

REAL MOTION

THE FUNCTIONAL COMPANY

FITNESSES
FITNESSES
FITNESSES
FITNESSES
INSIDEME
INSIDEME
INSIDEME

Outdoor Training Catalog



O'LIVE
FITNESS



www.olive-fitness.com



Functional Crosstraining Stations

ABOUT US \ QUIENES SOMOS

O'live Fitness is a brand of Aerobic & Fitness, SL, Spain. Since 1992, it has become a leading global manufacturer & supplier of fitness equipment and accessories.

O'live Fitness es una marca de Aerobic y Fitness sl, España. Desde 1992 ha conseguido ser líder del sector en la fabricación y distribución de accesorios y equipamiento de fitness.

SUPERIOR CRAFTSMANSHIP \ FABRICACIÓN DE CALIDAD

All of our Functional Training Stations are manufactured and designed in Barcelona, using advanced machinery and working with the best welders and operators.

Todas nuestras Estaciones Funcionales están diseñadas y manufacturadas en Barcelona, utilizando maquinaria avanzada y los mejores soldadores y operarios.

CHOICE & FLEXIBILITY \ ELECCIÓN Y FLEXIBILIDAD

We work in partnership with our customers in order to help them customise each structure to meet their special requirements.

Trabajamos conjuntamente con nuestros clientes para ayudarlos a personalizar las estructuras para satisfacer sus necesidades.

QUALITY \ CALIDAD

The quality of our products is ensured. Even so, we take care in controlling the entire process of manufacture, shipment and customer service.

Somos serios en los productos, aún así ponemos nuestros recursos en el control de todo el proceso de producción, envío y servicio al cliente.

3D SPACE DESIGN \ DISEÑO 3D

We can plan your Functional Station over your room in 3D. This will let you see the available space for exercising and the number of workstations that can fit in.

Podemos diseñar un montaje en 3D sobre su instalación. De esta manera podrá ver el espacio de ejercicio y el número de puestos de trabajo que obtendrá.

TRAINING \ FORMACIÓN

O'Live Fitness can provide the necessary training for your instructors in order to get the most of the Functional Station and get the best workout results and user satisfaction.

O'live Fitness puede proporcionar la formación necesaria para tus instructores con el objetivo de sacar el máximo rendimiento de la estructura y obtener los mejores resultados de los entrenamientos y satisfacción del usuario.

INDEX

4	ONE+
9	ONE+ XL
11	ONE+ ISLAND RACK
12	ONE+ SMALL
14	ONE+ RACK
17	ONE+ WALL
20	ONE+ STORAGE
22	COLOUR CUSTOMIZATION
24	ONE
28	ONE WALL
30	ONE STORAGE
32	FCS
33	CUSTOM
36	BASIC
38	PLUS
40	HALF RACK
42	POWER RACK
44	ACCESSORIES

LEGEND \ LEYENDA

Dimensions (D) refer to the structural dimensions and are in cm (Width x Depth x Height).

Workout Area (WA) is the orientative space needed to use the accessories (Width x Depth).

Las Dimensiones (D) hacen referencia a las dimensiones estructurales y se expresan en cm (Ancho x Fondo x Altura).

El Área de Trabajo (WA) es el espacio estimado necesario para el uso de los accesorios (Ancho x Fondo).



DESIGN & VERSATILITY
DISEÑO Y VERSATILIDAD



D: 343 x 248 x 261
WA: 450 x 550

5



ONE+
+ SQUAT ADD ON
+ RACK

D: 873 x 248 x 261
WA: 1000 x 600

6

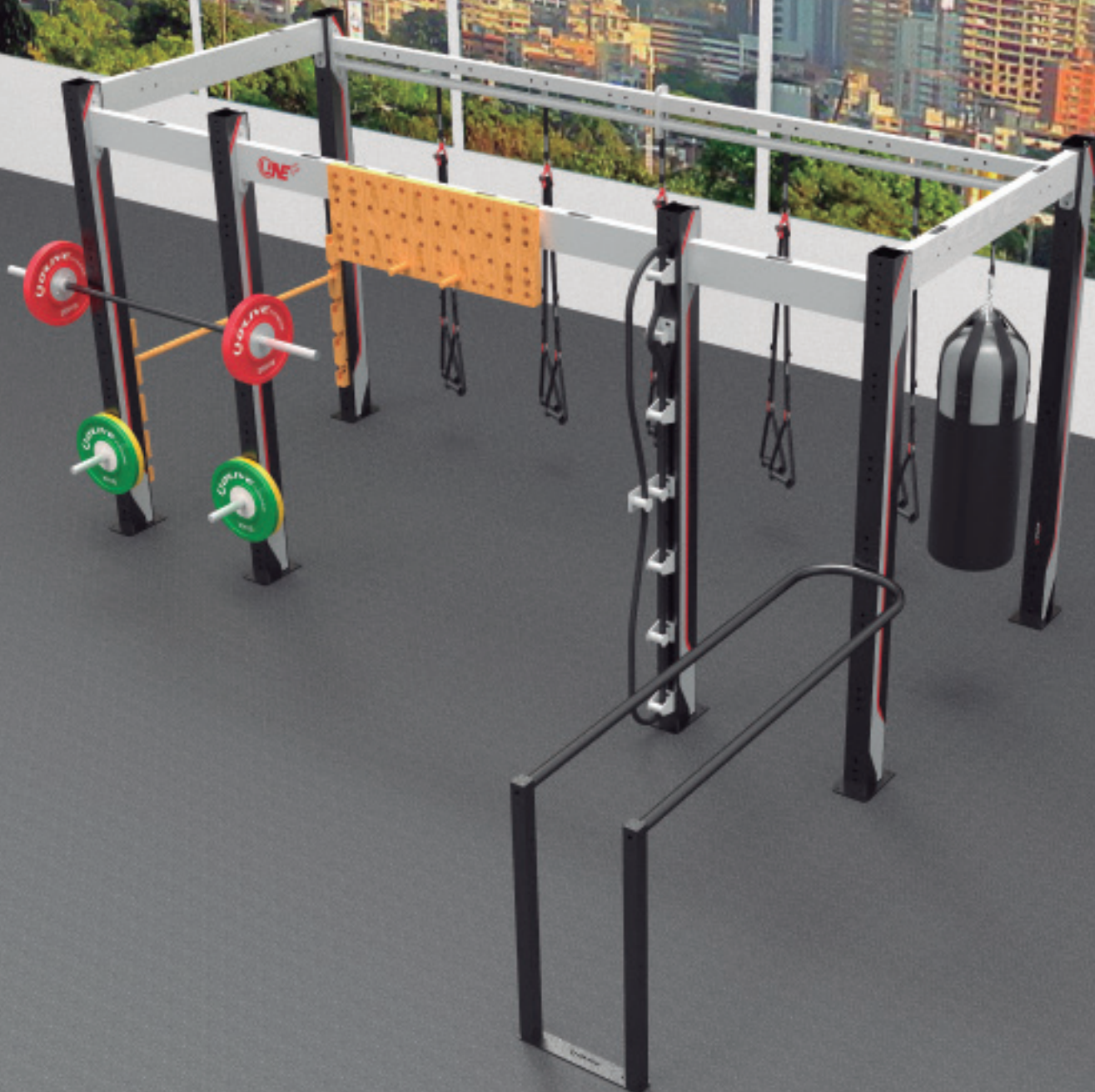
ONE+
COMBINATION EXAMPLE 1





D: 482 x 212 x 251
WA: 600 x 500

7



ONE+
COMBINATION EXAMPLE 2

D: 482 x 212 x 251
WA: 500 x 600



8

ONE+
COMBINATION EXAMPLE 3



D: 482 x 212 x 251
WA: 500 x 400

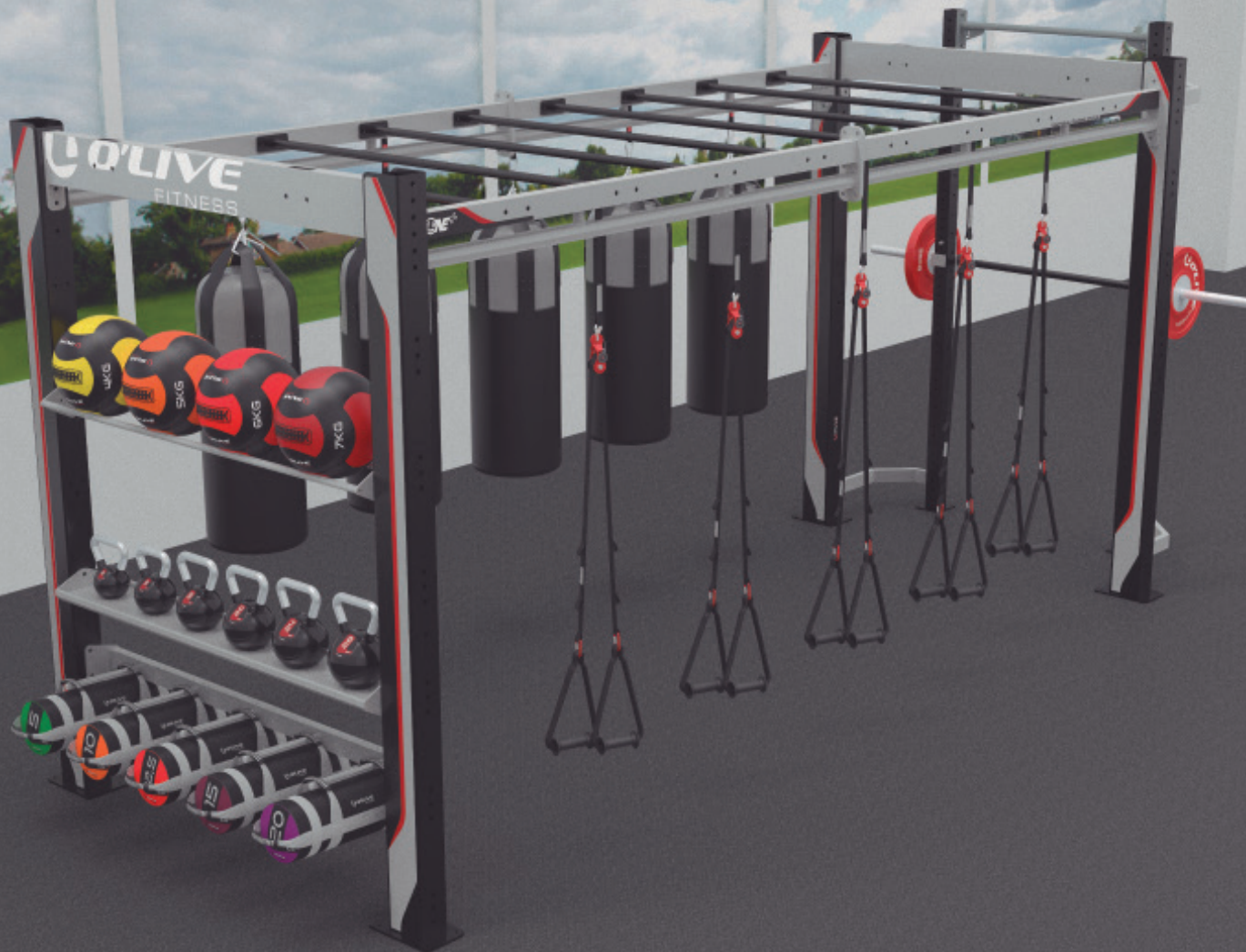
9



ONE+ XL ADVANCE

D: 544 x 212 x 251
WA: 700 x 400

10



ONE+ XL

+ RACK

+ SQUAT ADD ON



D: 212 x 148 x 261
WA: 300 x 300



ONE+ ISLAND RACK

D: 212 x 145 x 251
WA: 400 x 300

12



ONE+ SMALL



D: 212 x 247 x 251
WA: 350 x 450



ONE+ SMALL
COMBINATION EXAMPLE

D: 212 x 132 x 261
WA: 300 x 200



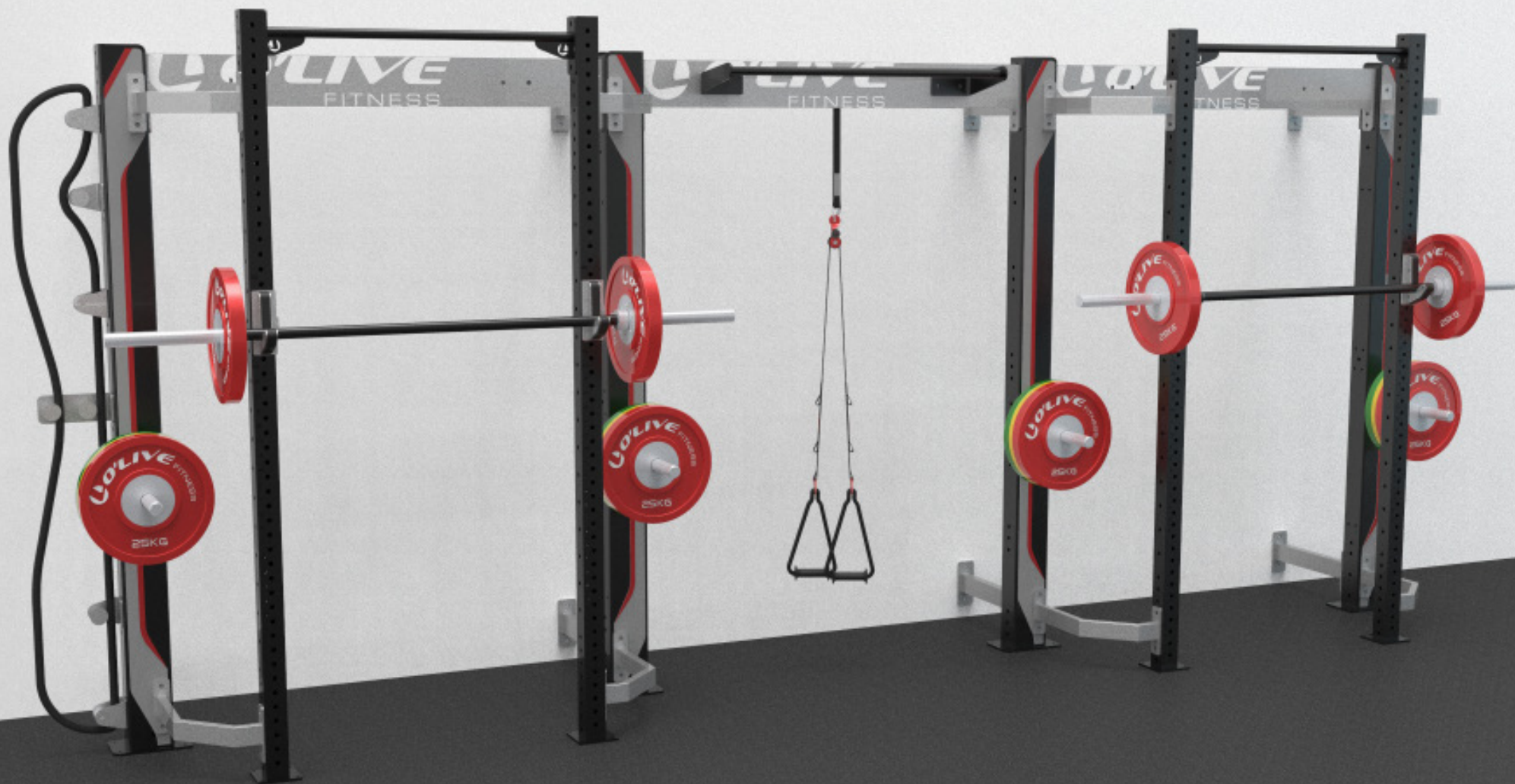
14

ONE+ RACK

COMBINATION EXAMPLE 1



D: 592 x 132 x 261
WA: 700 x 300



15

ONE+ RACK

SPACE - WISE

ESPACIO EFICIENTE



D: 486 x 74 x 251
WA: 500 x 200



17

ONE+ WALL
COMBINATION EXAMPLE 1

D: 278 x 74 x 251
WA: 300 x 400

18



ONE+ WALL

COMBINATION EXAMPLE 2



D: 486 x 74 x 251
WA: 500 x 200



ONE+ WALL
COMBINATION EXAMPLE 3

D: 381 x 74 x 251
WA: 400 x 100

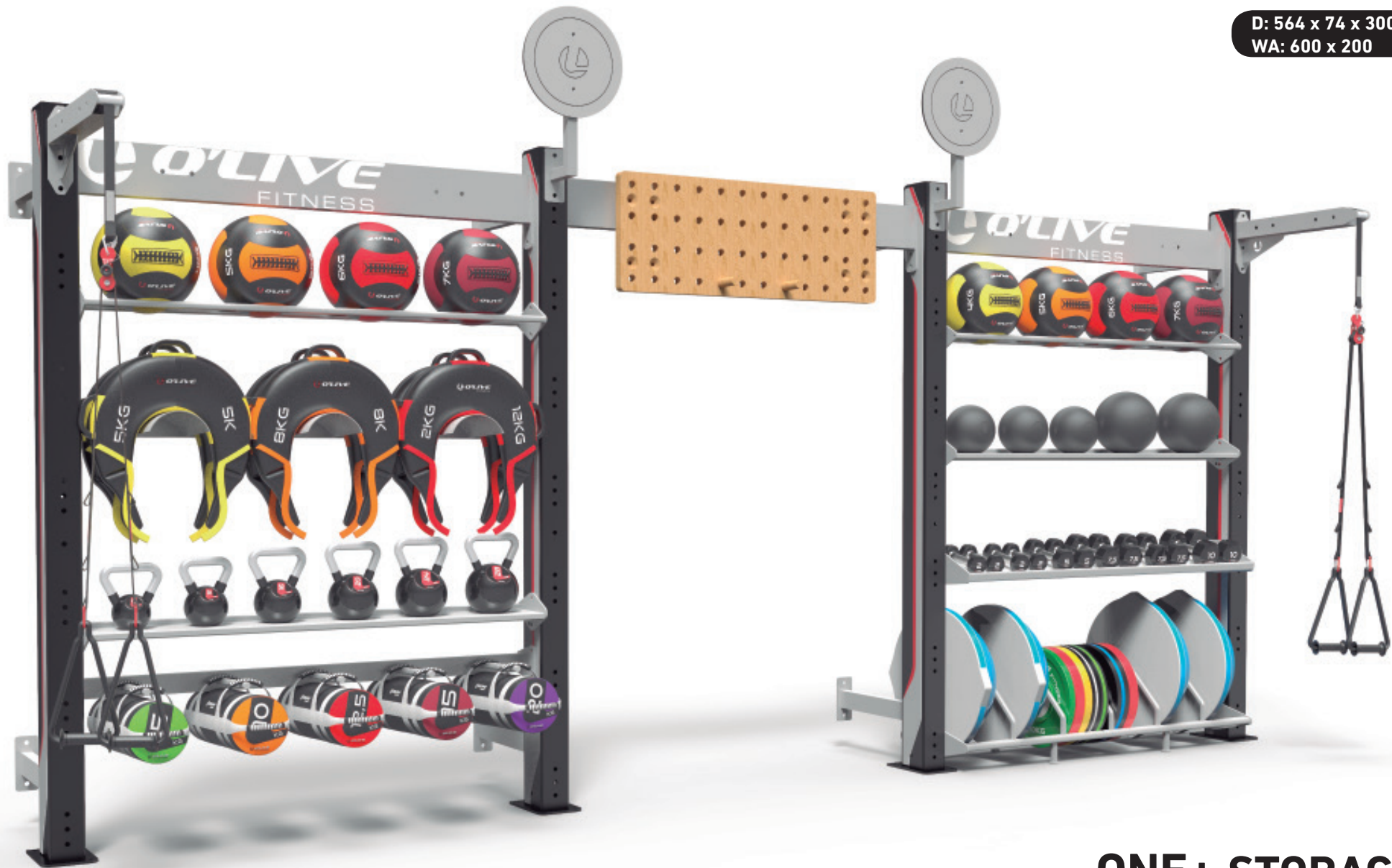


ONE+ STORAGE

COMBINATION EXAMPLE 1



D: 564 x 74 x 300
WA: 600 x 200



ONE+ STORAGE
COMBINATION EXAMPLE 2

COLOUR CUSTOMIZATION

PERSONALIZACIÓN DE COLOR

O'LIVE
FITNESS





GOOD PRICE - PERFORMANCE RATIO
BUENA RELACIÓN PRESTACIONES - PRECIO



D: 450 x 242 x 341
WA: 500 x 500



25

ONE
+ SQUAT ADD ON

D: 369 x 242 x 261
WA: 400 x 550

26



ONE

COMBINATION EXAMPLE 1



D: 600 x 357 x 341
WA: 800 x 600



ONE
COMBINATION EXAMPLE 2

D: 632 x 64 x 261
WA: 700 x 200



28

ONE WALL MOUNT COMBINATION EXAMPLE 1



D: 371 x 64 x 261
WA: 400 x 350

29



ONE WALL MOUNT
COMBINATION EXAMPLE 2



D: 371 x 134 x 261
WA: 400 x 200 x 330



ONE STORAGE COMBINATION EXAMPLE 1

D: 551 x 134 x 261
WA: 600 x 300 x 330



ONE STORAGE
COMBINATION EXAMPLE 2



Functional Crosstraining Stations



D: 607 x 238 x 451
WA: 700 x 700



FCS CUSTOM
COMBINATION EXAMPLE

D: 311 x 238 x 361
WA: 400 x 400

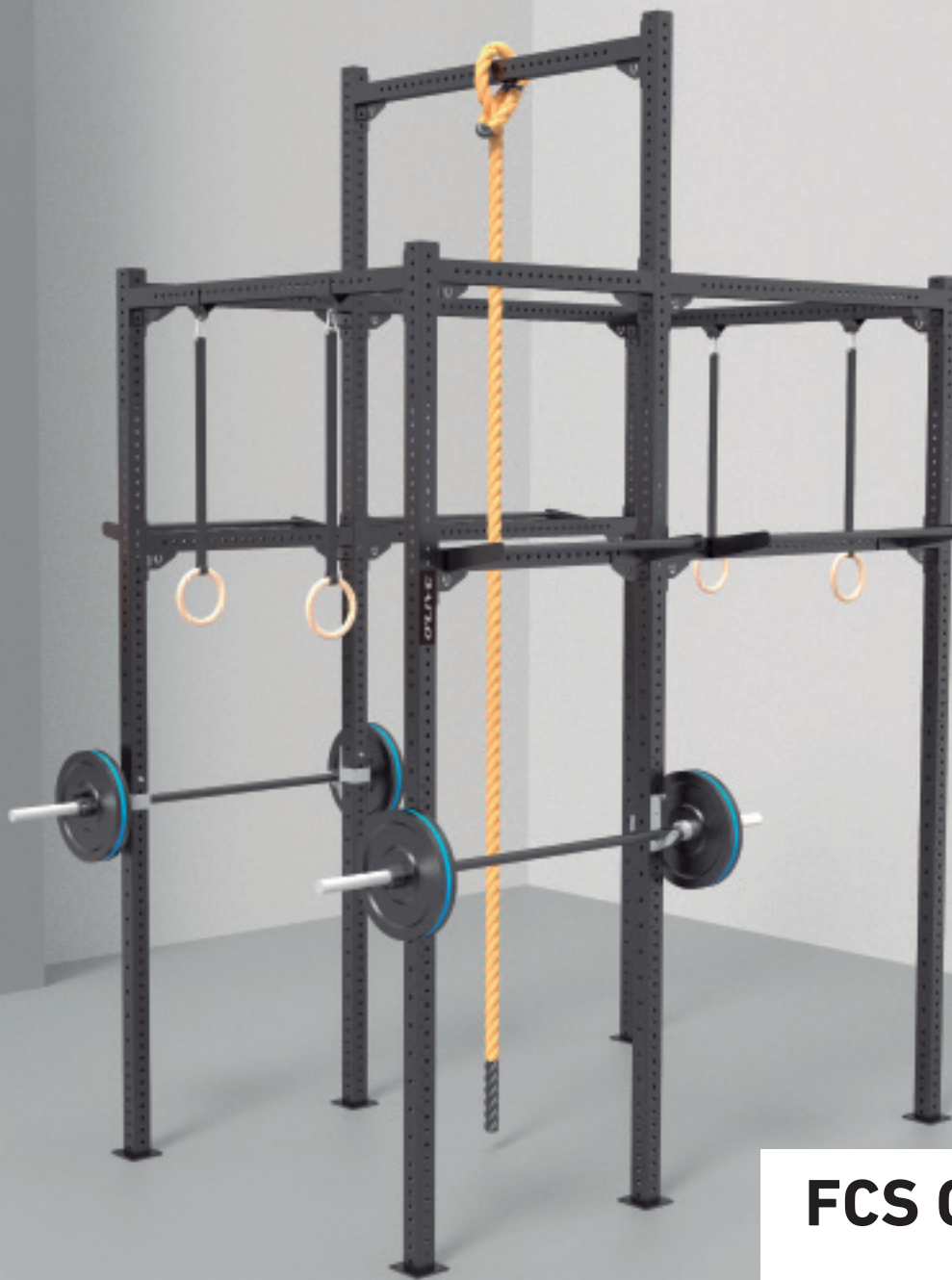
34



FCS CUSTOM 1
REF:ES19601



D: 311 x 244 x 451
WA: 400 x 400

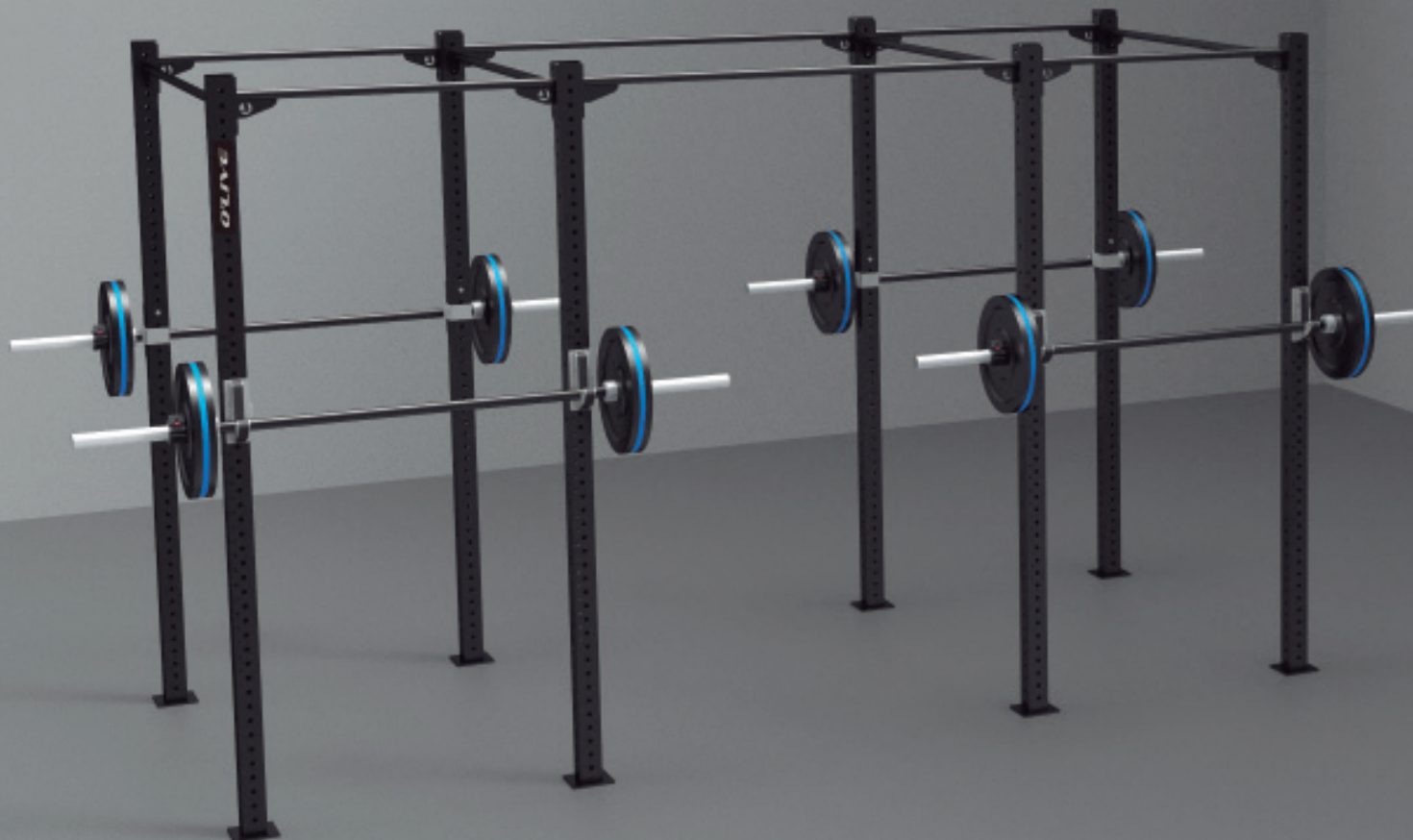


FCS CUSTOM 2
REF:ES19602

D: 431 x 209 x 261

WA: 500 x 400

36



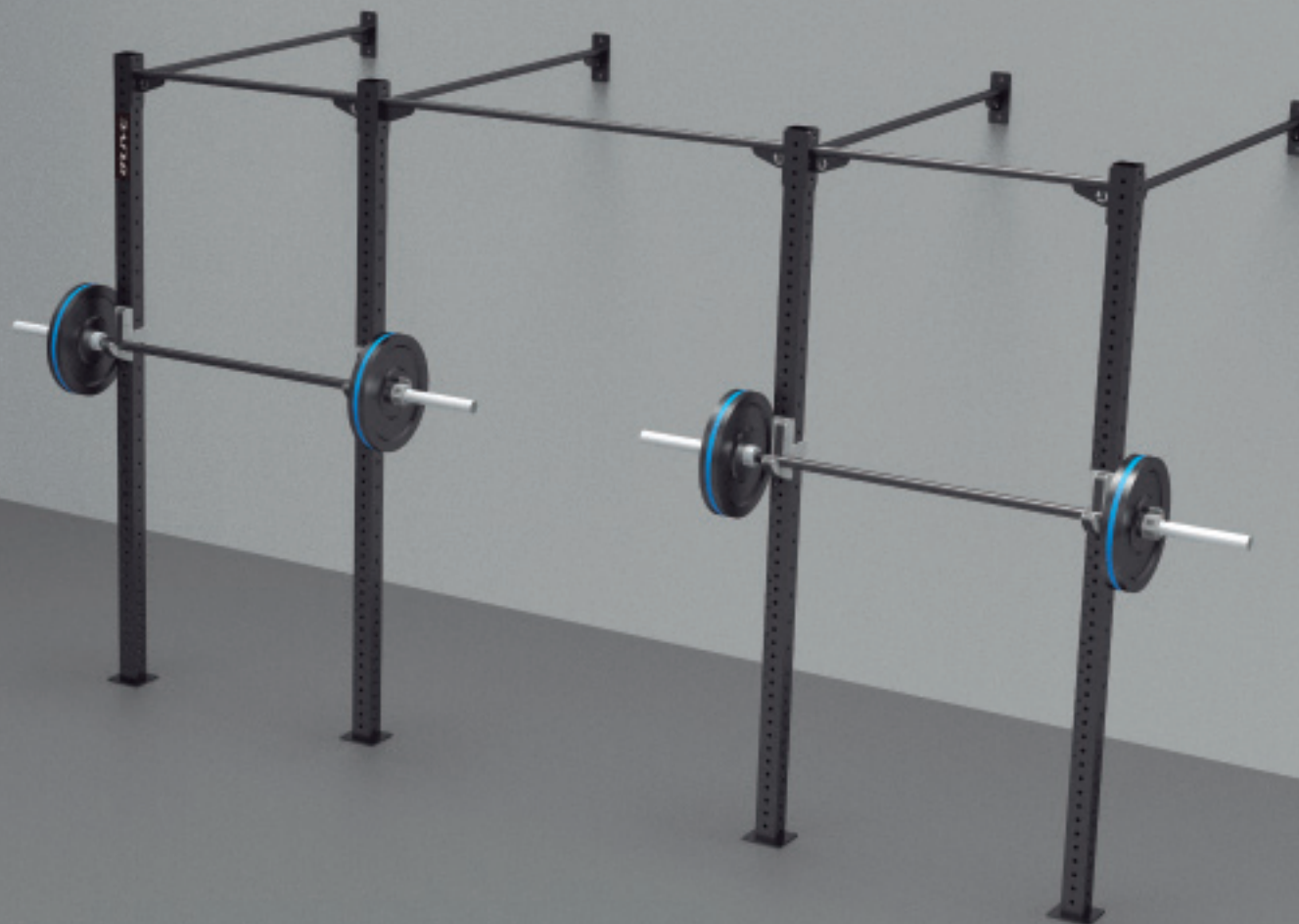
FCS BASIC

REF:ES18703



D: 431 x 189 x 261
WA: 500 x 300

37

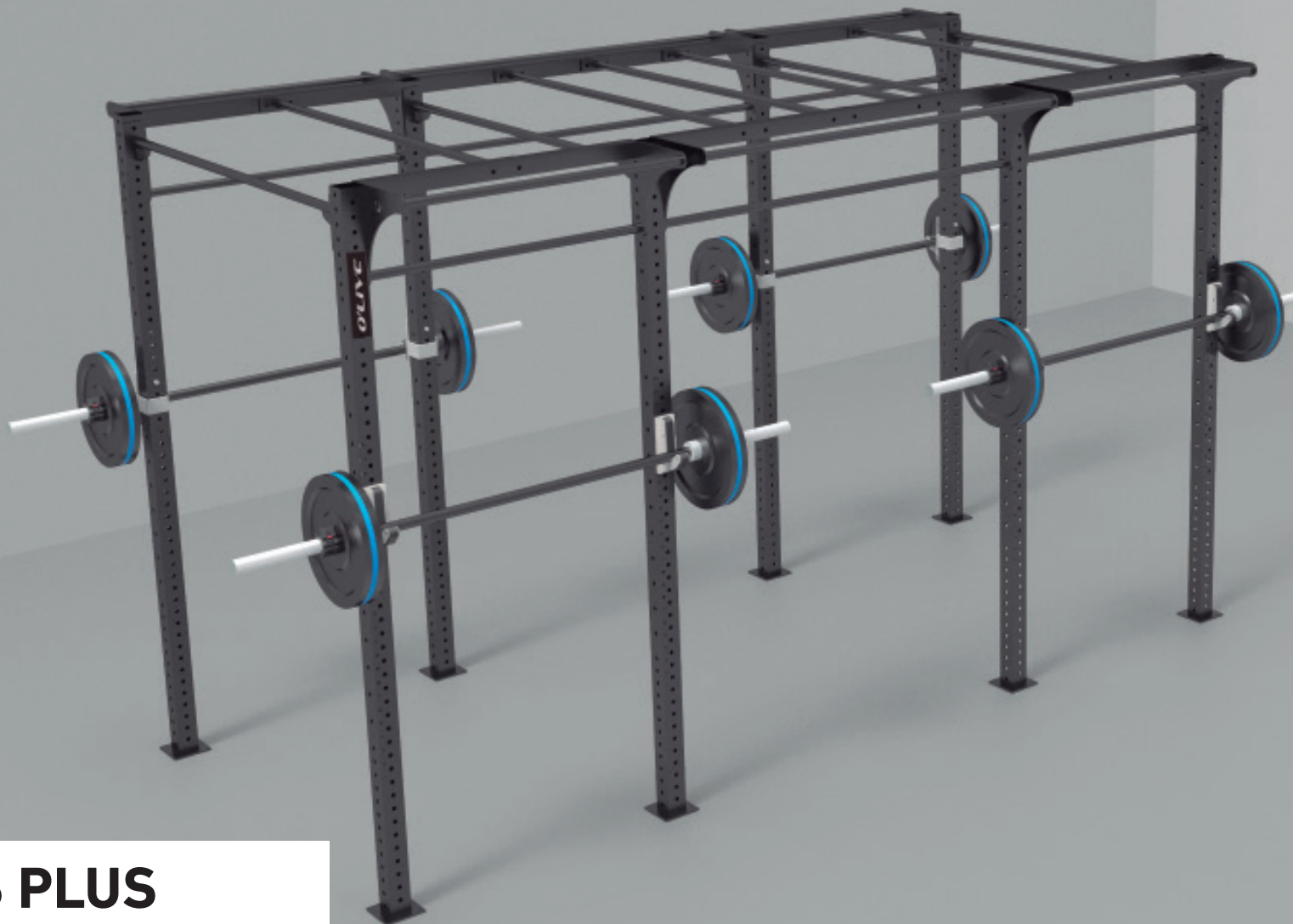


FCS BASIC WALL MOUNT

REF:ES18903

D: 431 x 238 x 261
WA: 500 x 400

38



FCS PLUS
REF:ES19103



D: 431 x 203 x 261
WA: 500 x 300



FCS PLUS WALL MOUNT
REF:ES19303

D: 430 x 113 x 261
WA: 500 x 300

D: 131 x 113 x 261
WA: 250 x 200

40

HALF RACK

DOUBLE HALF RACK





D: 430 x 113 x 261
WA: 500 x 300



41

FCS HALF RACK
COMBINATION EXAMPLE

D: 131 x 131 x 261
WA: 250 x 200



POWER RACK

REF:ES19901

D: 479 x 157 x 261
WA: 600 x 300



DOUBLE POWER RACK

REF:ES20000



D: 311 x 244 x 261
WA: 400 x 250



D: 311 x 131 x 341
WA: 400 x 250



43

FCS POWER RACK

COMBINATION EXAMPLE

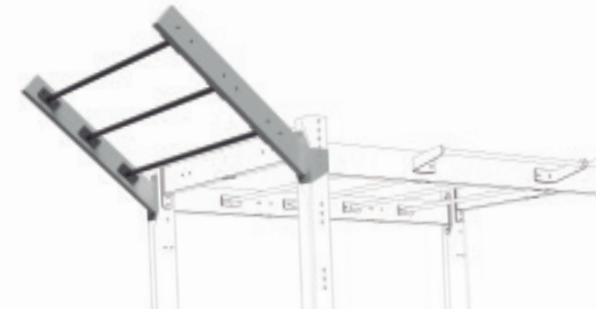
ACCESSORIES



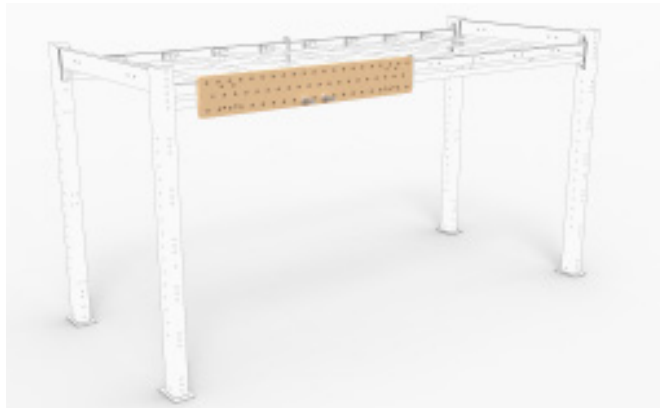
F.C.S WING LADDER 1080MM
REF: ES22201



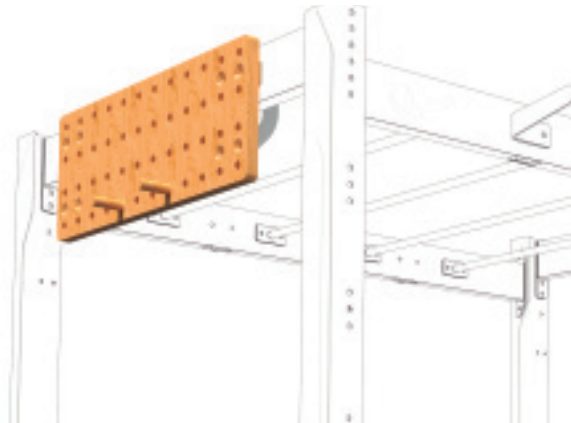
F.C.S WING LADDER 1680MM
REF: ES22202



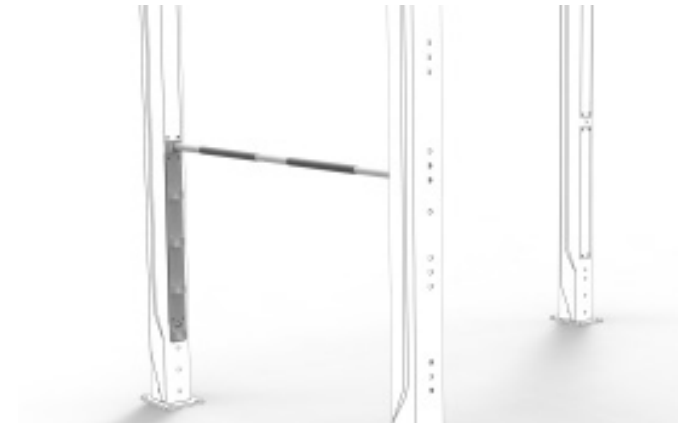
ONE+ WING LADDER
REF: ES22400



XL ADV PEG BOARD
REF: ES26700



PEG BOARD
REF: ES22800



VARIABLE HIGH BAR
REF: ES22900



FUNCTIONAL BOARD WALL
REF: ES16600



J-CUPS
REF: ES16200



FIXED ONE+ J-CUPS
REF: ES22700



PUNCHING BAG ARM
REF: ES16400



DIP ATTACHMENT
REF: ES16500



FIXED DIP ATTACHMENT
REF: ES22600



VERSATILE PULL UP BAR
REF: ES18001 / ES18002



SHACKLE FOR CROSSBEAM
REF: ES16800



LATERAL EXTENSION FOR RINGS
REF: ES15900



CORE TRAINER
REF: ES15200



CORE TRAINER BAR
REF: ES15300



CORE TRAINER SUPPORT
REF: ES15400



RING ATTACHMENT FOR ELASTIC TUBES
REF: ES17700



RESIST TUBE STORAGE ATTACHMENT
REF: ES17900



CLIMBING ROPE 5M
REF: ST21200



INFINITE ROPE TRAINING STATION
REF: ES17800



SUPERBANDS TRAINING STATION
REF: ES18100



PLATE STORAGE ATTACHMENT
REF: ES17200



BATTLE ROPE ATTACHMENT
REF: ES17400



ONE + ADV XL RAIL
REF: ES26800



SUPERBAND ATTACHMENT
REF: ES17500



OLYMPIC BAR HOLDER
REF: ES17100



PARALLEL BARS
REF: ES22500



SAFETY BARS
REF: ES16300



SAFETY STRAP
REF: ES17600



O-SKY
REF: EN44300



ADJUSTABLE BENCH
REF: PL29100



NINJA GRIPS (SPHERA, CONE, CYLINDER)
REF: ES26901 / ES26902 / ES26903



AB STRAPS
REF: EN50700



WOOD RINGS
REF: EN50600



BOXING BAG 35KG/45KG
REF: FI07201 / FI07202



RING ANCHOR STRAP
REF: EL13900



SAFETY CARABINER
REF: EN45600



OUTDOOR TREATMENT AVAILABLE
TRATAMIENTO PARA EXTERIOR DISPONIBLE

Training space for up to 4 athletes

Combine Functional tower accesories for an optimal training routine with different options.

Functional Training



Functional Tower

Functional training station reduced to fit even on the smallest spaces. It accepts a great variety of accesories, allowing the customization of the training options based on the needs. It is suitable for fitness rooms, functional areas, personal training areas or rehab. Offering the chance of simultaneous training up to 4 users.



Ref.: ES30300.00

Dimensions: 38 x 52 x 250 cm

@olivefitness_official

www.fitnessolive.com 33

The best accesories for O'Live most versatile training station: Functional Tower

O'Live new functional tower has been specially designed to complete small or big training zones, a great companion for personal training studios.

O'Live functional tower is the perfect tool to add solutions and deliver the functionality of a fully workable training station.



Multi-Grip Pull Up Bar
Ref.: EN41000.01



FRONT	SIDE	BACK
X	✓	X

Multi Use Arm
Ref.: ES16400



✓	✓	✓
---	---	---

Wall Ball Target
Ref.: ES16600



✓	✓	✓
---	---	---

Fix Dip Station
Ref.: ES22600



✓	✓	✓
---	---	---

Infinite Rope Training Station
Ref.: ES17800



✓	✓	✓
---	---	---

Elastics Ring Attachment
Ref.: ES17700



✓	✓	✓
---	---	---

Elastics Storage
Ref.: ES17900



✓	✓	✓
---	---	---

Superband Training Station
Ref.: ES18100



✓	X	✓
---	---	---

Fixed Core Trainer
Ref.: ES15200



✓	✓	✓
---	---	---

Core Trainer Bar
Ref.: ES15300



✓	✓	✓
---	---	---

Battle Rope Attachment
Ref.: ES17400



✓	✓	✓
---	---	---

Disc storage attachment
Ref.: ES17200



✓	✓	✓
---	---	---

O'LIVE OUTDOOR RIG CUBE

Portable Training Rig



Ref: ES32100.00
Measure: 141.5 x 116.8 x 236.5 cm
Other: Trunk: 141,5 x 60,5 x 53 cm

ORC is specifically designed for strength and functional training. Because of its treatment it can be used either indoor or outdoor spaces.

ORC can be assembled in less than 15 minutes, its design doesn't require any floor fixing. On top of that it includes lateral wheels for its easy transportation between workout areas.

Complete your ORC with different attachments to perform different workouts, from Olympic weightlifting to plyometrics or suspension. The rig can be used simultaneously by up to 4 different users

The trunk is multifunctional, it's used to save and transport the rack, and it's accessories. Once the ORC is assembled, it can be used to store all the training equipment.

The ORC was designed with the idea of being the best outdoor ally. With a non-corrosive outdoor treatment, to guarantee its usability even in the most harsh weathers.

The trunk includes lateral wheels, that allow to easily move the rack, once it's dismantled. Giving the chance to create different workout zones in different areas of your club or gym.

Up to 4 users can train on the ORC at the same time, making it the perfect tool for small groups, personal training, or as a home-gym.

ORC has different attachments to customize the rack and to adapt it to the needs of each training session.





Pull up bar, for suspension or boxing training



Adjustable J-Cups



Easy fix for elastic bands



Olympic bar holder attachment



Dip attachment



Hydraulic arms for opening/closing



Hermetic closure with padlock

Plyometric box, with non-slippery surface, selfstanding and easy to level

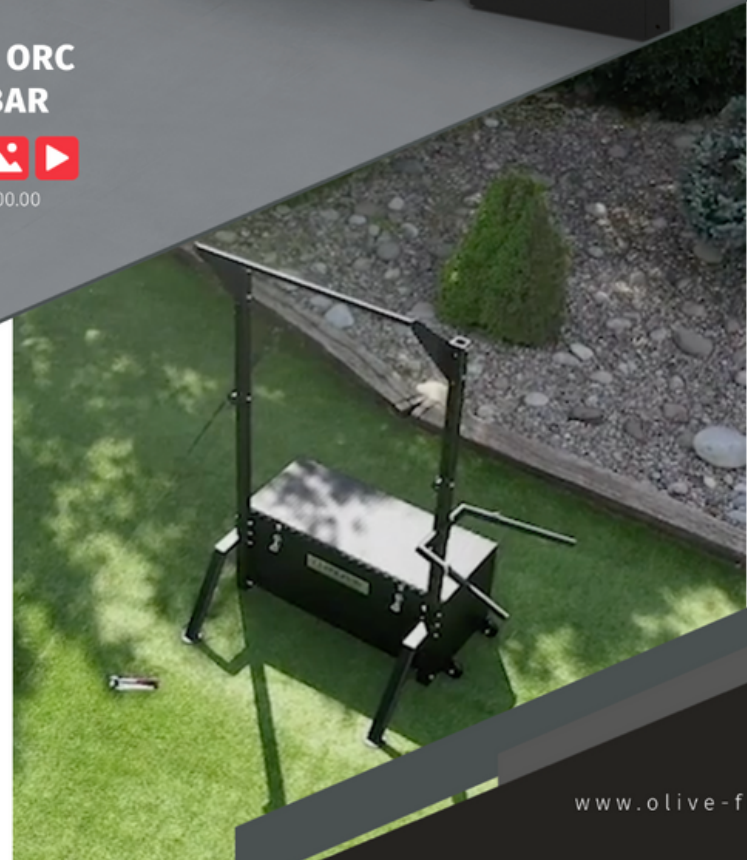
High capacity for hermetic storage.



O'LIVE ORC JOINT BAR

[+info](#)  

Ref: ES32300.00



O'LIVE CONTAINERS



O'Live All in Containers

O'Live Containers brings the possibility to install a training area and a complete storage solution on outdoor spaces.

A truly all in one experience It offers several solutions on the same training area.

WORKOUT

FCS Rigs are adaptable to the Containers, allowing to make a personalized workout station, whatever your needs are.

The rigs are outdoor treated to ensure they are long lasting and to support all weathers.

STORAGE

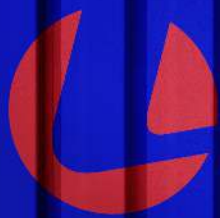
With a solution like this one will mean protecting your investments. O'Live containers offer a safe storage area for all the accessories.

It is possible to adapt the container to add Olympic bars supports and shelves for other equipment such as kettlebells, dumbbells, functional bags, etc.

CROSS TRAINING OR FUNCTIONAL

This will be your only problem, deciding which discipline you want to develop.

Cross training or functional? Why not both? Upgrade your installations with solutions to attract your customers.



O'LIVE
FITNESS

CROSS TRAINING

SPACE

4 sizes to choose from. The below mentioned sizes do not account for the FCS rig you may adapt.

You just need to decide the area you want to use and in no time, you will start working with your new workout tool.

EASE OF USE

It works the same way as any storage area or workout space.

The trainers of the clubs and the users will have an easy and effective tool to use.

CUSTOM

Container design can be customized even more with the logo of your club.

Container 10'

Sizes: 2991 x 2438 x 2585 mm



Container 10' open side

Sizes: 2991 x 2438 x 2585 mm



Container 15'

Sizes: 4550 x 2438 x 2585 mm



Container 20'

Sizes: 6058 x 2438 x 2590 mm



Container 20' open side

Sizes: 6058 x 2438 x 2590 mm



Your customers will benefit from the following features:

We offer four container versions

Training outdoors is the new concept in fitness, and everyday more people want to do their workouts outdoors. We are living a real change on how the world sees the physical activity and customers are more demanding and anxious for new and thrilling challenges. If you want to adapt your outdoor space or do not have an indoor space to dedicate to a functional area, this is the right product for you. O'Live Containers will give you the chance to expand your business, with the right functional equipment, creating varied and thrilling workouts to an increasing number of users. Container solutions is able to offer a truly innovative concept to create a club inside a club, a new business, ensuring higher income and offering unique products in line of the market trends.



PROTECT YOUR INVESTMENT

Each container is specifically designed to store and protect the functional equipment on designated spaces, shelves and racks, making easy to use and store the equipment.



PHYLOSOPHY IN YOUR SPACE

Nowadays most of the citizens have created an aversion to enclosed or crowded spaces, clubs need to adapt to this situation to guarantee people feels comfortable and safe. Outdoor areas are a big opportunity to address this issue. oportunidad.



THE FUTURE IS NOW

Outdoor training is the current trend. The functional equipment and rigs, together with hundreds of different routines will never bore your customers.

Increase the profitability of your club, gym or sporting area by not using all your indoors space for this. Containers are an outdoor project suitable for parkings, rooftops, or any outdoor space is enough to train your customers with innovative ways.

Today is at your parking, tomorrow you can move it to the beach or

to the mountain and have a gym wherever you need it. There's no more need to pay multiple rents and exorbitant prices. Take it easy and get your incomings, get your brand where you want.

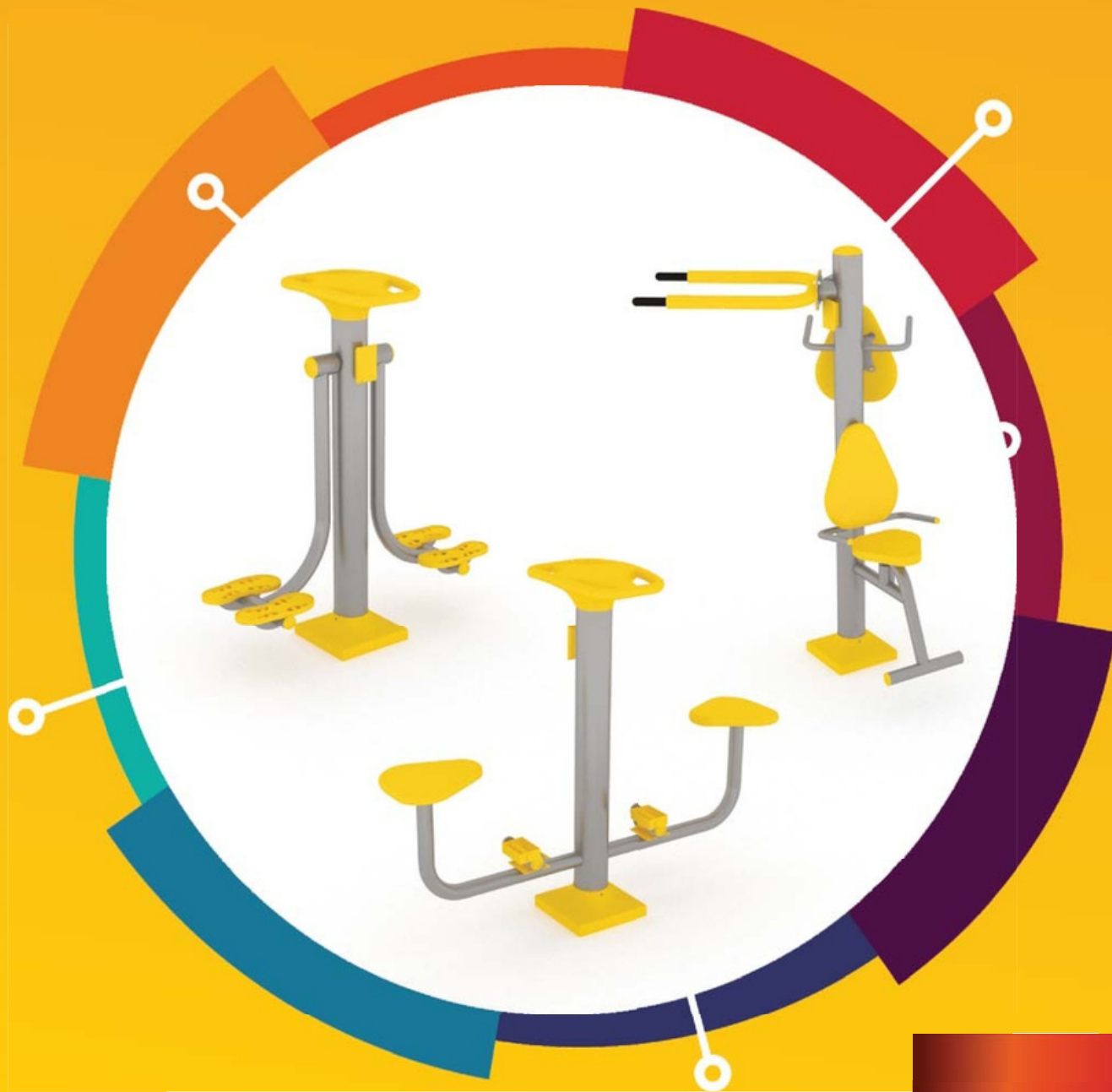
Container and outdoor rigs are fully outdoor treated; therefore, they can resist even the harshest weather

and keep your equipment intact. It's not just a metal box.

Cardio, resistance, strength, power, speed, coordination, agility, balance and accuracy are the key elements of this new concept. Jump on the new trend!



PROJECT : Container, Granada, Spain



FITNESS EQUIPMENT

FITNESS EQUIPMENT



PW-1600

Shuttlele



PW-1602

Air Walking



PW-1604

Binary Bicycle



PW-1606

Pendulum



PW-1608

Body Building



PW-1610

Leg push



PW-1612

Scissors



PW-1614

Arm Training



PW-1616

Binary Walk



PW-1618

Back Stretch



PW-1620

Bicycle and Back Stretch



PW-1622

Step and Bicycle

FITNESS EQUIPMENT



6'li (6 Pcs)

Fitting Area 50m²



12'li (12 Pcs)

Fitting Area 100 m²

DISABLED FITNESS EQUIPMENT



PW-1680

Arm training



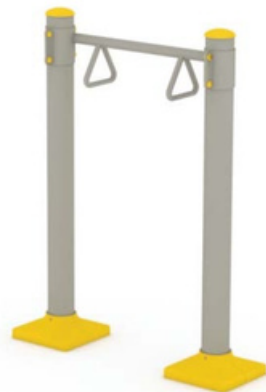
PW-1681

Bicycle



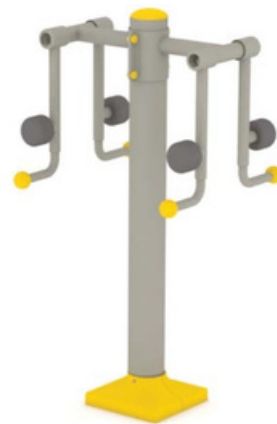
PW-1682

Body Building



PW-1683

Barfix



PW-1684

Arm Stretch



PW-1685

Air walking

METAL FITNESS EQUIPMENT



PW-1650

Leg push



PW-1652

Lever



PW-1654

Binary Bicycle



PW-1656

Arm training



PW-1658

Jockey



PW-1660

Pendulum



PW-1662
Shoulder Wheel



PW-1664
Back stretch



PW-1666
Elliptical Bicycle



PW-1668
Back Massage



PW-1670
Shuttlele



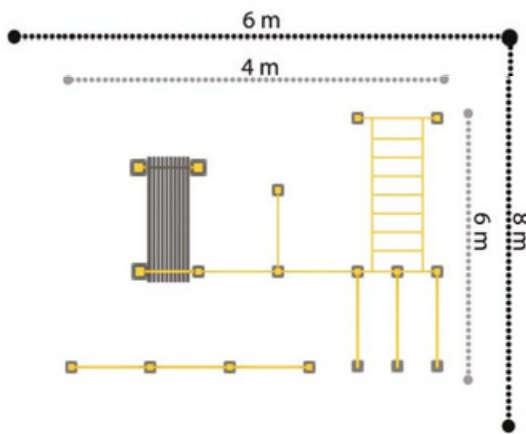
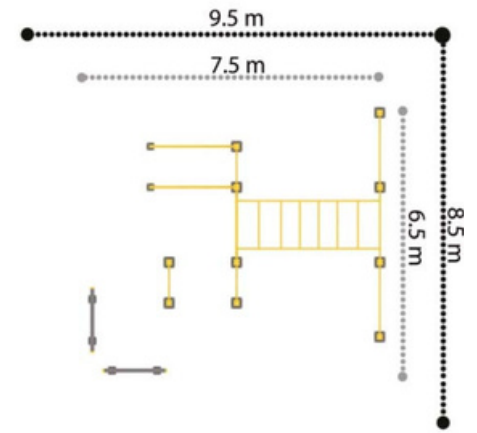
PW-1672
Air Walking

BARFIX EQUIPMENT



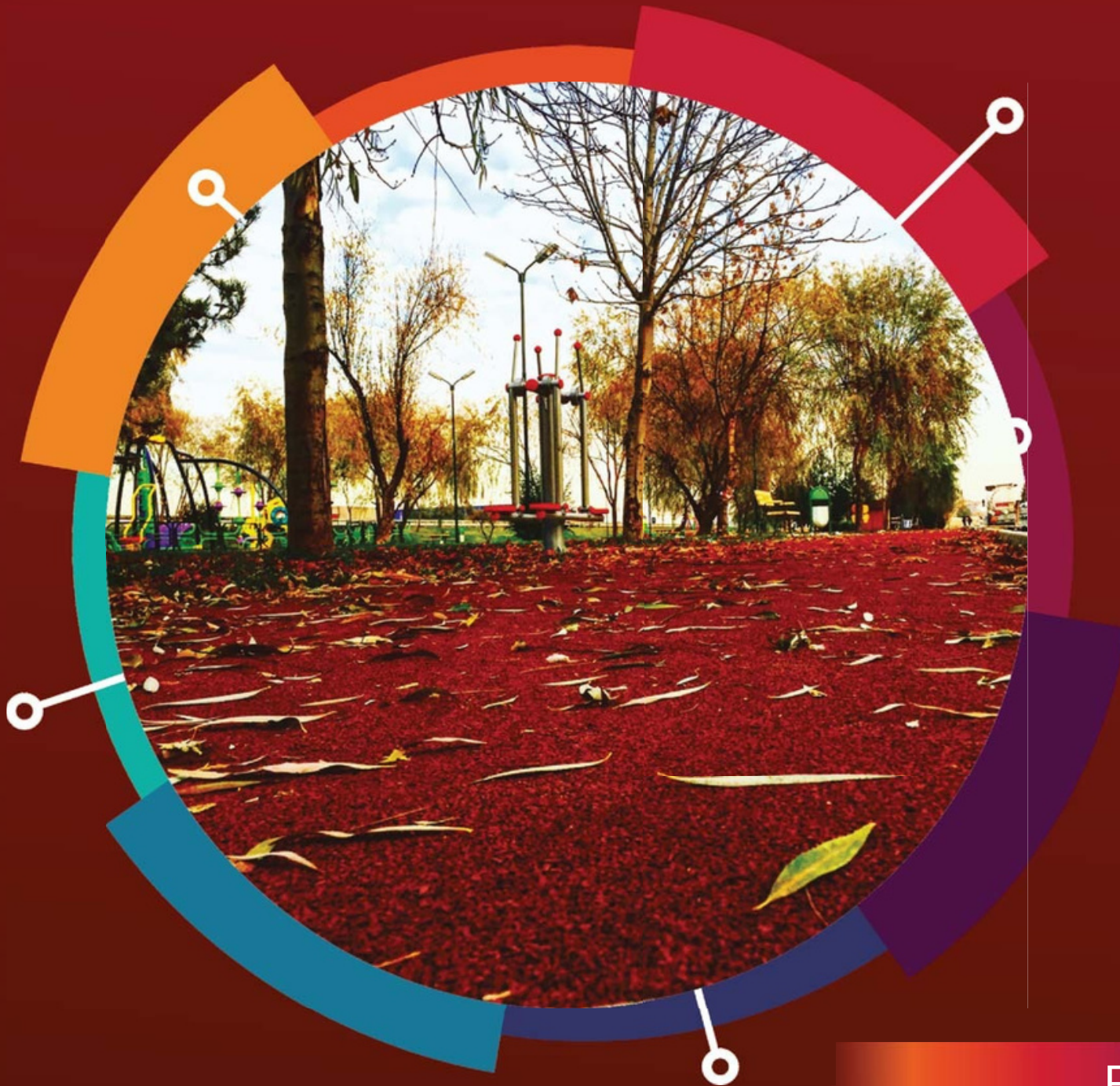
PW-1690

Safety area
8.5x9.5x2.5 m



PW-1691

Safety area
6x8x2.5



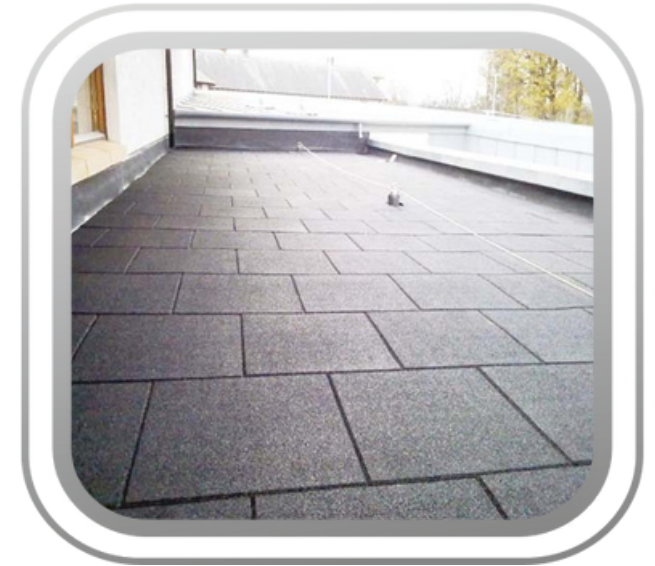
FLOOR COVERINGS

SBR MODULAR RUBBER

Τα αθλητικά δάπεδα από SBR(Styrene Butadiene Rubber) παράγονται από ανακυκλωμένο καουτσούκ. Είναι διαθέσιμα ανάλογα με το πάχος από 1,5 έως 5 εκατοστά, διαφορετικά σχήματα καθώς και διαφορετικά χρώματα.

Χάρη στη απορρόφηση των κραδασμών που προσφέρει είναι κατάλληλο για χρήση σε χώρους γυμναστικής, εξωτερικούς χώρους και παιδικές χαρές και μπορεί να βοηθήσει στην αποφυγή των τραυματισμών.

Είναι υγιεινό και καθαρίζεται εύκολα , ενώ είναι εύκολο και να επισκευαστεί. Έχει πολλές διαφορετικές χρήσεις τόσο σε εσωτερικό όσο και σε εξωτερικό χώρο

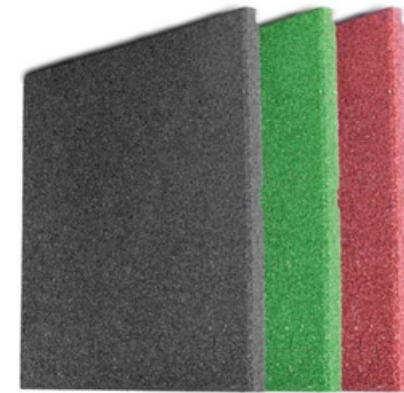


SBR (Styrene Butadiene Rubber) rubbers a synthetic rubber that has a wide range of uses, produced using recycled raw materials. available in different colors. Different thicknesses and shapes can be selected from 2cm to 5cm.

Thanks to its shock absorbing and flexible feature, traumatic areas such as playgrounds, sports halls and stables is a useful floor covering product that can reduce the effect of injuries. It is more hygienic and cleaner than other flooring materials. Thanks to the rain, it can be easily cleaned and it is easy to repair.

It is possible to use in indoor and outdoor playgrounds, bicycle paths, traffic training tracks, tanning and walking paths.

SBR TILE RUBBER



COLOR OPTION



PRODUCT SIZES

WIDHT	LENGTH	THICKNESS
40 cm	40 cm	20 - 25 - 30 - 40 mm
50 cm	50 cm	20 - 25 - 30 - 40 mm
60 cm	60 cm	20 - 25 - 30 - 40 mm

FLOOR COVERINGS

SBR PUZZLE RUBBER



COLOR OPTION



PRODUCT SIZES		
WIDHT	LENGTH	THICKNESS
40 cm	60 cm	25 - 30 - 40 mm

SBR HEXAGONAL RUBBER



COLOR OPTION



PRODUCT SIZES		
WIDHT	LENGTH	THICKNESS
42,5 cm	49 cm	20 - 25 - 30 - 40 mm

FLOOR COVERINGS

SBR KEYSTONE



PRODUCT SIZES		
WIDHT	LENGTH	THICKNESS ;
25 cm	20 cm	20 - 25 - 30 - 40 mm

SBR BORDER

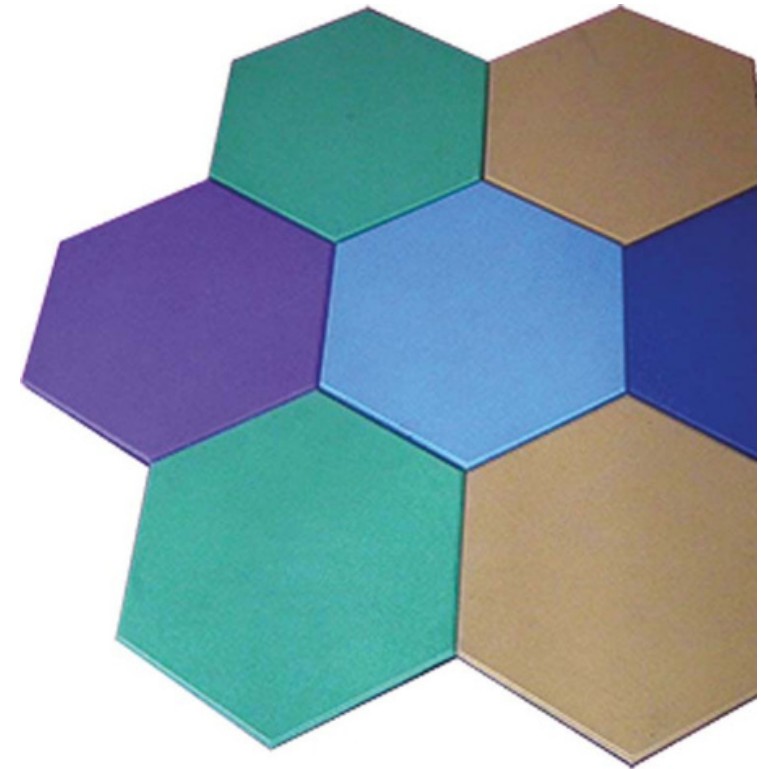
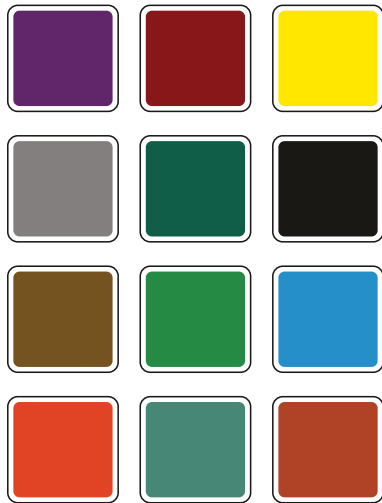


PRODUCT SIZES		
WIDHT	LENGTH	THICKNESS ;
50 cm	17 cm	13,5 cm

FLOOR COVERINGS

EPDM HEXAGONAL RUBBER

COLOR OPTION



PRODUCT SIZES		
WIDHT	LENGTH	THICKNESS
42,5 cm	49 cm	25 mm (18+7)
42,5 cm	49 cm	30 mm (23+7)

REAL MOTION

THE FUNCTIONAL COMPANY



real-motion.eu

6 Vizantiou str., 16 562, Glyfada,
Athens, Greece

(+30) 210 9 631 100

info@real-motion.eu