

NordicTrack *Ultra 1*



PILATES REFORMER

Reform RX-S

Engineered for efficiency, the Ultra 1 Reform RX-S makes reformer Pilates more accessible across a variety of commercial settings. Its compact design fits seamlessly into hospitality, multi-unit housing, and high-volume gyms, while still offering robust programming flexibility through rear loading poggles and a 7-lock point footbar. With push-button technology and screen integration, it ensures consistency and member engagement.



Ultra 1 Reform RX-S

Product Features

Smaller Footprint: Ideal for maximizing unit count in tight or shared spaces

No Built-In Chair or Extended Travel: Optimized for compactness while maintaining full reformer functionality

Limitless Footbar (7 lock points) & Rear Poggles: Enables robust rear-loading movements and user variety

BEST-IN-CLASS INNOVATION

Built-in safety features for confident, worry-free training

Reform RX-S feature the innovative Smart Spine™ system - a fully enclosed spring chamber that enhances safety and helps prevent injury.

Push-button resistance engages instantly; no manual spring hooking required

Carriage must be fully docked to change resistance - ensures safer, consistent usage

SMARTER: INTEGRATED CONTENT + REAL-TIME PERFORMANCE

24" commercial-grade touchscreen with access to Reform RX content

Smart Spine™ uses time-of-flight sensors to track watts, force, and velocity with 1/1000th-second precision, ideal for power and strength training

PREMIUM QUALITY: DESIGN & BUILD

Springs are significantly thicker and more durable

Dual foot platforms and hand/foot bars at both ends to support full-body movement variety

6x anodized aluminum on footbar and spine for wear resistance and smooth glide

Accessories: jumpboard and box unlock cardio training and scalable movement options.

Meets rigorous commercial grade testing standards supporting user weight up to 375 lbs (170 kg)

INFINITY FOOTBAR

An infinity footbar maximizes your training potential with 7 different locking positions

A secondary two-step platform at the back of the RX-S, offering you increased range of movement

Ergonomic handles positioned on all four corners of the carriage for safety and functionality

Specifications

Display Type	24 in (61 cm) full color capacitive touch display (Xenon 1.0)(Tilt)
Number of Programs	300+
Workout Metrics	Watts, force, velocity, calories burned, heart rate and power output
Carriage Material	Antimicrobial Vinyl
Built in handles/grips	4 - 1 grip on each corner of carriage
Extrusion Frame Material	Aluminum
Footbar Positions	7 positions
Strap type	Dual-loop design for hand and foot placement
Strap Adjustments/Cable Management	Retracts via pulley to remove slack
Additional Foot Strap	Yes
Speakers	Integrated speakers
Safety Features	Enclosed springs, no gully, push-button resistance, carriage must dock to change resistance
Height Accessibility	4'10" - 6'7" (1.5m - 2.0 m)
Smart Spine™	Time of flight sensors
Color Options	Midnight black
Included Accessories	No
Jumpboard Included/Optional	Optional
Maximum User Weight	375 lbs (170 kg)
Max Resistance Load	143 lbs (65 kg)
Resistance Levels	4 levels: 22-143 lbs (10-65 kg) Green button - 22 lbs (10 kg) Blue button - 33 lbs (15 kg) Red button - 44 lbs (20 kg) White button - 44 lbs (20 kg)
Product Dimensions (L x W x H)	118.3 x 27.5 x 15.5 in (300.4 x 70 x 39.3 cm)
Product Weight	224 lbs (101.6 kg)
Power Requirements	U.S. & Canada 15 Amp, dedicated circuit International 10 Amp, dedicated circuit
Warranties US, Canada & International	5 years - Frame 12 months - Tablet 12 months - Components