

**2022**

**NEW MATERIAL  
NEW SOLUTIONS  
BETTER RESULTS**





# LIGHT COMMERCIAL

Home

Personal trainers

Studios

Not for professional use at gyms

# PL31200.00 SQUAT RACK, Light Commercial



The squat rack provides a complete, robust and stable training station. It allows Olympic barbell training for performing squats or bench presses and suspension exercises such as pull-ups thanks to the included top bar. Includes safety arms and disc storage racks.

- Use: Light Commercial
- Dimensions: 118 x 127 (166 with supports) x 227 cm
- Weight: 73 kg
- Colours: Black and Blue
- Load capacity: 250 kg
- Structure: steel of 70 x 50 and 2 mm
- Bar holders: 12 units separated 15 cm one to each other from a height of 72 cm until 191 cm



# PL31200.00 SQUAT RACK, Light Commercial



# PL31300.00 POWER RACK, Light Commercial



The power rack allows Olympic barbell training in complete safety thanks to its stability and safety. The bar supports incorporate PE inserts to protect the bar and the rack itself from knocks and scratches. It includes supports on the back for storing the bars when not in use and incorporates specific lower hooks for working together with superbands.

- Uso: Light Commercial
- Dimensions: 135 x 146 x 216 cm
- Weight: 100 kg
- Colours: Black and blue
- Load capacity: 200 kg
- Structure: steel of 60 x 60 and 2 mm
- Bar holders: 21 positions separated 7 cm one to each other from a height of 43 cm until 182 cm
- Hole's diameter: 26 mm



# PL31300.00 POWER RACK, Light Commercial



# PL31400.00 SQUAT RACK, Light Commercial



The squat rack allows you to perform exercises with the olympic bar. Each support is independent and has safety bars in case of a fall. It has a wide base for good stability and allows bench press exercises. It allows a quick transition between exercises at different heights, as the adjustment of the bar support is quicker and easier than telescopic systems.

- Use: Light Commercial
- Dimensions: 63 x 51 x 127 cm
- Weight: 37 kg
- Colours: Black and metallic
- Load capacity: 250 kg
- Structure: steel of 60 x 60 and 2 mm
- Bar holders: 12 positions separated 5 cm one to each other from a height of 62 cm until 117 cm



# PL31400.00 SQUAT RACK, Light Commercial





# PL31500.00 ADJUSTABLE BENCH, Light Commercial



Weight training bench for upper body exercises in a comfortable and safe way. Both the seat and the backrest are adjustable, allowing a variable and ergonomic workout. It has a handle and wheels for easy movement as well as a handle for the inclination accessible from both sides.

- Use: Light Commercial
- Dimensions: 132 x 67 x 122 cm (most inclined position)
- Weight: 31 kg
- Colours: Black and blue
- Structure: steel of 70 x 50 and 2 mm
- Backrest inclination positions: 7
- Seat inclination positions: 3



# PL31500.00 ADJUSTABLE BENCH, Light Commercial



# PL31600.00 OLYMPIC PLATE RACK, Light Commercial



Designed for the correct storage of olympic discs. It also has two supports for the storage of olympic bars. Includes 4 rubber feet for optimal stability.

- Use: Light Commercial
- Dimensions: 68 x 73 x 115 cm
- Weight: 17 kg
- Colours: Black and blue
- For 50mm discs and bars





**NEW ARRIVALS**  
**FOR PROFESSIONALS**

## LANDING PADS, Pair



It is a solution for all those situations where bumps or falls of the bars with discs are a problem of noise, wear and vibration of both the equipment and the floor.

The landing pads are sold in pairs, measure 50 cm x 75 cm, are made of high density foam and covered with pvc fabric. They include a carrying handle for easy mobility and storage. They have Velcro at the top and bottom, allowing several units to be stacked, thus increasing their versatility.

Available in two heights depending on the degree of cushioning desired: 15 cm (4.5 Kg) | 30 cm (8 Kg).

They can also be used for other heavy equipment such as dumbbells and kettlebells as well as a jumping platform.



PL35500.00



PL35400.00



## PL32400.00 O'LIVE OLYMPIC FUNCTIONAL OUTDOOR BAR, 20 kg



Specially designed for outdoor use. It is coated with an anti-corrosion treatment, known as Cerakote, a highly resistant finish used on firearms. This results in a more durable bar which protects the investment.



**220 x 8 x 8 cm**

Weight: 20 kilograms

Length: 2200 mm

Maximum load capacity: 850 kg

Tensile strength: 195 kpsi

Rotation: 4 needle bearings

Shaft diameter: 28 mm

Shaft coating: cerakote

Sleeve diameter: 50 mm

Sleeve length: 415 mm

Sleeve coating: bright zinc

Knurling marks: single (no centre)

**PL32300.00 O'LIVE FAT BAR**



**The fat bar with thick grip is ideal for changing workout routines and providing muscles with new growth impulses.**



**200 x 8 x 8 cm**

Weight: 6 kg

Outer diameter of 48 mm

Sleeve length: 335 mm

Maximum load capacity: 300 kg

Length: 200 cm

Black powder coating

**ST25600.00 AEROBIC STEP**



**99 x 17 x 39 cm**  
**9 kg**





# PRO SERIES

STRENGTH WORKSTATIONS

PL32500.00 O'LIVE PRO SERIES DUAL ADJUSTABLE PULLEY



PL32600.00 O'LIVE PRO SERIES SMITH MACHINE



PL32700.00 O'LIVE PRO SERIES POWER RACK



PL32800.00 O'LIVE PRO SERIES BICEPS CURL BENCH



PL32900.00 O'LIVE PRO SERIES OLYMPIC INCLINE BENCH



PL33000.00 O'LIVE PRO SERIES OLYMPIC FLAT BENCH



PL33100.00 O'LIVE PRO SERIES OLYMPIC DECLINE BENCH



PL33200.00 O'LIVE PRO SERIES ABDOMINAL BENCH



\*REAL IMAGE

PL33300.00 O'LIVE PRO SERIES BACK EXTENSION BENCH

\*REAL IMAGE



PL33400.00 O'LIVE PRO SERIES KNEE RAISE/CHIN DIP TOWER



PL33500.00 O'LIVE PRO SERIES ADJUSTABLE BENCH



PL33600.00 O'LIVE PRO SERIES FLAT BENCH



PL33700.00 O'LIVE PRO SERIES PLATE RACK



PL34000.00 O'LIVE PRO SERIES BARBELL RACK





PL34200.00 O'LIVE PRO SERIES SMITH & DUAL PULLEY COMBO



PL34300.00 O'LIVE PRO SERIES 3D SMITH & DUAL PULLEY COMBO



PL34500.00 O'LIVE PRO SERIES PLATE LOADED SQUAT/LUNGE/HIGH PULL



PL34600.00 O'LIVE PRO SERIES PLATE LOADED T BAR ROW



PL34700.00 O'LIVE PRO SERIES PLATE LOADED ISO LATERAL LEG PRESS



PL34800.00 O'LIVE PRO SERIES PLATE LOADED SEATED CALF RISE



PL34900.00 O'LIVE PRO SERIES PLATE LOADED V SQUAT



PL35000.00 O'LIVE PRO SERIES PLATE LOADED JAMMER



PL35100.00 O'LIVE PRO SERIES PLATE LOADED LINEAR LEG PRESS



PL35200.00 O'LIVE PRO SERIES PLATE LOADED HIP THRUST



**\*REAL IMAGE**

PL34400.00 O'LIVE PRO SERIES SISSY SQUAT BENCH



**\*REAL IMAGE**

PL34100.00 O'LIVE PRO SERIES UTILITY BENCH



**PL33800.00 O'LIVE PRO SERIES 10 PAIR DUMBBELL RACK**



**PL33900.00 O'LIVE PRO SERIES 15 PAIR 3 TIER DUMBBELL RACK**





+34 938 355 950

[export@aerobicyfitness.com](mailto:export@aerobicyfitness.com)

[@olivefitness\\_official](#)

[www.fitnessolive.com](http://www.fitnessolive.com)