



SH-10 Multi-function machine

CARACTERÍSTICAS TÉCNICAS:

Multifunction machine that allows working the muscles of the whole body. Ideal for strength training. The freedom of movement offered by pulley work swivel allows you to do countless exercises.

- Chassis made of oval steel tube.
- Aluminum regulation guides.
- Cable transmission.
- Independent pulleys.
- It includes 2 rotating pulley handles.
- Double grips on the top for pull-ups and suspension work
- Adjustable central support.
- Working load: 100 kg + 100 kg.
- Resistance ratio: 1: 1
- Maximum user weight 170 kg.
- Weight: 365 kg.
- Dimensions: 160x100x220 cm.
- Semi-intensive use.

