

**MAXPLATE** is a line of free weight machines comprised of over 50 different models, designed to offer a professional training experience with precise biomechanics, reinforced structures, and premium finishes. Each machine has been developed to replicate the body's natural movement, optimize muscle activation, and ensure maximum safety during exercise. Robustness and design that inspire confidence. Oversized structures, balanced geometry, and a design that combines aesthetics, functionality, and performance.



## QR Codes

Conecta máquinas sin conexión, a la nube.

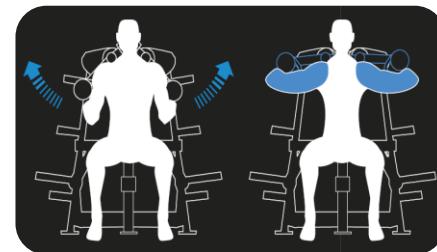


## MP-177

### Lateral deltoids MAXPLATE LINE

#### TECHNICAL SPECIFICATIONS:

- 3 mm structural steel frame: guarantees a solid and stable structure designed to withstand heavy loads and continuous use.
- Polyester powder coating cured at 200 °C: maximum resistance to wear and corrosion.
- Antibacterial (SARM Standards), SANITIZED, flame-retardant (M2 Standard, UNE 1021), and solvent-free (OEKO-TEX) upholstery: certified hygiene and safety.
- Bright red stitching: a modern detail that reinforces the Maxplate line's visual identity.
- Anatomically adjustable seat in height that allows you to adapt the machine to the user's configuration in seconds, favoring an alignment and a more efficient work recommendation.
- Leg supports that guarantee maximum comfort during the execution of the movement.
- Non-porous, non-slip rubber grips: firm grip even during high-intensity sessions.
- Independent convergent movement.



- Integrated weight plate storage: allows you to store the weight plate directly on the machine, keeping it always within easy reach and the work area tidy and safe. Facilitates quick weight changes between sets and avoids unnecessary movement around the room.
- Compatible with Olympic diameter plates (50 mm).
- Plates not included.
- Descriptive pictogram designed for quick and visual exercise identification.
- QR code to record the exercise in the Fit Record app.
- Dimensions: 163 x 158 x 139 cm.
- Maximum user weight: 200 kg.
- Commercial use.

