

O'LIVE CONTAINERS



O'Live All in Containers

O'Live Containers brings the possibility to install a training area and a complete storage solution on outdoor spaces.

A truly all in one experience It offers several solutions on the same training area.

WORKOUT

FCS Rigs are adaptable to the Containers, allowing to make a personalized workout station, whatever your needs are.

The rigs are outdoor treated to ensure they are long lasting and to support all weathers.

STORAGE

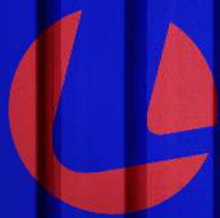
With a solution like this one will mean protecting your investments. O'Live containers offer a safe storage area for all the accessories.

It is possible to adapt the container to add Olympic bars supports and shelves for other equipment such as kettlebells, dumbbells, functional bags, etc.

CROSS TRAINING OR FUNCTIONAL

This will be your only problem, deciding which discipline you want to develop.

Cross training or functional? Why not both? Upgrade your installations with solutions to attract your customers.



O'LIVE
FITNESS

CROSS TRAINING

SPACE

4 sizes to choose from. The below mentioned sizes do not account for the FCS rig you may adapt.

You just need to decide the area you want to use and in no time, you will start working with your new workout tool.

EASE OF USE

It works the same way as any storage area or workout space.

The trainers of the clubs and the users will have an easy and effective tool to use.

CUSTOM

Container design can be customized even more with the logo of your club.

Container 10'

Sizes: 2991 x 2438 x 2585 mm



Container 10' open side

Sizes: 2991 x 2438 x 2585 mm



Container 15'

Sizes: 4550 x 2438 x 2585 mm



Container 20'

Sizes: 6058 x 2438 x 2590 mm



Container 20' open side

Sizes: 6058 x 2438 x 2590 mm



Your customers will benefit from the following features:

We offer four container versions

Training outdoors is the new concept in fitness, and everyday more people want to do their workouts outdoors. We are living a real change on how the world sees the physical activity and customers are more demanding and anxious for new and thrilling challenges. If you want to adapt your outdoor space or do not have an indoor space to dedicate to a functional area, this is the right product for you. O'Live Containers will give you the chance to expand your business, with the right functional equipment, creating varied and thrilling workouts to an increasing number of users. Container solutions is able to offer a truly innovative concept to create a club inside a club, a new business, ensuring higher income and offering unique products in line of the market trends.



PROTECT YOUR INVESTMENT

Each container is specifically designed to store and protect the functional equipment on designated spaces, shelves and racks, making easy to use and store the equipment.



PHYLOSOPHY IN YOUR SPACE

Nowadays most of the citizens have created an aversion to enclosed or crowded spaces, clubs need to adapt to this situation to guarantee people feels comfortable and safe. Outdoor areas are a big opportunity to address this issue. oportunidad.



THE FUTURE IS NOW

Outdoor training is the current trend. The functional equipment and rigs, together with hundreds of different routines will never bore your customers.

Increase the profitability of your club, gym or sporting area by not using all your indoors space for this. Containers are an outdoor project suitable for parkings, rooftops, or any outdoor space is enough to train your customers with innovative ways.

Today is at your parking, tomorrow you can move it to the beach or

to the mountain and have a gym wherever you need it. There's no more need to pay multiple rents and exorbitant prices. Take it easy and get your incomings, get your brand where you want.

Container and outdoor rigs are fully outdoor treated; therefore, they can resist even the harshest weather

and keep your equipment intact. It's not just a metal box.

Cardio, resistance, strength, power, speed, coordination, agility, balance and accuracy are the key elements of this new concept. Jump on the new trend!



PROJECT : Container, Granada, Spain

OTHER SOLUTIONS



Make your investment profitable and offer full workouts with different versatile and multifunction accessories.

Check our accessories catalog for indoor and outdoor use, renovate your spaces the most efficient and simple way.

Diversify your routines with the newest trends and make the most of all the benefits of our products.

FUNCTIONAL TRAINING

Essential equipment

Must have equipment on functional training. Our portfolio offers a huge range of products to offer the most complete functional trainings.



STUDIO

Professional equipment

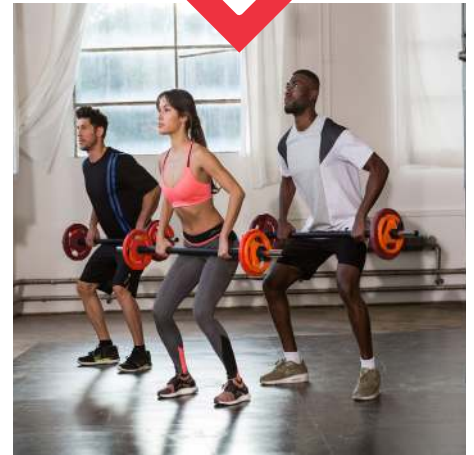
Choosing which group classes to offer can be overwhelming because of the great number of options, we guide you on the best equipment for your needs.



FREE WEIGHT

The adequate tools

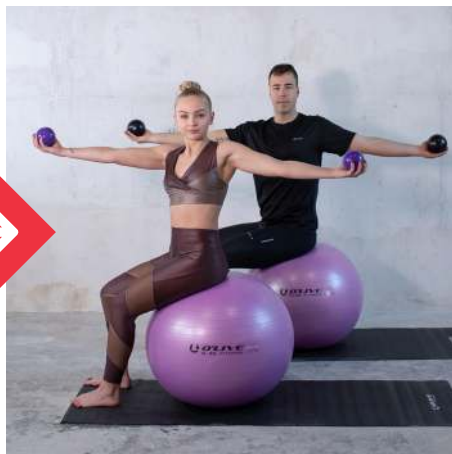
Free weight training has remarkable healthy benefits. It is important to use the right equipment to perform them the correct way.



PILATES AND YOGA

Improve your life

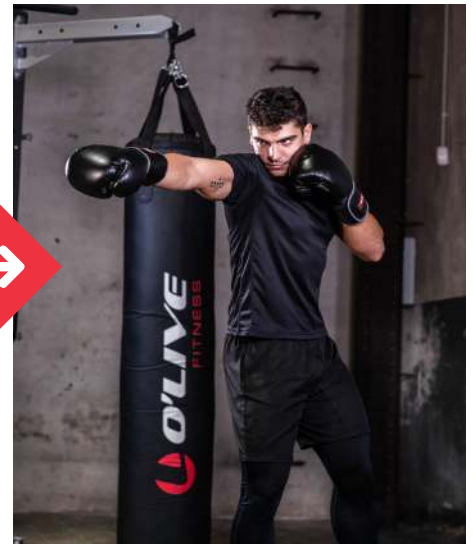
Find your yoga and Pilates accessories to bring these disciplines to the next level.



BOXING

The classic

Despite all the interest of having a toned body, or having characteristic boxing material such as a punching bag or gloves; boxing has gained a lot of popularity by its health benefits. We offer different kinds of hanging punching bags, selfstanding bags, water punching bags and different solutions to implement them in the spaces, without sacrificing the entire room.



REHAB

Efficient recovery

After an injury, rehab material is a really useful tool. We count with an extense catalog of products sensible to balance on equilibrium exercises and the proprioception.

EQUIPMENT

Complement your spaces

Complete your training areas with everything you need. Flooring, walls, timers and storage racks. Over 30 years of experience on the field, being International leaders on the new workout trends backs us up as specialists.





AEROBIC & FITNESS EQUIPAMIENTO Y FORMACION



AEROBIC AND FITNESS, S.L.U.

Narcís Monturiol, S/N
Polígono Industrial Salelles II
08253 Sant Salvador de Guardiola,
Barcelona

Tel. 93 835 59 50

export2@aerobicyfitness.com

www.aerobicyfitness.com