



SH-20 Multifunctional Smith machine

TECHNICAL SPECIFICATIONS:

Multifunction machine that allows to work the muscles of the whole body. Ideal for strength training. It enables performing more than 35 different exercises. Its high performance, ease of use and robustness make it an essential equipment for a quality training, both at home as in residential gyms, hotels and small fitness centres.

- Resistance ratio: 1: 1
 - Maximum user weight 170 kg.
 - Weight: 339 kg.
 - Dimensions: 168x202x220 cm.
 - Intensive use.
- Reinforced steel chassis.
 - It includes a multitude of accessories that increase the possibilities of work.
 - Linear bearings that offer great movement smoothness and require no maintenance.
 - Aluminium bar.
 - Height adjustable swivel pulleys.
 - 5mm safety hooks.
 - Dips bar.
 - Pull-up bar.
 - Height adjustable bowling pins.
 - 6 Disc pockets.
 - Working load: 60 kg+ 60 kg.

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Due to constant innovation of our items, technical details of this item may slightly differ.

