

RS-23 Elliptical RS LINE



LIGHT COMMERCIAL USE



Due to constant innovation of our items, technical details of this machine may slightly differ.

TECHNICAL SPECIFICATIONS:

- Reinforced structure.
- Magnetic brake system of high quality, quiet and maintenance free.
- Flywheel equivalent to 22 kg that generates a smooth and fluid movement.
- Length of stride: 42 cm.
- Feet platforms adjustable in 3 possible ways to adapt to the user's needs.
- Ergonomic fixed handlebar with a hand pulse sensor integrated for an immediate and accurate reading of it.
- Wireless pulse measurement included in the console, radiofrequency at 5 kHz (chest belt not included). This system allows an easy control of the pulsations in high intense exercises.
- Stride length adjustable in 4 possible ways.
- Large format display with indicators of time, distance, Calories, Program, Steps, Total Steps, Pulsations, Speed.
- 12 preset workout programs with 16 levels of intensity.
- 4 programs to be customized freely.
- Constant Watt program WRC 10-350 designed for specific trainings and rehab.
- 4 programs based on heart rate that control the intensity automatically.
- Recovery Test (RECOVERY) that helps control the physical state.
- Bottle holder included.
- Levelers in the rear end easy to handle.
- Incorporated wheels that allow an easy movement of the machine.
- Measurements: 135 x 81x160 cm.
- Weights: 69 kg.
- Maximum user weight: 130 kg.
- Light commercial use.