FI02402
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Dimensions:	30 x 30 x 90 cm	30 x 30 x 104 cm
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Colour:	Grey	Grey
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Others:	Single	Double
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Body Mind



Ballet Barre Fixed Support

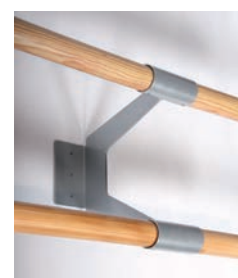
With screw holes in its base to fix it to the ground. 27 cm distance between barres for 2 Barres model. Requires to be screwed on the floor. Screws and barres not included.

Ref.:	FI02501	FI02502
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Dimensions:	15 x 15 x 90 cm	15 x 15 x 104 cm
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Colour:	Grey	Grey
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Others:	Single	Double
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Ballet Barre Support

Ballet Barres Wall mount unit, 27 cm distance between bars for 2 Barres model. 19 cm wall to barre distance. Screws and barres not included

Ref.:	FI02701	FI02702
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Dimensions:	15 x 15 x 90 cm	15 x 15 x 104 cm
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Colour:	Grey	Grey
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Others:	Single	Double
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Rehab



MASSAGE 88

BALANCE 89





Massage Roller

Using body weight and the roller, gently relieves your soreness and massages knots in your back, arms, and legs by performing myofascial release, breaking trigger points, and soothing tight muscles while increasing blood flow and circulation to the soft tissues. An extra mini roll (ø 5 cm) is also included, making the perfect companion to treat small body parts. Odorless and easy to clean.

Ref.: EN52500

Dimensions: ø 14 x 33 cm



Pinpoint Massage Ball

Great for arms, neck and feet self-massaging. Manufactured using EPP materials, designed to not lose its shape. Odorless and easy to clean.

Ref.:	BA09801	BA09802
Dimensions:	ø 8 cm	ø 10 cm



Spine Peanut Massage Ball

Used as a double pinpoint massage tool great for spine, back and neck relieve. Manufactured using EPP materials, designed to not lose its shape. Odorless and easy to clean.

Ref.:	BA09901	BA09902
Dimensions:	ø 8 x 12 cm	ø 12 x 24 cm





O'LIVE
FITNESS



Spiky Ball

Spiky sensory points helps relieve stress, pain and tension around the muscles, improving blood flow and circulation.

Ref.: BA09601

Dimensions: ø 9 cm

Colour: Black



Balance Pad

Provides an instability challenge, while strengthening core muscles, improving proprioceptive awareness and increasing muscle strength and mobility.

Ref.: PI13400

Dimensions: 46 x 40 x 6 cm



Stability Cushion

Work balance and strength while performing standing, sitting, kneeling or lying exercises. Non-Plastic feel, holds up to 155 kg.

Ref.: EN20200

Dimensions: ø 36 cm

Colour: Blue

Rehab



Rehab



Russian Belt

Perform static exercises to work lower body strength. Comes with a metal buckle for quick and easy adjustment, adding user comfort for any size.

Ref.: **EN29100**

Aqua



AQUAFIT BOARD AND ACCESSORIES..... 92



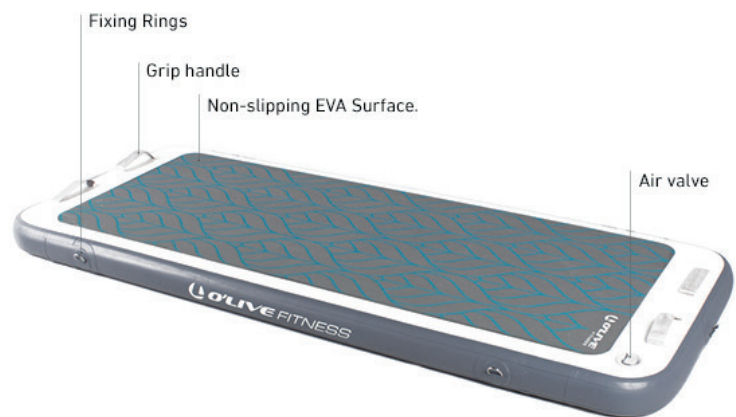
Aquafit Board O'Live



Workshops
and training
courses
available



Video
Training



Aquafit Board

The Aquafit Board is our commercial training aquatic platform that offers a dynamic and fun way to exercise. Thanks to its rigidity and floatability it is the perfect tool to train core stability among other disciplines, such as functional training, Pilates and yoga. It can be used at both outdoors and indoors. Aquafit Board training gives the benefits of neuromuscular improvements since the very first use.

Includes:

- 1 Aquafit Board.
- 2 Fastening straps with carabiners.
- 1 Transportation belt.
- 1 Carrying Belt.

Ref.: AQ23500

Dimensions: 80 x 200 x 10 cm



Aquafit Board Hand Pump

Double action pump to inflate the platform.

Ref.: AQ23300

Dimensions: 30 x 18 x 65 cm



Facility Accessories

WALL BARS 94

TIMERS 94





Wooden Wall Bars

Wooden wall bars made of pine and beech beams. Built-in galvanized anchors. Manufactured as a single 1 m wide piece. Available on three different heights. Wood and varnish customization. Screws not included.

Ref.: F02301 F02302 F02303

Dimensions: 100 x 10 x 230 cm 100 x 10 x 250 cm 100 x 10 x 270 cm



Compact Wall Bars

Wall bars are used for a different mobility, flexibility and stretching exercises. Made of compact HPL panel and Flanders wood bars, styled to match O'Live Compact Series, Steel plates to fix at the wall included. Screws not included.

Ref.: F04400

Dimensions: 106 x 18 x 230 cm



Foam Roller Holder

Foam Roller Storage, holds up to 5 foam rollers.

Ref.: EN11500

Dimensions: 20 x 97 x 8 cm



Portable Interval Timer

Small and easy to use interval timer. Powered by AAA batteries. Has a holding clip.

Ref.: ME08800



6 Digit Interval Timer

The interval clock meets the needs of any training zone and allows the user to forget counting and just focus on training. It has an aluminum housing and needs a 220V socket; It can be hung on the wall, LED lights have a 180° vision field.

Timer Features:

- Remote control.
- Forward count function.
- Countdown function.
- Stop clock function.
- Interval Training function.
- Program and save top seven intervals for future references.
- Audible alarm to start, pause and end intervals and workouts.
- A 24-hour clock is displayed when the timer is not in use.

Ref.: EN50500

Dimensions: 71 x 16 x 4 cm



8 Digit Interval Timer

The interval clock meets the needs of any training zone and allows the user to forget counting and just focus on training. It has an aluminum housing and needs a 220V socket; It can be hung on the wall, LED lights have a 180° vision field.

Timer Features:

- Remote control.
 - Forward count function.
 - Countdown function.
 - Stop clock function.
 - Interval Training function.
 - Program and save top seven intervals for future references.
 - Audible alarm to start, pause and end intervals and workouts.
 - A 24-hour clock is displayed when the timer is not in use.
- The seconds are displayed so that anyone can follow their own interval training session without needing to have individual control of the clock.

Ref.: EN51600

Dimensions: 97 x 18 x 8 cm



1 M SUPERBANDS.....	45	CORE TRAINER.....	69	LARGE BOXING SHIELD.....	77	PILATES MAT.....	80	SPEED CONE.....	46
10 PAIR CHROMED DUMBBELLS KIT.....	58	CORE TRAINER BAR.....	32	LATERAL RESISTOR.....	46	PILATES RING.....	85	SPEED CONES KIT.....	46
2 M SUPERBANDS.....	45	CORE TRAINER BAR.....	69	LEATHER ANKLE STRAP.....	68	PINPOINT MASSAGE BALL.....	88	SPEED LADDER.....	46
6 DIGIT INTERVAL TIMER.....	94	CORE TRAINER STATION.....	70	LIFTING CHAINS.....	71	PLATFORM STEP RISERS RACK.....	10	SPEED SLED.....	46
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ADJUSTABLE HURDLE.....	47	DOUBLE ROW DUMBBELL STUDIO COMPACT RACK.....	13	MAT RACK.....	16	POWER DISK DISCS.....	8	STABILITY CUSHION.....	89
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ANKLE WEIGHT.....	9	DUMBBELLS VERTICAL RACK.....	60	MEDICINE BALLS.....	29	POWER DISK RACK.....	6	STEP RISERS COMPACT RACK.....	10
ANTI-SKID PLATES FOR SUSPENSION STATION.....	51	ELASTIC BAND.....	18	MEDICINE BALLS WITH HANDLES.....	29	POWER DISK REGULAR BAR.....	8	STOPPER BALL.....	15
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AQUAFIT BOARD HAND PUMP.....	92	ELASTICS STORAGE.....	32	MMA LIGHT BOXING GLOVES.....	76	PRO PUSH UP BAR.....	56	STRAPS COLLARS.....	64
AQUAFIT BOARD O'LIVE.....	92	ELITE FREESTANDING PUNCHING BAG.....	78	MULTI USE ARM.....	32	PRO-STYLE BARS RACK.....	61	STRONGMAN SANDBAGS.....	35
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BALANCE BOARD.....	38	EVA MAT.....	17	MULTIPLE ELASTIC TUBE COMPACT HOLDER.....	20	PRO-STYLE DUMBBELLS.....	59	SUPER PUMP.....	15
BALANCE PAD.....	89	FAT GRIPZ.....	68	MULTIPLE RACK BALL SHELF.....	20	PRO-STYLE DUMBBELLS RACK.....	60	SUPERBAND.....	
BALL BEARING SWIVEL FOR SPEEDBALL.....	77	FITNESS BALL.....	15	MULTIPLE RACK BALL SHELF.....	54	PRO-STYLE DUMBBELLS RACK.....	60	SUSPENSION TRAINER.....	51
BALL PLUG.....	15	FITNESS BALL.....	82	MULTIPLE RACK BIG FLAT SHELF.....	54	PROFESSIONAL STEP RISERS.....	11	SUSPENSION TRAINER CEILING MOUNT KIT.....	53
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BALLET BARRE PORTABLE SUPPORT.....	86	FITNESS BALLS COMPACT HOLDING RACK.....	14	MULTIPLE RACK COLUMN.....	21	PROFESSIONAL STEP RACK.....	10	TEXTILE LOOPS.....	19
BALLET BARRE SUPPORT.....	86	FITNESS GLOVE.....	71	MULTIPLE RACK COLUMN.....	54	PULL-UP BAR.....	52	TONO BALL.....	83
BARBELL WALL RACK.....	62	FITNESS MAT.....	17	MULTIPLE RACK DISCS / BOSUS SHELF.....	54	PULL-UP BAR EXTENSION.....	52	TRAINING PLATFORM.....	72
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BASIC CORE TRAINER HANDLE.....	70	FITNESS MAT.....	80	MULTIPLE RACK FUNCTIONAL BAGS SHELF.....	55	PUNCHING BAG.....	75	TRIPLE JUMP ROPE.....	44
BASIC FUNCTIONAL BENCH.....	40	FIXED CORE TRAINER.....	32	MULTIPLE RACK PLATES/BOSUS SHELF.....	21	PUNCHING BAG BOXING GLOVES.....	76	TUBES OR ROPES RACK.....	20
BASIC FUNCTIONAL BENCH.....	41	FLEX BAR.....	22	MULTIPLE RACK POWER DISK SHELF.....	55	QUICK LOCK COLLARS.....	64	TURN PIN COLLAR.....	64
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BATTLE ROPE ATTACHMENT.....	32	FOAM ADJUSTABLE PLYOMETRIC BOX.....	43	MULTIPLE RACK SHOULDER BAGS SHELF.....	55	RESIST ANKLE STRAP.....	50	VARIABLE RESIST KIT.....	50
BATTLE ROPES.....	34	FOAM PLYOMETRIC BOX.....	42	MULTIPLE RACK SMALL FLAT SHELF.....	21	RESIST ARM STRAP.....	50	VINYL DUMBBELL RACK.....	12
BODY BAR.....	12	FOAM ROLLER.....	81	MULTIPLE RACK SMALL FLAT SHELF.....	55	RESIST BAR.....	44	VINYL DUMBBELLS.....	12
BOXING GLOVES.....	76	FOAM ROLLER COMPACT RACK.....	81	MULTIPLE RACK VERSATILE SHELF.....	20	RESIST BATTLE ROPE.....	44	VINYL KETTLEBELL.....	22
BOXING HAND WRAP.....	76	FOAM ROLLER HOLDER.....	94	MULTIPLE RACK VERSATILE SHELF.....	55	RESIST BELT.....	44	VINYL MAT.....	17
BOXING PAD.....	77	FOLDED MATS COMPACT RACK.....	80	MULTIPLE RACK VERSATILE SHELF SUPPORTS.....	21	RESIST HARNESS.....	44	WALL BALL TARGET.....	32
BOXING PUNCHING BALL.....	77	FOOT PADS FOR SLIDING PLATFORM.....	49	MUSCLE CLAMP.....	8	RESIST PULL BELT.....	44	WALL PUNCHING BAG MOUNT HANGER.....	74
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CEILING HOOK.....	74	FUNCTIONAL BAG.....	36	O'SKY SUSPENSION TRAINER.....	53	RING ANCHOR STRAP.....	50	WOOD POLES.....	85
CHROMED CLAMPS.....	8	FUNCTIONAL BAG RACK.....	36	O'SKY SUSPENSION TRAINER O'LIVE.....	53	RUBBER DUMBBELL KIT WITH STORAGE RACK.....	13	WOOD SUSPENSION RINGS.....	51
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COMPACT BALL WALL SUPPORT.....	83	GAUZE CLIMBING ROPE.....	28	OLYMPIC FUNCTIONAL.....		RUBBER SPEED LADDER.....	46	YOGA BLOCK.....	84
COMPACT BODY BAR RACK.....	12	GHD.....	56	OLYMPIC FUNCTIONAL ELITE BAR.....	63	RUSSIAN BELT.....	90	YOGA MAT.....	80
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COMPETITION COLLARS.....	64	KETTLEBELL RACK.....	22			SLAM BALLS.....	29		
COMPETITION KETTLEBELLS.....	67	KETTLEBELL RACK.....	67			SLIDERS.....	9		
COMPLETE LADY POWER DISK SET.....	7	KNEEL PADS FOR SLIDING PLATFORM.....	49			SLIDING PLATFORM.....	49		
COMPLETE SET POWER DISK.....	7								
CORE TRAINER.....	69								

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